

LEVERS et COUCHERS SOLEIL - LUNE BAR-SUR-AUBE 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:29	16:59	14:26	06:47	
V 2	08:29	17:00	15:30	08:03	
S 3	08:29	17:01	16:47	09:02	
D 4	08:29	17:02	18:13	09:44	
L 5	08:29	17:03	19:39	10:14	
M 6	08:29	17:04	20:59	10:36	
M 7	08:28	17:05	22:15	10:53	
J 8	08:28	17:07	23:28	11:08	
V 9	08:28	17:08		11:22	
S 10	08:27	17:09	00:37	11:36	
D 11	08:27	17:10	01:47	11:52	
L 12	08:26	17:12	02:56	12:10	
M 13	08:26	17:13	04:05	12:33	
M 14	08:25	17:14	05:14	13:03	
J 15	08:24	17:16	06:18	13:42	
V 16	08:24	17:17	07:15	14:32	
S 17	08:23	17:18	08:02	15:34	
D 18	08:22	17:20	08:38	16:44	
L 19	08:21	17:21	09:07	17:58	
M 20	08:20	17:23	09:29	19:14	
M 21	08:20	17:24	09:47	20:28	
J 22	08:19	17:26	10:02	21:44	
V 23	08:18	17:27	10:17	22:59	
S 24	08:17	17:29	10:32		
D 25	08:16	17:30	10:50	00:17	
L 26	08:14	17:32	11:11	01:38	
M 27	08:13	17:33	11:39	03:02	
M 28	08:12	17:35	12:17	04:26	
J 29	08:11	17:37	13:10	05:44	
V 30	08:10	17:38	14:19	06:49	
S 31	08:08	17:40	15:42	07:37	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:07	17:41	17:07	08:11	
L 2	08:06	17:43	18:30	08:37	
M 3	08:04	17:45	19:50	08:56	
M 4	08:03	17:46	21:06	09:12	
J 5	08:01	17:48	22:18	09:27	
V 6	08:00	17:49	23:29	09:41	
S 7	07:58	17:51		09:56	
D 8	07:57	17:53	00:39	10:13	
L 9	07:55	17:54	01:50	10:34	
M 10	07:54	17:56	03:00	11:01	
M 11	07:52	17:57	04:06	11:36	
J 12	07:51	17:59	05:06	12:22	
V 13	07:49	18:01	05:57	13:19	
S 14	07:47	18:02	06:37	14:26	
D 15	07:46	18:04	07:09	15:40	
L 16	07:44	18:05	07:33	16:56	
M 17	07:42	18:07	07:52	18:12	
M 18	07:40	18:09	08:09	19:30	
J 19	07:39	18:10	08:24	20:46	
V 20	07:37	18:12	08:39	22:05	
S 21	07:35	18:13	08:56	23:27	
D 22	07:33	18:15	09:16		
L 23	07:31	18:17	09:42	00:50	
M 24	07:30	18:18	10:15	02:14	
M 25	07:28	18:20	11:02	03:33	
J 26	07:26	18:21	12:05	04:41	
V 27	07:24	18:23	13:21	05:33	
S 28	07:22	18:24	14:43	06:11	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:20	18:26	16:06	06:39	
L 2	07:18	18:27	17:26	07:00	
M 3	07:16	18:29	18:42	07:17	
M 4	07:14	18:30	19:57	07:32	
J 5	07:12	18:32	21:09	07:46	
V 6	07:10	18:34	22:20	08:01	
S 7	07:08	18:35	23:32	08:17	
D 8	07:06	18:37		08:36	
L 9	07:04	18:38	00:43	09:01	
M 10	07:02	18:40	01:52	09:33	
M 11	07:00	18:41	02:55	10:13	
J 12	06:58	18:43	03:49	11:06	
V 13	06:56	18:44	04:33	12:08	
S 14	06:54	18:46	05:08	13:19	
D 15	06:52	18:47	05:35	14:33	
L 16	06:50	18:49	05:56	15:50	
M 17	06:48	18:50	06:13	17:07	
M 18	06:46	18:52	06:29	18:25	
J 19	06:44	18:53	06:45	19:45	
V 20	06:42	18:54	07:02	21:07	
S 21	06:40	18:56	07:21	22:33	
D 22	06:38	18:57	07:45	23:59	
L 23	06:35	18:59	08:16		
M 24	06:33	19:00	09:00	01:22	
M 25	06:31	19:02	09:58	02:34	
J 26	06:29	19:03	11:10	03:32	
V 27	06:27	19:05	12:29	04:13	
S 28	06:25	19:06	13:51	04:43	
D 29	07:23	20:08	16:10	06:05	
L 30	07:21	20:09	17:26	06:23	
M 31	07:19	20:11	18:39	06:38	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:17	20:12	19:52	06:53	
J 2	07:15	20:14	21:03	07:07	
V 3	07:13	20:15	22:14	07:23	
S 4	07:11	20:16	23:26	07:41	
D 5	07:09	20:18		08:03	
L 6	07:07	20:19	00:36	08:31	
M 7	07:05	20:21	01:42	09:09	
M 8	07:03	20:22	02:40	09:56	
J 9	07:01	20:24	03:28	10:54	
V 10	06:59	20:25	04:06	12:01	
S 11	06:57	20:27	04:35	13:12	
D 12	06:55	20:28	04:58	14:26	
L 13	06:53	20:30	05:17	15:42	
M 14	06:51	20:31	05:34	16:58	
M 15	06:49	20:32	05:49	18:17	
J 16	06:47	20:34	06:05	19:39	
V 17	06:45	20:35	06:23	21:05	
S 18	06:43	20:37	06:46	22:33	
D 19	06:41	20:38	07:15		
L 20	06:39	20:40	07:55	00:01	
M 21	06:38	20:41	08:49	01:21	
M 22	06:36	20:43	09:59	02:25	
J 23	06:34	20:44	11:18	03:13	
V 24	06:32	20:46	12:40	03:46	
S 25	06:30	20:47	14:00	04:11	
D 26	06:28	20:48	15:16	04:30	
L 27	06:27	20:50	16:29	04:46	
M 28	06:25	20:51	17:40	05:00	
M 29	06:23	20:53	18:50	05:15	
J 30	06:22	20:54	20:01	05:30	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:20	20:56	21:12	05:47	
S 2	06:18	20:57	22:22	06:07	
D 3	06:17	20:58	23:30	06:33	
L 4	06:15	21:00		07:08	
M 5	06:13	21:01	00:30	07:51	
M 6	06:12	21:03	01:22	08:45	
J 7	06:10	21:04	02:03	09:49	
V 8	06:09	21:05	02:35	10:58	
S 9	06:07	21:07	03:00	12:09	
D 10	06:06	21:08	03:20	13:22	
L 11	06:04	21:10	03:37	14:36	
M 12	06:03	21:11	03:53	15:51	
M 13	06:02	21:12	04:08	17:10	
J 14	06:00	21:14	04:25	18:32	
V 15	05:59	21:15	04:45	20:00	
S 16	05:58	21:16	05:11	21:30	
D 17	05:57	21:18	05:46	22:56	
L 18	05:55	21:19	06:34		
M 19	05:54	21:20	07:40	00:09	
M 20	05:53	21:21	08:59	01:06	
J 21	05:52	21:23	10:23	01:46	
V 22	05:51	21:24	11:47	02:14	
S 23	05:50	21:25	13:05	02:35	
D 24	05:49	21:26	14:20	02:52	
L 25	05:48	21:27	15:32	03:07	
M 26	05:47	21:28	16:42	03:22	
M 27	05:46	21:30	17:52	03:37	
J 28	05:45	21:31	19:02	03:53	
V 29	05:44	21:32	20:12	04:12	
S 30	05:44	21:33	21:20	04:36	
D 31	05:43	21:34	22:23	05:08	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L 1	05:42	21:35	23:18	05:49	
M 2	05:42	21:36		06:40	
M 3	05:41	21:37	00:02	07:41	
J 4	05:41	21:37	00:36	08:48	
V 5	05:40	21:38	01:03	09:58	
S 6	05:40	21:39	01:24	11:09	
D 7	05:39	21:40	01:42	12:21	
L 8	05:39	21:41	01:58	13:34	
M 9	05:38	21:41	02:12	14:48	
M 10	05:38	21:42	02:28	16:06	
J 11	05:38	21:43	02:46	17:29	
V 12	05:38	21:43	03:08	18:56	
S 13	05:38	21:44	03:38	20:24	
D 14	05:38	21:44	04:19	21:45	
L 15	05:37	21:45	05:17	22:51	
M 16	05:37	21:45	06:31	23:39	
M 17	05:37	21:46	07:57		
J 18	05:38	21:46	09:24	00:13	
V 19	05:38	21:46	10:47	00:38	
S 20	05:38	21:47	12:06	00:57	
D 21	05:38	21:47	13:20	01:13	
L 22	05:38	21:47	14:32	01:28	
M 23	05:39	21:47	15:43	01:43	
M 24	05:39	21:47	16:52	01:59	
J 25	05:39	21:47	18:03	02:17	
V 26	05:40	21:47	19:12	02:40	
S 27	05:40	21:47	20:16	03:09	
D 28	05:41	21:47	21:14	03:47	
L 29	05:41	21:47	22:01	04:35	
M 30	05:42	21:47	22:38	05:33	
☾ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					