

LEVERS et COUCHERS SOLEIL - LUNE BELFORT 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:18	16:53	14:21	06:35	
V 2	08:18	16:54	15:24	07:51	
S 3	08:18	16:55	16:41	08:50	
D 4	08:18	16:56	18:06	09:33	
L 5	08:18	16:57	19:31	10:03	
M 6	08:18	16:58	20:51	10:26	
M 7	08:18	16:59	22:07	10:44	
J 8	08:17	17:00	23:18	10:59	
V 9	08:17	17:01		11:14	
S 10	08:16	17:03	00:27	11:29	
D 11	08:16	17:04	01:36	11:45	
L 12	08:15	17:05	02:45	12:03	
M 13	08:15	17:07	03:54	12:27	
M 14	08:14	17:08	05:02	12:57	
J 15	08:14	17:09	06:06	13:37	
V 16	08:13	17:11	07:03	14:27	
S 17	08:12	17:12	07:50	15:29	
D 18	08:12	17:13	08:26	16:38	
L 19	08:11	17:15	08:55	17:51	
M 20	08:10	17:16	09:18	19:06	
M 21	08:09	17:18	09:37	20:20	
J 22	08:08	17:19	09:53	21:35	
V 23	08:07	17:21	10:08	22:50	
S 24	08:06	17:22	10:24		
D 25	08:05	17:24	10:42	00:07	
L 26	08:04	17:25	11:04	01:27	
M 27	08:03	17:27	11:33	02:50	
M 28	08:02	17:28	12:11	04:14	
J 29	08:01	17:30	13:05	05:32	
V 30	07:59	17:31	14:14	06:36	
S 31	07:58	17:33	15:35	07:25	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:57	17:34	17:00	08:00	
L 2	07:55	17:36	18:23	08:26	
M 3	07:54	17:38	19:42	08:46	
M 4	07:53	17:39	20:57	09:03	
J 5	07:51	17:41	22:08	09:18	
V 6	07:50	17:42	23:19	09:33	
S 7	07:48	17:44		09:49	
D 8	07:47	17:45	00:29	10:06	
L 9	07:45	17:47	01:39	10:28	
M 10	07:44	17:49	02:48	10:55	
M 11	07:42	17:50	03:54	11:31	
J 12	07:41	17:52	04:54	12:17	
V 13	07:39	17:53	05:45	13:14	
S 14	07:38	17:55	06:25	14:20	
D 15	07:36	17:56	06:57	15:34	
L 16	07:34	17:58	07:22	16:49	
M 17	07:33	17:59	07:42	18:05	
M 18	07:31	18:01	07:59	19:21	
J 19	07:29	18:03	08:15	20:37	
V 20	07:27	18:04	08:31	21:56	
S 21	07:26	18:06	08:49	23:16	
D 22	07:24	18:07	09:09		
L 23	07:22	18:09	09:35	00:38	
M 24	07:20	18:10	10:10	02:02	
M 25	07:18	18:12	10:57	03:21	
J 26	07:16	18:13	11:59	04:28	
V 27	07:15	18:15	13:15	05:21	
S 28	07:13	18:16	14:36	06:00	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:11	18:18	15:59	06:28	
L 2	07:09	18:19	17:18	06:50	
M 3	07:07	18:21	18:34	07:08	
M 4	07:05	18:22	19:48	07:23	
J 5	07:03	18:24	20:59	07:38	
V 6	07:01	18:25	22:10	07:53	
S 7	06:59	18:27	23:21	08:10	
D 8	06:57	18:28		08:30	
L 9	06:55	18:30	00:31	08:55	
M 10	06:53	18:31	01:39	09:27	
M 11	06:51	18:33	02:42	10:08	
J 12	06:49	18:34	03:37	11:00	
V 13	06:47	18:36	04:21	12:03	
S 14	06:45	18:37	04:56	13:13	
D 15	06:43	18:39	05:24	14:26	
L 16	06:41	18:40	05:46	15:42	
M 17	06:39	18:41	06:04	16:58	
M 18	06:37	18:43	06:20	18:16	
J 19	06:35	18:44	06:37	19:35	
V 20	06:33	18:46	06:54	20:57	
S 21	06:31	18:47	07:14	22:21	
D 22	06:29	18:49	07:39	23:48	
L 23	06:27	18:50	08:10		
M 24	06:25	18:52	08:54	01:10	
M 25	06:23	18:53	09:53	02:22	
J 26	06:21	18:54	11:04	03:19	
V 27	06:19	18:56	12:23	04:01	
S 28	06:17	18:57	13:44	04:32	
D 29	07:15	19:59	16:02	05:55	
L 30	07:13	20:00	17:18	06:13	
M 31	07:11	20:02	18:30	06:29	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:09	20:03	19:42	06:44	
J 2	07:07	20:04	20:52	06:59	
V 3	07:05	20:06	22:03	07:16	
S 4	07:03	20:07	23:14	07:34	
D 5	07:01	20:09		07:57	
L 6	06:59	20:10	00:23	08:26	
M 7	06:57	20:11	01:29	09:04	
M 8	06:55	20:13	02:27	09:51	
J 9	06:53	20:14	03:16	10:49	
V 10	06:51	20:16	03:54	11:55	
S 11	06:49	20:17	04:23	13:06	
D 12	06:47	20:19	04:47	14:19	
L 13	06:45	20:20	05:07	15:34	
M 14	06:43	20:21	05:24	16:50	
M 15	06:41	20:23	05:41	18:08	
J 16	06:39	20:24	05:57	19:29	
V 17	06:38	20:26	06:16	20:54	
S 18	06:36	20:27	06:39	22:22	
D 19	06:34	20:28	07:09	23:49	
L 20	06:32	20:30	07:49		
M 21	06:30	20:31	08:44	01:08	
M 22	06:28	20:33	09:53	02:13	
J 23	06:27	20:34	11:12	03:01	
V 24	06:25	20:36	12:33	03:35	
S 25	06:23	20:37	13:52	04:00	
D 26	06:21	20:38	15:08	04:20	
L 27	06:20	20:40	16:20	04:36	
M 28	06:18	20:41	17:31	04:52	
M 29	06:16	20:43	18:40	05:06	
J 30	06:15	20:44	19:50	05:22	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:13	20:45	21:01	05:40	
S 2	06:11	20:47	22:10	06:01	
D 3	06:10	20:48	23:17	06:27	
L 4	06:08	20:50		07:02	
M 5	06:07	20:51	00:18	07:46	
M 6	06:05	20:52	01:10	08:40	
J 7	06:04	20:54	01:51	09:43	
V 8	06:02	20:55	02:23	10:51	
S 9	06:01	20:56	02:49	12:02	
D 10	05:59	20:58	03:10	13:15	
L 11	05:58	20:59	03:28	14:27	
M 12	05:56	21:00	03:44	15:43	
M 13	05:55	21:02	04:00	17:00	
J 14	05:54	21:03	04:17	18:22	
V 15	05:53	21:04	04:38	19:49	
S 16	05:51	21:06	05:04	21:18	
D 17	05:50	21:07	05:40	22:43	
L 18	05:49	21:08	06:29	23:57	
M 19	05:48	21:09	07:35		
M 20	05:47	21:10	08:53	00:53	
J 21	05:46	21:12	10:17	01:34	
V 22	05:45	21:13	11:40	02:03	
S 23	05:44	21:14	12:57	02:25	
D 24	05:43	21:15	14:11	02:43	
L 25	05:42	21:16	15:23	02:59	
M 26	05:41	21:17	16:32	03:14	
M 27	05:40	21:18	17:41	03:29	
J 28	05:39	21:20	18:51	03:46	
V 29	05:38	21:21	20:00	04:06	
S 30	05:38	21:22	21:08	04:30	
D 31	05:37	21:23	22:10	05:02	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L 1	05:36	21:24	23:05	05:44	
M 2	05:36	21:24	23:50	06:34	
M 3	05:35	21:25		07:35	
J 4	05:35	21:26	00:25	08:41	
V 5	05:34	21:27	00:52	09:51	
S 6	05:34	21:28	01:14	11:02	
D 7	05:33	21:29	01:32	12:13	
L 8	05:33	21:29	01:48	13:25	
M 9	05:33	21:30	02:04	14:38	
M 10	05:32	21:31	02:20	15:56	
J 11	05:32	21:31	02:38	17:18	
V 12	05:32	21:32	03:01	18:44	
S 13	05:32	21:32	03:32	20:11	
D 14	05:32	21:33	04:13	21:33	
L 15	05:32	21:33	05:11	22:38	
M 16	05:32	21:34	06:25	23:27	
M 17	05:32	21:34	07:50		
J 18	05:32	21:35	09:17	00:02	
V 19	05:32	21:35	10:39	00:27	
S 20	05:32	21:35	11:57	00:47	
D 21	05:32	21:36	13:11	01:04	
L 22	05:32	21:36	14:22	01:20	
M 23	05:33	21:36	15:32	01:35	
M 24	05:33	21:36	16:41	01:51	
J 25	05:33	21:36	17:51	02:13	
V 26	05:34	21:36	18:59	02:33	
S 27	05:34	21:36	20:04	03:03	
D 28	05:35	21:36	21:01	03:42	
L 29	05:35	21:36	21:49	04:29	
M 30	05:36	21:36	22:26	05:28	
☉ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					