LEVERS et COUCHERS SOLEIL - LUNE CAYENNE 2026

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JANVIER

Dates		Soleil		Lune	
		L	C	L	C
J	1	06:36	18:29	16:44	04:31
V	2	06:36	18:29	17:51	05:39
S	3	06:37	18:30	18:57	06:44
D	4	06:37	18:30	19:58	07:45
L	5	06:38	18:31	20:54	08:40
M	6	06:38	18:31	21:46	09:30
M	7	06:38	18:32	22:32	10:13
J	8	06:39	18:32	23:17	10:55
V	9	06:39	18:33		11:35
S	10	06:39	18:33	00:01	12:13
D	11	06:40	18:34	00:44	12:53
L	12	06:40	18:34	01:29	13:36
M	13	06:40	18:34	02:15	14:20
M	14	06:41	18:35	03:05	15:08
J	15	06:41	18:35	03:56	15:59
V	16	06:41	18:36	04:48	16:51
S	17	06:42	18:36	05:41	17:45
D	18	06:42	18:37	06:31	18:37
L	19	06:42	18:37	07:20	19:28
M	20	06:42	18:37	08:06	20:17
M	21	06:42	18:38	08:50	21:04
J	22	06:43	18:38	09:32	21:51
V	23	06:43	18:38	10:14	22:38
S	24	06:43	18:39	10:58	23:27
D	25	06:43	18:39	11:44	
L	26	06:43	18:39	12:33	00:19
M	27	06:43	18:40	13:28	01:16
M	28	06:43	18:40	14:28	02:16
J	29	06:44	18:40	15:32	03:21
V	30	06:44	18:40	16:37	04:25
S	31	06:44	18:41	17:40	05:28

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 18
◐ PREMIER QUARTIER le 26

FÉVRIER

Dates		Soleil		Lune	
		L	C	L	C
D	1	06:44	18:41	18:38	06:24
L	2	06:44	18:41	19:32	07:17
M	3	06:44	18:41	20:21	08:03
M	4	06:44	18:42	21:08	08:47
J	5	06:44	18:42	21:53	09:28
V	6	06:44	18:42	22:37	10:08
S	7	06:44	18:42	23:22	10:48
D	8	06:44	18:42		11:30
L	9	06:43	18:42	00:08	12:14
M	10	06:43	18:42	00:57	13:01
M	11	06:43	18:43	01:48	13:51
J	12	06:43	18:43	02:39	14:42
V	13	06:43	18:43	03:32	15:36
S	14	06:43	18:43	04:23	16:28
D	15	06:43	18:43	05:13	17:20
L	16	06:42	18:43	06:00	18:10
M	17	06:42	18:43	06:45	18:59
M	18	06:42	18:43	07:29	19:47
J	19	06:42	18:43	08:12	20:35
V	20	06:42	18:43	08:56	21:25
S	21	06:41	18:43	09:42	22:16
D	22	06:41	18:43	10:30	23:11
L	23	06:41	18:43	11:24	
M	24	06:41	18:43	12:21	00:10
M	25	06:40	18:43	13:23	01:12
J	26	06:40	18:43	14:25	02:15
V	27	06:40	18:43	15:27	03:16
S	28	06:39	18:43	16:26	04:14

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 09
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 24

MARS

Dates		Soleil		Lune	
		L	C	L	C
D	1	06:39	18:43	17:20	05:07
L	2	06:39	18:43	18:11	05:55
M	3	06:38	18:43	18:58	06:39
M	4	06:38	18:43	19:44	07:21
J	5	06:38	18:43	20:29	08:01
V	6	06:37	18:42	21:14	08:42
S	7	06:37	18:42	22:00	09:24
D	8	06:37	18:42	22:48	10:07
L	9	06:36	18:42	23:39	10:53
M	10	06:36	18:42		11:42
M	11	06:35	18:42	00:30	12:32
J	12	06:35	18:42	01:22	13:25
V	13	06:35	18:42	02:13	14:17
S	14	06:34	18:41	03:03	15:09
D	15	06:34	18:41	03:51	16:00
L	16	06:33	18:41	04:37	16:49
M	17	06:33	18:41	05:22	17:38
M	18	06:33	18:41	06:05	18:26
J	19	06:32	18:41	06:50	19:16
V	20	06:32	18:41	07:36	20:08
S	21	06:31	18:40	08:25	21:04
D	22	06:31	18:40	09:18	22:03
L	23	06:30	18:40	10:15	23:06
M	24	06:30	18:40	11:17	
M	25	06:30	18:40	12:19	00:09
J	26	06:29	18:40	13:21	01:11
V	27	06:29	18:39	14:20	02:09
S	28	06:28	18:39	15:15	03:02
D	29	06:28	18:39	16:05	03:50
L	30	06:27	18:39	16:52	04:35
M	31	06:27	18:39	17:38	05:17

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 11
● NOUVELLE LUNE le 18
◐ PREMIER QUARTIER le 25

AVRIL

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:26	18:39	18:22	05:57
J	2	06:26	18:38	19:08	06:37
V	3	06:26	18:38	19:54	07:19
S	4	06:25	18:38	20:41	08:01
D	5	06:25	18:38	21:31	08:46
L	6	06:24	18:38	22:21	09:34
M	7	06:24	18:38	23:13	10:24
M	8	06:24	18:38		11:16
J	9	06:23	18:37	00:04	12:07
V	10	06:23	18:37	00:54	12:59
S	11	06:22	18:37	01:42	13:49
D	12	06:22	18:37	02:28	14:38
L	13	06:22	18:37	03:12	15:26
M	14	06:21	18:37	03:56	16:14
M	15	06:21	18:37	04:39	17:03
J	16	06:20	18:37	05:25	17:55
V	17	06:20	18:36	06:13	18:50
S	18	06:20	18:36	07:06	19:50
D	19	06:19	18:36	08:03	20:53
L	20	06:19	18:36	09:05	21:58
M	21	06:19	18:36	10:10	23:03
M	22	06:18	18:36	11:14	
J	23	06:18	18:36	12:15	00:04
V	24	06:18	18:36	13:11	00:59
S	25	06:17	18:36	14:03	01:49
D	26	06:17	18:36	14:50	02:34
L	27	06:17	18:36	15:36	03:16
M	28	06:17	18:36	16:20	03:56
M	29	06:16	18:36	17:04	04:36
J	30	06:16	18:36	17:49	05:16

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 23

MAI

Dates		Soleil		Lune	
		L	C	L	C
V	1	06:16	18:36	18:36	05:58
S	2	06:16	18:36	19:25	06:42
D	3	06:15	18:36	20:15	07:29
L	4	06:15	18:36	21:06	08:18
M	5	06:15	18:36	21:58	09:09
M	6	06:15	18:36	22:48	10:01
J	7	06:15	18:36	23:36	10:52
V	8	06:14	18:36		11:42
S	9	06:14	18:36	00:21	12:30
D	10	06:14	18:36	01:05	13:17
L	11	06:14	18:36	01:48	14:03
M	12	06:14	18:36	02:30	14:51
M	13	06:14	18:36	03:14	15:40
J	14	06:14	18:36	04:00	16:33
V	15	06:14	18:37	04:50	17:31
S	16	06:14	18:37	05:46	18:32
D	17	06:14	18:37	06:46	19:39
L	18	06:13	18:37	07:52	20:46
M	19	06:13	18:37	08:59	21:52
M	20	06:13	18:37	10:04	22:51
J	21	06:13	18:37	11:04	23:44
V	22	06:13	18:37	11:58	
S	23	06:13	18:38	12:48	00:32
D	24	06:13	18:38	13:35	01:16
L	25	06:13	18:38	14:19	01:56
M	26	06:13	18:38	15:03	02:36
M	27	06:13	18:38	15:47	03:16
J	28	06:14	18:39	16:33	03:57
V	29	06:14	18:39	17:21	04:40
S	30	06:14	18:39	18:10	05:26
D	31	06:14	18:39	19:02	06:14

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 09
● NOUVELLE LUNE le 16
◐ PREMIER QUARTIER le 23
○ PLEINE LUNE le 31

JUIN

Dates		Soleil		Lune	
		L	C	L	C
L	1	06:14	18:39	19:53	07:05
M	2	06:14	18:40	20:44	07:56
M	3	06:14	18:40	21:33	08:47
J	4	06:14	18:40	22:18	09:38
V	5	06:14	18:40	23:02	10:25
S	6	06:14	18:40	23:44	11:12
D	7	06:15	18:41		11:58
L	8	06:15	18:41	00:25	12:43
M	9	06:15	18:41	01:07	13:30
M	10	06:15	18:41	01:50	14:19
J	11	06:15	18:42	02:36	15:13
V	12	06:15	18:42	03:29	16:12
S	13	06:16	18:42	04:26	17:16
D	14	06:16	18:42	05:30	18:23
L	15	06:16	18:43	06:37	19:31
M	16	06:16	18:43	07:45	20:35
M	17	06:16	18:43	08:49	21:33
J	18	06:17	18:43	09:48	22:24
V	19	06:17	18:43	10:41	23:11
S	20	06:17	18:44	11:30	23:54
D	21	06:17	18:44	12:16	
L	22	06:17	18:44	13:01	00:35
M	23	06:18	18:44	13:45	01:15
M	24	06:18	18:45	14:30	01:56
J	25	06:18	18:45	15:18	02:38
V	26	06:18	18:45	16:07	03:23
S	27	06:19	18:45	16:57	04:10
D	28	06:19	18:45	17:49	05:00
L	29	06:19	18:46	18:40	05:52
M	30	06:19	18:46	19:30	06:43

◑ DERNIER QUARTIER le 08
● NOUVELLE LUNE le 14
◐ PREMIER QUARTIER le 21
○ PLEINE LUNE le 29

JUILLET

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:19	18:46	20:16	07:34
J	2	06:20	18:46	21:01	08:23
V	3	06:20	18:46	21:44	09:10
S	4	06:20	18:46	22:24	09:56
D	5	06:20	18:46	23:05	10:40
L	6	06:21	18:47	23:46	11:26
M	7	06:21	18:47		12:12
M	8	06:21	18:47	00:30	13:03
J	9	06:21	18:47	01:18	13:57
V	10	06:21	18:47	02:11	14:57
S	11	06:22	18:47	03:10	16:02
D	12	06:22	18:47	04:14	17:09
L	13	06:22	18:47	05:22	18:14
M	14	06:22	18:47	06:28	19:16
M	15	06:22	18:47	07:31	20:11
J	16	06:22	18:47	08:27	21:02
V	17	06:23	18:47	09:20	21:47
S	18	06:23	18:47	10:08	22:30
D	19	06:23	18:47	10:55	23:11
L	20	06:23	18:47	11:41	23:53
M	21	06:23	18:47	12:26	
M	22	06:23	18:47	13:13	00:35
J	23	06:23	18:47	14:02	01:20
V	24	06:24	18:47	14:52	02:06
S	25	06:24	18:47	15:44	02:55
D	26	06:24	18:47	16:35	03:47
L	27	06:24	18:47	17:26	04:38
M	28	06:24	18:47	18:13	05:30
M	29	06:24	18:47	18:59	06:19
J	30	06:24	18:46	19:43	07:08
V	31	06:24	18:46	20:24	07:54

◑ DERNIER QUARTIER le 07
● NOUVELLE LUNE le 14
◐ PREMIER QUARTIER le 21
○ PLEINE LUNE le 29

AOÛT

Dates		Soleil		Lune	
		L	C	L	C
S	1	06:24	18:46	21:05	08:39
D	2	06:24	18:46	21:46	09:25
L	3	06:24	18:46	22:28	10:10
M	4	06:24	18:46	23:14	10:59
M	5	06:24	18:45		11:51
J	6	06:24	18:45	00:03	12:47
V	7	06:24	18:45	00:59	13:48
S	8	06:24	18:45	01:59	14:52
D	9	06:24	18:44	03:03	15:57
L	10	06:24	18:44	04:09	16:59
M	11	06:24	18:44	05:12	17:57
M	12	06:24	18:44	06:11	18:49
J	13	06:24	18:43	07:06	19:37
V	14	06:24	18:43	07:57	20:21
S	15	06:24	18:43	08:45	21:04
D	16	06:24	18:42	09:33	21:47
L	17	06:24	18:42	10:19	22:29
M	18	06:23	18:42	11:06	23:14
M	19	06:23	18:41	11:55	
J	20	06:23	18:41	12:45	00:00
V	21	06:23	18:41	13:37	00:49
S	22	06:23	18:40	14:28	01:40
D	23	06:23	18:40	15:19	02:31
L	24	06:23	18:39	16:08	03:23
M	25	06:23	18:39	16:55	04:13
M	26	06:22	18:39	17:39	05:02
J	27	06:22	18:38	18:22	05:50
V	28	06:22	18:38	19:03	06:36
S	29	06:22	18:37	19:45	07:22
D	30	06:22	18:37	20:27	08:08
L	31	06:22	18:36	21:12	08:56

◑ DERNIER QUARTIER le 05
● NOUVELLE LUNE le 12
◐ PREMIER QUARTIER le 19
○ PLEINE LUNE le 28

SEPTEMBRE

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:21	18:36	22:01	09:47
M	2	06:21	18:35	22:54	10:42
J	3	06:21	18:35	23:52	11:41
V	4	06:21	18:35		12:43
S	5	06:21	18:34	00:53	13:46
D	6	06:20	18:34	01:57	14:47
L	7	06:20	18:33	02:59	15:45
M	8	06:20	18:33	03:58	16:38
M	9	06:20	18:32	04:54	17:27
J	10	06:20	18:32	05:46	18:13
V	11	06:19	18:31	06:35	18:56
S	12	06:19	18:31	07:23	19:39
D	13	06:19	18:30	08:09	20:22
L	14	06:19	18:30	08:57	21:06
M	15	06:18	18:29	09:46	21:53
M	16	06:18	18:29	10:36	22:41
J	17	06:18	18:28	11:28	23:31
V	18	06:18	18:28	12:19	
S	19	06:18	18:27	13:11	00:22
D	20	06:17	18:27	14:00	01:14
L	21	06:17	18:26	14:48	02:05
M	22	06:17	18:26	15:33	02:54
M	23	06:17	18:25	16:16	03:42
J	24	06:16	18:25	16:58	04:28
V	25	06:16	18:24	17:40	05:15
S	26	06:16	18:24	18:23	06:02
D	27	06:16	18:23	19:08	06:50
L	28	06:16	18:23	19:56	07:41
M	29	06:15	18:23	20:49	08:36
M	30	06:15	18:22	21:47	09:35

◑ DERNIER QUARTIER le 04
● NOUVELLE LUNE le 11
◐ PREMIER QUARTIER le 18
○ PLEINE LUNE le 26

OCTOBRE

Dates		Soleil		Lune	
		L	C	L	C
J	1	06:15	18:22	22:47	10:36
V	2	06:15	18:21	23:51	11:40
S	3	06:15	18:21		12:41
D	4	06:15	18:20	00:52	13:40
L	5	06:14	18:20	01:52	14:33
M	6	06:14	18:19	02:47	15:22
M	7	06:14	18:19	03:39	16:07
J	8	06:14	18:19	04:27	16:50
V	9	06:14	18:18	05:15	17:33
S	10	06:14	18:18	06:01	18:15
D	11	06:13	18:17	06:49	18:59
L	12	06:13	18:17	07:37	19:45
M	13	06:13	18:17	08:27	20:32
M	14	06:13	18:16	09:19	21:23
J	15	06:13	18:16	10:10	22:13
V	16	06:13	18:16	11:02	23:05
S	17	06:13	18:15	11:52	23:56
D	18	06:13	18:15	12:40	
L	19	06:13	18:15	13:26	00:45
M	20	06:13	18:14	14:09	01:33
M	21	06:13	18:14	14:51	02:19
J	22	06:13	18:14	15:32	03:05
V	23	06:13	18:14	16:14	03:52
S	24	06:13	18:13	16:59	04:39
D	25	06:13	18:13	17:46	05:30
L	26	06:13	18:13	18:38	06:23
M	27	06:13	18:13	19:36	07:23
M	28	06:13	18:12	20:37	08:25
J	29	06:13	18:12	21:42	09:30
V	30	06:13	18:12	22:46	10:34
S	31	06:13	18:12	23:47	11:35

◑ DERNIER QUARTIER le 03
● NOUVELLE LUNE le 10
◐ PREMIER QUARTIER le 18
○ PLEINE LUNE le 26

NOVEMBRE

Dates		Soleil		Lune	
		L	C	L	C
D	1	06:13	18:12		12:30
L	2	06:13	18:12	00:43	13:20
M	3	06:13	18:12	01:36	14:06
M	4	06:13	18:11	02:24	14:49
J	5	06:13	18:11	03:11	15:31
V	6	06:13	18:11	03:57	16:12
S	7	06:14	18:11	04:43	16:55
D	8	06:14	18:11	05:31	17:39
L	9	06:14	18:11	06:20	18:26
M	10	06:14	18:11	07:11	19:15
M	11	06:14	18:11	08:03	20:06
J	12	06:15	18:11	08:54	20:58
V	13	06:15	18:11	09:45	21:49
S	14	06:15	18:11	10:33	22:38
D	15	06:15	18:11	11:20	23:26
L	16	06:16	18:11	12:03	
M	17	06:16	18:12	12:44	00:12
M	18	06:16	18:12	13:25	00:57
J	19	06:16	18:12	14:05	01:42
V	20	06:17	18:12	14:48	02:27
S	21	06:17	18:12	15:33	03:15
D	22	06:17	18:12	16:22	04:07
L	23	06:18	18:13	17:18	05:04
M	24	06:18	18:13	18:18	06:05
M	25	06:19	18:13	19:25	07:11
J	26	06:19	18:13	20:31	08:18
V	27	06:19	18:13	21:36	09:23
S	28	06:20	18:14	22:36	10:22
D	29	06:20	18:14	23:32	11:16
L	30	06:21	18:14		12:04

◑ DERNIER QUARTIER le 01
● NOUVELLE LUNE le 09
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 24

DÉCEMBRE

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:21	18:15	00:22	12:48
M	2	06:21	18:15	01:10	13:31
J	3	06:22	18:15	01:56	14:12
V	4	06:22	18:16	02:41	14:53
S	5	06:23	18:16	03:28	15:37
D	6	06:23	18:16	04:16	16:22
L	7	06:24	18:17	05:06	17:10
M	8	06:24	18:17	05:57	18:01
M	9	06:25	18:18	06:49	18:52
J	10	06:25	18:18	07:40	19:44
V	11	06:26	18:18	08:29	20:33
S	12	06:26	18:19	09:16	21:22
D	13	06:27	18:19	10:00	22:07
L	14	06:27	18:20	10:41	22:52
M	15	06:28	18:20	11:21	23:36
M	16	06:28	18:21	12:00	
J	17	06:29	18:21	12:40	00:19
V	18	06:29	18:22	13:23	01:05
S	19	06:30	18:22	14:08	01:53
D	20	06:30	18:23	14:59	02:45
L	21	06:31	18:23	15:57	03:43
M	22	06:31	18:24	17:00	04:46
M	23	06:32	18:24	18:07	05:54
J	24	06:32	18:25	19:15	07:01
V	25	06:33	18:25	20:19	08:05
S	26	06:33	18:26	21:20	09:03
D	27	06:34	18:26	22:14	09:56
L	28	06:34	18:27	23:04	10:43
M	29	06:34	18:27	23:52	11:28
M	30	06:35	18:28		12:10
J	31	06:35	18:28	00:39	12:52

◑ DERNIER QUARTIER le 01
● NOUVELLE LUNE le 08
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 23
◑ DERNIER QUARTIER le 30

Les heures sont locales, elles tiennent compte du lieu de la commune mais aussi du fuseau horaire de celle-ci.