

LEVERS et COUCHERS SOLEIL - LUNE CHAUMONT 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:27	16:58	14:25	06:45	
V 2	08:27	16:59	15:29	08:01	
S 3	08:27	17:00	16:46	08:59	
D 4	08:27	17:01	18:12	09:42	
L 5	08:27	17:02	19:37	10:12	
M 6	08:27	17:03	20:58	10:34	
M 7	08:26	17:04	22:13	10:51	
J 8	08:26	17:05	23:26	11:07	
V 9	08:26	17:07		11:21	
S 10	08:25	17:08	00:35	11:35	
D 11	08:25	17:09	01:45	11:51	
L 12	08:24	17:10	02:53	12:09	
M 13	08:24	17:12	04:03	12:31	
M 14	08:23	17:13	05:11	13:02	
J 15	08:22	17:14	06:16	13:41	
V 16	08:22	17:16	07:13	14:31	
S 17	08:21	17:17	08:00	15:33	
D 18	08:20	17:19	08:36	16:43	
L 19	08:19	17:20	09:04	17:57	
M 20	08:18	17:22	09:27	19:12	
M 21	08:17	17:23	09:45	20:27	
J 22	08:17	17:24	10:01	21:42	
V 23	08:16	17:26	10:15	22:57	
S 24	08:14	17:28	10:31		
D 25	08:13	17:29	10:48	00:15	
L 26	08:12	17:31	11:10	01:36	
M 27	08:11	17:32	11:38	03:00	
M 28	08:10	17:34	12:15	04:23	
J 29	08:09	17:35	13:09	05:42	
V 30	08:08	17:37	14:18	06:46	
S 31	08:06	17:38	15:40	07:35	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:05	17:40	17:06	08:09	
L 2	08:04	17:42	18:29	08:35	
M 3	08:02	17:43	19:49	08:54	
M 4	08:01	17:45	21:04	09:11	
J 5	07:59	17:46	22:16	09:25	
V 6	07:58	17:48	23:27	09:40	
S 7	07:56	17:50		09:55	
D 8	07:55	17:51	00:37	10:12	
L 9	07:53	17:53	01:48	10:33	
M 10	07:52	17:54	02:57	11:00	
M 11	07:50	17:56	04:04	11:35	
J 12	07:49	17:58	05:04	12:21	
V 13	07:47	17:59	05:55	13:18	
S 14	07:45	18:01	06:35	14:25	
D 15	07:44	18:02	07:06	15:39	
L 16	07:42	18:04	07:31	16:54	
M 17	07:40	18:06	07:50	18:11	
M 18	07:39	18:07	08:07	19:28	
J 19	07:37	18:09	08:22	20:45	
V 20	07:35	18:10	08:38	22:03	
S 21	07:33	18:12	08:55	23:25	
D 22	07:31	18:13	09:15		
L 23	07:30	18:15	09:40	00:48	
M 24	07:28	18:17	10:14	02:11	
M 25	07:26	18:18	11:01	03:31	
J 26	07:24	18:20	12:04	04:38	
V 27	07:22	18:21	13:19	05:31	
S 28	07:20	18:23	14:41	06:09	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:18	18:24	16:04	06:37	
L 2	07:16	18:26	17:25	06:58	
M 3	07:14	18:27	18:41	07:15	
M 4	07:12	18:29	19:55	07:31	
J 5	07:10	18:30	21:07	07:45	
V 6	07:08	18:32	22:18	07:59	
S 7	07:06	18:33	23:30	08:16	
D 8	07:04	18:35		08:35	
L 9	07:02	18:36	00:40	09:00	
M 10	07:00	18:38	01:49	09:32	
M 11	06:58	18:39	02:52	10:12	
J 12	06:56	18:41	03:47	11:05	
V 13	06:54	18:42	04:31	12:07	
S 14	06:52	18:44	05:06	13:18	
D 15	06:50	18:45	05:33	14:32	
L 16	06:48	18:47	05:54	15:48	
M 17	06:46	18:48	06:12	17:05	
M 18	06:44	18:50	06:28	18:23	
J 19	06:42	18:51	06:43	19:43	
V 20	06:40	18:53	07:00	21:05	
S 21	06:38	18:54	07:20	22:30	
D 22	06:36	18:56	07:44	23:57	
L 23	06:34	18:57	08:15		
M 24	06:32	18:59	08:59	01:20	
M 25	06:30	19:00	09:57	02:32	
J 26	06:28	19:02	11:08	03:29	
V 27	06:26	19:03	12:28	04:10	
S 28	06:24	19:04	13:49	04:40	
D 29	07:21	20:06	16:08	06:03	
L 30	07:19	20:07	17:24	06:21	
M 31	07:17	20:09	18:37	06:37	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:15	20:10	19:50	06:51	
J 2	07:13	20:12	21:01	07:06	
V 3	07:11	20:13	22:12	07:21	
S 4	07:09	20:15	23:24	07:40	
D 5	07:07	20:16		08:02	
L 6	07:05	20:18	00:33	08:30	
M 7	07:03	20:19	01:39	09:08	
M 8	07:01	20:20	02:37	09:55	
J 9	06:59	20:22	03:26	10:53	
V 10	06:57	20:23	04:03	12:00	
S 11	06:55	20:25	04:32	13:11	
D 12	06:53	20:26	04:56	14:25	
L 13	06:51	20:28	05:15	15:41	
M 14	06:49	20:29	05:32	16:57	
M 15	06:47	20:31	05:48	18:15	
J 16	06:45	20:32	06:04	19:37	
V 17	06:44	20:33	06:22	21:03	
S 18	06:42	20:35	06:44	22:31	
D 19	06:40	20:36	07:14	23:59	
L 20	06:38	20:38	07:54		
M 21	06:36	20:39	08:48	01:19	
M 22	06:34	20:41	09:58	02:23	
J 23	06:32	20:42	11:17	03:10	
V 24	06:31	20:44	12:38	03:44	
S 25	06:29	20:45	13:58	04:09	
D 26	06:27	20:46	15:14	04:28	
L 27	06:25	20:48	16:27	04:44	
M 28	06:24	20:49	17:38	04:59	
M 29	06:22	20:51	18:48	05:13	
J 30	06:20	20:52	19:59	05:28	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:19	20:54	21:10	05:45	
S 2	06:17	20:55	22:20	06:06	
D 3	06:15	20:56	23:27	06:32	
L 4	06:14	20:58		07:07	
M 5	06:12	20:59	00:28	07:50	
M 6	06:11	21:01	01:20	08:44	
J 7	06:09	21:02	02:01	09:48	
V 8	06:07	21:03	02:33	10:56	
S 9	06:06	21:05	02:58	12:08	
D 10	06:05	21:06	03:18	13:21	
L 11	06:03	21:07	03:35	14:34	
M 12	06:02	21:09	03:51	15:50	
M 13	06:00	21:10	04:07	17:08	
J 14	05:59	21:12	04:23	18:30	
V 15	05:58	21:13	04:44	19:57	
S 16	05:57	21:14	05:10	21:27	
D 17	05:55	21:15	05:45	22:53	
L 18	05:54	21:17	06:33		
M 19	05:53	21:18	07:39	00:07	
M 20	05:52	21:19	08:58	01:03	
J 21	05:51	21:20	10:22	01:44	
V 22	05:50	21:22	11:45	02:12	
S 23	05:49	21:23	13:04	02:33	
D 24	05:48	21:24	14:18	02:50	
L 25	05:47	21:25	15:30	03:06	
M 26	05:46	21:26	16:40	03:20	
M 27	05:45	21:27	17:50	03:35	
J 28	05:44	21:28	18:59	03:51	
V 29	05:43	21:29	20:09	04:11	
S 30	05:43	21:30	21:18	04:35	
D 31	05:42	21:31	22:20	05:07	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
		Soleil		Lune	
Dates		L	C	L	C
L 1	05:41	21:32	23:15	05:48	
M 2	05:41	21:33	23:59	06:39	
M 3	05:40	21:34		07:40	
J 4	05:39	21:35	00:34	08:46	
V 5	05:39	21:36	01:01	09:57	
S 6	05:38	21:37	01:22	11:08	
D 7	05:38	21:38	01:40	12:19	
L 8	05:38	21:38	01:56	13:32	
M 9	05:37	21:39	02:11	14:46	
M 10	05:37	21:40	02:26	16:04	
J 11	05:37	21:40	02:44	17:27	
V 12	05:37	21:41	03:07	18:53	
S 13	05:36	21:42	03:37	20:21	
D 14	05:36	21:42	04:17	21:43	
L 15	05:36	21:43	05:16	22:48	
M 16	05:36	21:43	06:30	23:37	
M 17	05:36	21:43	07:55		
J 18	05:36	21:44	09:22	00:11	
V 19	05:37	21:44	10:46	00:36	
S 20	05:37	21:44	12:04	00:55	
D 21	05:37	21:45	13:19	01:12	
L 22	05:37	21:45	14:30	01:26	
M 23	05:37	21:45	15:40	01:41	
M 24	05:38	21:45	16:50	01:57	
J 25	05:38	21:45	18:00	02:16	
V 26	05:39	21:45	19:09	02:38	
S 27	05:39	21:45	20:14	03:08	
D 28	05:39	21:45	21:11	03:46	
L 29	05:40	21:45	21:59	04:34	
M 30	05:41	21:45	22:36	05:32	
☾ DERNIER QUARTIER le 08					
● NOUVEILLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					