

LEVERS et COUCHERS SOLEIL - LUNE COSNE-COURS-SUR-LOIRE 2026

par www.calendriergratuit.fr

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:33	17:09	14:39	06:50	
V 2	08:33	17:10	15:42	08:05	
S 3	08:33	17:11	17:00	09:05	
D 4	08:33	17:12	18:24	09:48	
L 5	08:33	17:13	19:49	10:18	
M 6	08:33	17:15	21:08	10:41	
M 7	08:32	17:16	22:23	11:00	
J 8	08:32	17:17	23:35	11:15	
V 9	08:32	17:18		11:30	
S 10	08:31	17:19	00:44	11:45	
D 11	08:31	17:21	01:52	12:01	
L 12	08:30	17:22	03:01	12:20	
M 13	08:30	17:23	04:09	12:44	
M 14	08:29	17:24	05:17	13:14	
J 15	08:29	17:26	06:21	13:54	
V 16	08:28	17:27	07:18	14:45	
S 17	08:27	17:28	08:05	15:46	
D 18	08:27	17:30	08:42	16:55	
L 19	08:26	17:31	09:11	18:09	
M 20	08:25	17:33	09:34	19:23	
M 21	08:24	17:34	09:52	20:37	
J 22	08:23	17:36	10:09	21:52	
V 23	08:22	17:37	10:24	23:06	
S 24	08:21	17:39	10:41		
D 25	08:20	17:40	10:59	00:23	
L 26	08:19	17:42	11:21	01:43	
M 27	08:18	17:43	11:50	03:06	
M 28	08:17	17:45	12:28	04:29	
J 29	08:16	17:46	13:23	05:47	
V 30	08:14	17:48	14:32	06:51	
S 31	08:13	17:49	15:53	07:40	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:12	17:51	17:18	08:15	
L 2	08:11	17:52	18:40	08:42	
M 3	08:09	17:54	19:59	09:02	
M 4	08:08	17:55	21:13	09:19	
J 5	08:07	17:57	22:25	09:35	
V 6	08:05	17:59	23:35	09:49	
S 7	08:04	18:00		10:05	
D 8	08:02	18:02	00:45	10:23	
L 9	08:01	18:03	01:54	10:45	
M 10	07:59	18:05	03:03	11:13	
M 11	07:58	18:06	04:09	11:48	
J 12	07:56	18:08	05:09	12:34	
V 13	07:54	18:09	06:00	13:32	
S 14	07:53	18:11	06:40	14:38	
D 15	07:51	18:13	07:12	15:51	
L 16	07:50	18:14	07:37	17:06	
M 17	07:48	18:16	07:58	18:21	
M 18	07:46	18:17	08:15	19:38	
J 19	07:44	18:19	08:31	20:54	
V 20	07:43	18:20	08:47	22:12	
S 21	07:41	18:22	09:05	23:32	
D 22	07:39	18:23	09:26		
L 23	07:37	18:25	09:52	00:54	
M 24	07:36	18:26	10:27	02:17	
M 25	07:34	18:28	11:15	03:36	
J 26	07:32	18:29	12:17	04:43	
V 27	07:30	18:31	13:33	05:36	
S 28	07:28	18:32	14:54	06:15	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:26	18:34	16:16	06:43	
L 2	07:24	18:35	17:35	07:05	
M 3	07:23	18:37	18:51	07:24	
M 4	07:21	18:38	20:04	07:39	
J 5	07:19	18:40	21:15	07:54	
V 6	07:17	18:41	22:26	08:09	
S 7	07:15	18:43	23:37	08:27	
D 8	07:13	18:44		08:47	
L 9	07:11	18:46	00:46	09:12	
M 10	07:09	18:47	01:54	09:44	
M 11	07:07	18:49	02:57	10:26	
J 12	07:05	18:50	03:52	11:18	
V 13	07:03	18:52	04:36	12:20	
S 14	07:01	18:53	05:11	13:30	
D 15	06:59	18:54	05:39	14:44	
L 16	06:57	18:56	06:01	15:59	
M 17	06:55	18:57	06:19	17:16	
M 18	06:53	18:59	06:36	18:32	
J 19	06:51	19:00	06:53	19:52	
V 20	06:49	19:02	07:10	21:13	
S 21	06:47	19:03	07:31	22:37	
D 22	06:45	19:04	07:55		
L 23	06:43	19:06	08:28	00:03	
M 24	06:41	19:07	09:12	01:25	
M 25	06:39	19:09	10:10	02:37	
J 26	06:37	19:10	11:22	03:34	
V 27	06:35	19:11	12:40	04:16	
S 28	06:33	19:13	14:01	04:47	
D 29	07:31	20:14	16:19	06:11	
L 30	07:29	20:16	17:35	06:29	
M 31	07:27	20:17	18:47	06:45	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:25	20:19	19:58	07:00	
J 2	07:23	20:20	21:09	07:16	
V 3	07:21	20:21	22:19	07:32	
S 4	07:19	20:23	23:30	07:51	
D 5	07:17	20:24		08:14	
L 6	07:15	20:26	00:39	08:43	
M 7	07:13	20:27	01:44	09:21	
M 8	07:11	20:28	02:42	10:09	
J 9	07:09	20:30	03:31	11:07	
V 10	07:07	20:31	04:08	12:12	
S 11	07:05	20:33	04:38	13:23	
D 12	07:03	20:34	05:02	14:36	
L 13	07:01	20:35	05:22	15:51	
M 14	06:59	20:37	05:40	17:07	
M 15	06:57	20:38	05:56	18:24	
J 16	06:56	20:40	06:13	19:46	
V 17	06:54	20:41	06:32	21:10	
S 18	06:52	20:42	06:56	22:37	
D 19	06:50	20:44	07:26		
L 20	06:48	20:45	08:06	00:04	
M 21	06:46	20:47	09:02	01:24	
M 22	06:45	20:48	10:11	02:28	
J 23	06:43	20:49	11:30	03:16	
V 24	06:41	20:51	12:50	03:50	
S 25	06:39	20:52	14:09	04:15	
D 26	06:38	20:54	15:25	04:35	
L 27	06:36	20:55	16:36	04:52	
M 28	06:34	20:56	17:47	05:08	
M 29	06:32	20:58	18:56	05:23	
J 30	06:31	20:59	20:06	05:38	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:29	21:01	21:16	05:56	
S 2	06:28	21:02	22:26	06:17	
D 3	06:26	21:03	23:33	06:45	
L 4	06:24	21:05		07:20	
M 5	06:23	21:06	00:33	08:04	
M 6	06:21	21:07	01:25	08:58	
J 7	06:20	21:09	02:06	10:01	
V 8	06:18	21:10	02:39	11:09	
S 9	06:17	21:11	03:04	12:19	
D 10	06:16	21:13	03:25	13:32	
L 11	06:14	21:14	03:43	14:44	
M 12	06:13	21:15	03:59	15:59	
M 13	06:12	21:17	04:16	17:17	
J 14	06:10	21:18	04:33	18:38	
V 15	06:09	21:19	04:55	20:04	
S 16	06:08	21:20	05:21	21:33	
D 17	06:07	21:22	05:57	22:59	
L 18	06:05	21:23		06:47	
M 19	06:04	21:24	07:53	00:12	
M 20	06:03	21:25	09:11	01:09	
J 21	06:02	21:27	10:34	01:49	
V 22	06:01	21:28	11:57	02:18	
S 23	06:00	21:29	13:15	02:41	
D 24	05:59	21:30	14:28	02:59	
L 25	05:58	21:31	15:39	03:15	
M 26	05:57	21:32	16:48	03:30	
M 27	05:57	21:33	17:57	03:45	
J 28	05:56	21:34	19:06	04:02	
V 29	05:55	21:35	20:15	04:22	
S 30	05:54	21:36	21:23	04:47	
D 31	05:54	21:37	22:25	05:20	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
		Soleil		Lune	
Dates		L	C	L	C
L 1	05:53	21:38	23:20	06:01	
M 2	05:52	21:39		06:52	
M 3	05:52	21:40	00:05	07:53	
J 4	05:51	21:41	00:40	08:59	
V 5	05:51	21:42	01:07	10:08	
S 6	05:50	21:43	01:29	11:19	
D 7	05:50	21:43	01:48	12:29	
L 8	05:50	21:44	02:04	13:42	
M 9	05:49	21:45	02:20	14:55	
M 10	05:49	21:45	02:36	16:12	
J 11	05:49	21:46	02:55	17:34	
V 12	05:49	21:47	03:18	19:00	
S 13	05:49	21:47	03:49	20:27	
D 14	05:48	21:48	04:30	21:48	
L 15	05:48	21:48	05:29	22:53	
M 16	05:48	21:49	06:43	23:43	
M 17	05:48	21:49	08:08		
J 18	05:48	21:49	09:34	00:17	
V 19	05:49	21:50	10:57	00:43	
S 20	05:49	21:50	12:14	01:03	
D 21	05:49	21:50	13:28	01:20	
L 22	05:49	21:50	14:38	01:36	
M 23	05:50	21:51	15:48	01:51	
M 24	05:50	21:51	16:57	02:08	
J 25	05:50	21:51	18:07	02:27	
V 26	05:51	21:51	19:15	02:51	
S 27	05:51	21:51	20:19	03:21	
D 28	05:52	21:51	21:16	03:59	
L 29	05:52	21:51	22:04	04:47	
M 30	05:53	21:50	22:41	05:45	
☾ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					