

LEVERS et COUCHERS SOLEIL - LUNE DAX 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:36	17:39	15:15	06:48	
V 2	08:36	17:40	16:19	08:02	
S 3	08:36	17:41	17:35	09:02	
D 4	08:36	17:42	18:56	09:49	
L 5	08:36	17:43	20:16	10:23	
M 6	08:35	17:44	21:32	10:49	
M 7	08:35	17:45	22:43	11:11	
J 8	08:35	17:46	23:51	11:31	
V 9	08:35	17:47		11:49	
S 10	08:35	17:48	00:56	12:06	
D 11	08:34	17:49	02:01	12:26	
L 12	08:34	17:50	03:06	12:48	
M 13	08:33	17:51	04:11	13:15	
M 14	08:33	17:53	05:16	13:49	
J 15	08:33	17:54	06:17	14:30	
V 16	08:32	17:55	07:14	15:22	
S 17	08:31	17:56	08:02	16:22	
D 18	08:31	17:57	08:41	17:29	
L 19	08:30	17:59	09:13	18:38	
M 20	08:30	18:00	09:40	19:49	
M 21	08:29	18:01	10:02	20:59	
J 22	08:28	18:03	10:22	22:10	
V 23	08:27	18:04	10:41	23:21	
S 24	08:26	18:05	11:01		
D 25	08:26	18:06	11:23	00:34	
L 26	08:25	18:08	11:49	01:50	
M 27	08:24	18:09	12:21	03:09	
M 28	08:23	18:10	13:04	04:28	
J 29	08:22	18:12	13:59	05:43	
V 30	08:21	18:13	15:09	06:48	
S 31	08:20	18:15	16:26	07:39	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:19	18:16	17:47	08:18	
L 2	08:18	18:17	19:06	08:48	
M 3	08:16	18:19	20:20	09:12	
M 4	08:15	18:20	21:31	09:33	
J 5	08:14	18:21	22:39	09:51	
V 6	08:13	18:23	23:46	10:09	
S 7	08:12	18:24		10:28	
D 8	08:10	18:25	00:52	10:50	
L 9	08:09	18:27	01:58	11:15	
M 10	08:08	18:28	03:03	11:46	
M 11	08:06	18:30	04:06	12:24	
J 12	08:05	18:31	05:05	13:12	
V 13	08:04	18:32	05:56	14:08	
S 14	08:02	18:34	06:38	15:13	
D 15	08:01	18:35	07:14	16:21	
L 16	07:59	18:36	07:42	17:33	
M 17	07:58	18:38	08:06	18:45	
M 18	07:56	18:39	08:27	19:57	
J 19	07:55	18:40	08:46	21:10	
V 20	07:53	18:42	09:06	22:23	
S 21	07:52	18:43	09:28	23:40	
D 22	07:50	18:44	09:52		
L 23	07:48	18:46	10:22	00:58	
M 24	07:47	18:47	11:01	02:17	
M 25	07:45	18:48	11:51	03:33	
J 26	07:44	18:50	12:54	04:39	
V 27	07:42	18:51	14:07	05:34	
S 28	07:40	18:52	15:25	06:16	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:39	18:53	16:43	06:48	
L 2	07:37	18:55	17:58	07:14	
M 3	07:35	18:56	19:10	07:36	
M 4	07:34	18:57	20:19	07:55	
J 5	07:32	18:59	21:27	08:13	
V 6	07:30	19:00	22:34	08:31	
S 7	07:28	19:01	23:42	08:52	
D 8	07:27	19:02		09:16	
L 9	07:25	19:04	00:48	09:44	
M 10	07:23	19:05	01:53	10:19	
M 11	07:21	19:06	02:53	11:03	
J 12	07:20	19:07	03:48	11:55	
V 13	07:18	19:09	04:33	12:56	
S 14	07:16	19:10	05:11	14:02	
D 15	07:14	19:11	05:42	15:13	
L 16	07:12	19:12	06:07	16:24	
M 17	07:11	19:13	06:29	17:37	
M 18	07:09	19:15	06:50	18:50	
J 19	07:07	19:16	07:10	20:05	
V 20	07:05	19:17	07:32	21:23	
S 21	07:03	19:18	07:55	22:43	
D 22	07:02	19:20	08:24		
L 23	07:00	19:21	09:01	00:04	
M 24	06:58	19:22	09:48	01:23	
M 25	06:56	19:23	10:47	02:33	
J 26	06:54	19:24	11:57	03:31	
V 27	06:53	19:26	13:13	04:16	
S 28	06:51	19:27	14:29	04:50	
D 29	07:49	20:28	16:43	06:18	
L 30	07:47	20:29	17:55	06:40	
M 31	07:45	20:30	19:04	06:59	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:44	20:32	20:11	07:18	
J 2	07:42	20:33	21:19	07:36	
V 3	07:40	20:34	22:26	07:56	
S 4	07:38	20:35	23:33	08:18	
D 5	07:36	20:36		08:45	
L 6	07:35	20:38	00:39	09:17	
M 7	07:33	20:39	01:42	09:57	
M 8	07:31	20:40	02:38	10:46	
J 9	07:29	20:41	03:27	11:43	
V 10	07:28	20:42	04:07	12:46	
S 11	07:26	20:44	04:40	13:54	
D 12	07:24	20:45	05:08	15:03	
L 13	07:23	20:46	05:31	16:14	
M 14	07:21	20:47	05:52	17:26	
M 15	07:19	20:48	06:12	18:40	
J 16	07:17	20:50	06:32	19:57	
V 17	07:16	20:51	06:55	21:17	
S 18	07:14	20:52	07:23	22:40	
D 19	07:13	20:53	07:57		
L 20	07:11	20:54	08:41	00:04	
M 21	07:09	20:56	09:39	01:20	
M 22	07:08	20:57	10:47	02:24	
J 23	07:06	20:58	12:03	03:15	
V 24	07:05	20:59	13:20	03:53	
S 25	07:03	21:00	14:35	04:22	
D 26	07:02	21:02	15:47	04:45	
L 27	07:00	21:03	16:55	05:05	
M 28	06:59	21:04	18:02	05:24	
M 29	06:57	21:05	19:08	05:42	
J 30	06:56	21:06	20:14	06:01	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:54	21:07	21:21	06:22	
S 2	06:53	21:09	22:27	06:47	
D 3	06:51	21:10	23:31	07:18	
L 4	06:50	21:11		07:55	
M 5	06:49	21:12	00:29	08:40	
M 6	06:47	21:13	01:21	09:34	
J 7	06:46	21:14	02:04	10:35	
V 8	06:45	21:16	02:39	11:40	
S 9	06:44	21:17	03:08	12:47	
D 10	06:42	21:18	03:33	13:56	
L 11	06:41	21:19	03:54	15:05	
M 12	06:40	21:20	04:13	16:16	
M 13	06:39	21:21	04:33	17:30	
J 14	06:38	21:22	04:55	18:47	
V 15	06:37	21:24	05:20	20:09	
S 16	06:36	21:25	05:50	21:34	
D 17	06:35	21:26	06:30	22:56	
L 18	06:34	21:27	07:23		
M 19	06:33	21:28	08:29	00:09	
M 20	06:32	21:29	09:46	01:07	
J 21	06:31	21:30	11:05	01:51	
V 22	06:30	21:31	12:23	02:23	
S 23	06:29	21:32	13:38	02:49	
D 24	06:28	21:33	14:47	03:11	
L 25	06:28	21:34	15:55	03:30	
M 26	06:27	21:35	17:00	03:48	
M 27	06:26	21:36	18:06	04:07	
J 28	06:25	21:37	19:12	04:27	
V 29	06:25	21:38	20:17	04:51	
S 30	06:24	21:38	21:22	05:19	
D 31	06:24	21:39	22:23	05:54	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
L 1	06:23	21:40	23:17	06:37	
M 2	06:23	21:41		07:29	
M 3	06:22	21:42	00:02	08:27	
J 4	06:22	21:42	00:40	09:32	
V 5	06:21	21:43	01:10	10:37	
S 6	06:21	21:44	01:36	11:45	
D 7	06:21	21:45	01:57	12:52	
L 8	06:20	21:45	02:16	14:00	
M 9	06:20	21:46	02:36	15:10	
M 10	06:20	21:46	02:56	16:23	
J 11	06:20	21:47	03:18	17:41	
V 12	06:20	21:47	03:45	19:03	
S 13	06:20	21:48	04:19	20:26	
D 14	06:20	21:48	05:06	21:45	
L 15	06:20	21:49	06:05	22:51	
M 16	06:20	21:49	07:19	23:42	
M 17	06:20	21:50	08:40		
J 18	06:20	21:50	10:02	00:21	
V 19	06:20	21:50	11:21	00:50	
S 20	06:20	21:51	12:34	01:14	
D 21	06:20	21:51	13:45	01:35	
L 22	06:21	21:51	14:52	01:53	
M 23	06:21	21:51	15:58	02:13	
M 24	06:21	21:51	17:04	02:32	
J 25	06:21	21:51	18:10	02:55	
V 26	06:22	21:51	19:15	03:22	
S 27	06:22	21:51	20:16	03:54	
D 28	06:23	21:51	21:13	04:34	
L 29	06:23	21:51	22:01	05:24	
M 30	06:24	21:51	22:41	06:20	
☉ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					