# LEVERS et COUCHERS SOLEIL - LUNE ÉPERNAY 2026

*par www.calendriergratuit.fr*

## JANVIER

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| J | 1 | 08:36 | 16:59 | 14:25 | 06:55 |
| V | 2 | 08:36 | 17:00 | 15:28 | 08:11 |
| S | 3 | 08:36 | 17:01 | 16:46 | 09:10 |
| D | 4 | 08:36 | 17:02 | 18:12 | 09:51 |
| L | 5 | 08:35 | 17:03 | 19:39 | 10:20 |
| M | 6 | 08:35 | 17:04 | 21:01 | 10:41 |
| M | 7 | 08:35 | 17:05 | 22:18 | 10:57 |
| J | 8 | 08:34 | 17:06 | 23:31 | 11:12 |
| V | 9 | 08:34 | 17:08 | | 11:25 |
| S | 10 | 08:33 | 17:09 | 00:41 | 11:38 |
| D | 11 | 08:33 | 17:10 | 01:52 | 11:53 |
| L | 12 | 08:32 | 17:12 | 03:02 | 12:10 |
| M | 13 | 08:32 | 17:13 | 04:12 | 12:32 |
| M | 14 | 08:31 | 17:14 | 05:22 | 13:01 |
| J | 15 | 08:30 | 17:16 | 06:26 | 13:40 |
| V | 16 | 08:30 | 17:17 | 07:24 | 14:30 |
| S | 17 | 08:29 | 17:19 | 08:10 | 15:33 |
| D | 18 | 08:28 | 17:20 | 08:46 | 16:43 |
| L | 19 | 08:27 | 17:22 | 09:13 | 17:58 |
| M | 20 | 08:26 | 17:23 | 09:34 | 19:15 |
| M | 21 | 08:25 | 17:25 | 09:51 | 20:30 |
| J | 22 | 08:24 | 17:26 | 10:06 | 21:47 |
| V | 23 | 08:23 | 17:28 | 10:20 | 23:03 |
| S | 24 | 08:22 | 17:29 | 10:35 | |
| D | 25 | 08:21 | 17:31 | 10:51 | 00:22 |
| L | 26 | 08:20 | 17:32 | 11:11 | 01:44 |
| M | 27 | 08:19 | 17:34 | 11:38 | 03:09 |
| M | 28 | 08:18 | 17:36 | 12:15 | 04:34 |
| J | 29 | 08:16 | 17:37 | 13:08 | 05:53 |
| V | 30 | 08:15 | 17:39 | 14:18 | 06:57 |
| S | 31 | 08:14 | 17:40 | 15:40 | 07:45 |

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 18
◐ PREMIER QUARTIER le 26

## FÉVRIER

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| D | 1 | 08:12 | 17:42 | 17:07 | 08:18 |
| L | 2 | 08:11 | 17:44 | 18:31 | 08:42 |
| M | 3 | 08:10 | 17:45 | 19:52 | 09:01 |
| M | 4 | 08:08 | 17:47 | 21:09 | 09:16 |
| J | 5 | 08:07 | 17:49 | 22:22 | 09:30 |
| V | 6 | 08:05 | 17:50 | 23:34 | 09:43 |
| S | 7 | 08:04 | 17:52 | | 09:57 |
| D | 8 | 08:02 | 17:54 | 00:45 | 10:13 |
| L | 9 | 08:00 | 17:55 | 01:57 | 10:33 |
| M | 10 | 07:59 | 17:57 | 03:07 | 11:00 |
| M | 11 | 07:57 | 17:59 | 04:14 | 11:34 |
| J | 12 | 07:55 | 18:00 | 05:15 | 12:19 |
| V | 13 | 07:54 | 18:02 | 06:05 | 13:17 |
| S | 14 | 07:52 | 18:04 | 06:45 | 14:25 |
| D | 15 | 07:50 | 18:05 | 07:16 | 15:40 |
| L | 16 | 07:48 | 18:07 | 07:39 | 16:56 |
| M | 17 | 07:47 | 18:09 | 07:57 | 18:14 |
| M | 18 | 07:45 | 18:10 | 08:13 | 19:32 |
| J | 19 | 07:43 | 18:12 | 08:27 | 20:50 |
| V | 20 | 07:41 | 18:14 | 08:42 | 22:10 |
| S | 21 | 07:39 | 18:15 | 08:58 | 23:32 |
| D | 22 | 07:37 | 18:17 | 09:17 | |
| L | 23 | 07:36 | 18:18 | 09:41 | 00:57 |
| M | 24 | 07:34 | 18:20 | 10:14 | 02:21 |
| M | 25 | 07:32 | 18:22 | 11:00 | 03:42 |
| J | 26 | 07:30 | 18:23 | 12:03 | 04:49 |
| V | 27 | 07:28 | 18:25 | 13:19 | 05:41 |
| S | 28 | 07:26 | 18:26 | 14:42 | 06:18 |

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 09
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 24

## MARS

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| D | 1 | 07:24 | 18:28 | 16:06 | 06:45 |
| L | 2 | 07:22 | 18:30 | 17:28 | 07:05 |
| M | 3 | 07:20 | 18:31 | 18:45 | 07:21 |
| M | 4 | 07:18 | 18:33 | 20:00 | 07:36 |
| J | 5 | 07:16 | 18:34 | 21:13 | 07:49 |
| V | 6 | 07:14 | 18:36 | 22:25 | 08:03 |
| S | 7 | 07:12 | 18:38 | 23:38 | 08:18 |
| D | 8 | 07:10 | 18:39 | | 08:36 |
| L | 9 | 07:08 | 18:41 | 00:50 | 09:00 |
| M | 10 | 07:06 | 18:42 | 01:59 | 09:31 |
| M | 11 | 07:04 | 18:44 | 03:03 | 10:11 |
| J | 12 | 07:01 | 18:45 | 03:58 | 11:04 |
| V | 13 | 06:59 | 18:47 | 04:41 | 12:07 |
| S | 14 | 06:57 | 18:48 | 05:15 | 13:18 |
| D | 15 | 06:55 | 18:50 | 05:41 | 14:33 |
| L | 16 | 06:53 | 18:52 | 06:01 | 15:51 |
| M | 17 | 06:51 | 18:53 | 06:18 | 17:09 |
| M | 18 | 06:49 | 18:55 | 06:33 | 18:28 |
| J | 19 | 06:47 | 18:56 | 06:48 | 19:49 |
| V | 20 | 06:45 | 18:58 | 07:04 | 21:13 |
| S | 21 | 06:43 | 18:59 | 07:22 | 22:39 |
| D | 22 | 06:40 | 19:01 | 07:45 | |
| L | 23 | 06:38 | 19:02 | 08:15 | 00:06 |
| M | 24 | 06:36 | 19:04 | 08:58 | 01:31 |
| M | 25 | 06:34 | 19:05 | 09:56 | 02:43 |
| J | 26 | 06:32 | 19:07 | 11:08 | 03:40 |
| V | 27 | 06:30 | 19:08 | 12:28 | 04:20 |
| S | 28 | 06:28 | 19:10 | 13:51 | 04:49 |
| D | 29 | 07:26 | 20:11 | 16:11 | 06:11 |
| L | 30 | 07:23 | 20:13 | 17:28 | 06:27 |
| M | 31 | 07:21 | 20:14 | 18:42 | 06:42 |

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 11
● NOUVELLE LUNE le 19
◐ PREMIER QUARTIER le 25

## AVRIL

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| M | 1 | 07:19 | 20:16 | 19:55 | 06:56 |
| J | 2 | 07:17 | 20:17 | 21:08 | 07:09 |
| V | 3 | 07:15 | 20:19 | 22:20 | 07:24 |
| S | 4 | 07:13 | 20:20 | 23:33 | 07:41 |
| D | 5 | 07:11 | 20:22 | | 08:02 |
| L | 6 | 07:09 | 20:23 | 00:43 | 08:30 |
| M | 7 | 07:07 | 20:25 | 01:50 | 09:07 |
| M | 8 | 07:05 | 20:26 | 02:48 | 09:54 |
| J | 9 | 07:03 | 20:28 | 03:36 | 10:53 |
| V | 10 | 07:01 | 20:29 | 04:13 | 12:00 |
| S | 11 | 06:59 | 20:31 | 04:41 | 13:12 |
| D | 12 | 06:57 | 20:32 | 05:04 | 14:27 |
| L | 13 | 06:54 | 20:34 | 05:22 | 15:44 |
| M | 14 | 06:52 | 20:35 | 05:38 | 17:01 |
| M | 15 | 06:50 | 20:37 | 05:53 | 18:20 |
| J | 16 | 06:49 | 20:38 | 06:08 | 19:44 |
| V | 17 | 06:47 | 20:40 | 06:25 | 21:10 |
| S | 18 | 06:45 | 20:41 | 06:46 | 22:40 |
| D | 19 | 06:43 | 20:43 | 07:14 | |
| L | 20 | 06:41 | 20:44 | 07:53 | 00:09 |
| M | 21 | 06:39 | 20:46 | 08:47 | 01:30 |
| M | 22 | 06:37 | 20:47 | 09:57 | 02:33 |
| J | 23 | 06:35 | 20:49 | 11:17 | 03:20 |
| V | 24 | 06:33 | 20:50 | 12:40 | 03:53 |
| S | 25 | 06:31 | 20:52 | 14:01 | 04:16 |
| D | 26 | 06:29 | 20:53 | 15:18 | 04:34 |
| L | 27 | 06:28 | 20:55 | 16:31 | 04:50 |
| M | 28 | 06:26 | 20:56 | 17:44 | 05:03 |
| M | 29 | 06:24 | 20:58 | 18:55 | 05:17 |
| J | 30 | 06:22 | 20:59 | 20:06 | 05:31 |

○ PLEINE LUNE le 02
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 24

## MAI

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| V | 1 | 06:21 | 21:01 | 21:18 | 05:47 |
| S | 2 | 06:19 | 21:02 | 22:29 | 06:07 |
| D | 3 | 06:17 | 21:04 | 23:38 | 06:32 |
| L | 4 | 06:16 | 21:05 | | 07:06 |
| M | 5 | 06:14 | 21:07 | 00:39 | 07:49 |
| M | 6 | 06:12 | 21:08 | 01:31 | 08:44 |
| J | 7 | 06:11 | 21:10 | 02:11 | 09:48 |
| V | 8 | 06:09 | 21:11 | 02:42 | 10:57 |
| S | 9 | 06:08 | 21:13 | 03:06 | 12:09 |
| D | 10 | 06:06 | 21:14 | 03:26 | 13:23 |
| L | 11 | 06:05 | 21:15 | 03:42 | 14:38 |
| M | 12 | 06:03 | 21:17 | 03:56 | 15:54 |
| M | 13 | 06:02 | 21:18 | 04:11 | 17:14 |
| J | 14 | 06:01 | 21:20 | 04:27 | 18:37 |
| V | 15 | 05:59 | 21:21 | 04:46 | 20:06 |
| S | 16 | 05:58 | 21:22 | 05:11 | 21:37 |
| D | 17 | 05:57 | 21:24 | 05:45 | 23:04 |
| L | 18 | 05:55 | 21:25 | 06:32 | |
| M | 19 | 05:54 | 21:26 | 07:38 | 00:18 |
| M | 20 | 05:53 | 21:28 | 08:58 | 01:14 |
| J | 21 | 05:52 | 21:29 | 10:23 | 01:53 |
| V | 22 | 05:51 | 21:30 | 11:47 | 02:20 |
| S | 23 | 05:50 | 21:31 | 13:07 | 02:40 |
| D | 24 | 05:49 | 21:33 | 14:22 | 02:56 |
| L | 25 | 05:48 | 21:34 | 15:35 | 03:11 |
| M | 26 | 05:47 | 21:35 | 16:46 | 03:24 |
| M | 27 | 05:46 | 21:36 | 17:57 | 03:38 |
| J | 28 | 05:45 | 21:37 | 19:08 | 03:54 |
| V | 29 | 05:44 | 21:38 | 20:18 | 04:12 |
| S | 30 | 05:43 | 21:39 | 21:28 | 04:36 |
| D | 31 | 05:42 | 21:40 | 22:31 | 05:07 |

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 09
● NOUVELLE LUNE le 16
◐ PREMIER QUARTIER le 23
○ PLEINE LUNE le 31

## JUIN

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| L | 1 | 05:42 | 21:41 | 23:26 | 05:47 |
| M | 2 | 05:41 | 21:42 | | 06:38 |
| M | 3 | 05:40 | 21:43 | 00:10 | 07:39 |
| J | 4 | 05:40 | 21:44 | 00:44 | 08:47 |
| V | 5 | 05:39 | 21:45 | 01:10 | 09:58 |
| S | 6 | 05:39 | 21:46 | 01:30 | 11:10 |
| D | 7 | 05:38 | 21:47 | 01:47 | 12:23 |
| L | 8 | 05:38 | 21:47 | 02:01 | 13:36 |
| M | 9 | 05:38 | 21:48 | 02:15 | 14:51 |
| M | 10 | 05:37 | 21:49 | 02:30 | 16:10 |
| J | 11 | 05:37 | 21:50 | 02:47 | 17:34 |
| V | 12 | 05:37 | 21:50 | 03:09 | 19:02 |
| S | 13 | 05:37 | 21:51 | 03:37 | 20:31 |
| D | 14 | 05:37 | 21:51 | 04:17 | 21:53 |
| L | 15 | 05:37 | 21:52 | 05:15 | 22:59 |
| M | 16 | 05:37 | 21:52 | 06:29 | 23:47 |
| M | 17 | 05:37 | 21:53 | 07:56 | |
| J | 18 | 05:37 | 21:53 | 09:24 | 00:19 |
| V | 19 | 05:37 | 21:53 | 10:48 | 00:43 |
| S | 20 | 05:37 | 21:54 | 12:08 | 01:01 |
| D | 21 | 05:37 | 21:54 | 13:24 | 01:17 |
| L | 22 | 05:37 | 21:54 | 14:36 | 01:31 |
| M | 23 | 05:38 | 21:54 | 15:47 | 01:45 |
| M | 24 | 05:38 | 21:54 | 16:58 | 02:00 |
| J | 25 | 05:38 | 21:54 | 18:09 | 02:17 |
| V | 26 | 05:39 | 21:54 | 19:19 | 02:39 |
| S | 27 | 05:39 | 21:54 | 20:24 | 03:08 |
| D | 28 | 05:40 | 21:54 | 21:22 | 03:45 |
| L | 29 | 05:40 | 21:54 | 22:09 | 04:33 |
| M | 30 | 05:41 | 21:54 | 22:46 | 05:32 |

◑ DERNIER QUARTIER le 08
● NOUVELLE LUNE le 15
◐ PREMIER QUARTIER le 21
○ PLEINE LUNE le 30

## JUILLET

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| M | 1 | 05:42 | 21:54 | 23:14 | 06:38 |
| J | 2 | 05:42 | 21:53 | 23:36 | 07:49 |
| V | 3 | 05:43 | 21:53 | 23:53 | 09:01 |
| S | 4 | 05:44 | 21:53 | | 10:13 |
| D | 5 | 05:44 | 21:52 | 00:08 | 11:25 |
| L | 6 | 05:45 | 21:52 | 00:22 | 12:38 |
| M | 7 | 05:46 | 21:51 | 00:36 | 13:54 |
| M | 8 | 05:47 | 21:51 | 00:51 | 15:13 |
| J | 9 | 05:48 | 21:50 | 01:10 | 16:36 |
| V | 10 | 05:49 | 21:49 | 01:34 | 18:03 |
| S | 11 | 05:50 | 21:49 | 02:07 | 19:27 |
| D | 12 | 05:51 | 21:48 | 02:55 | 20:40 |
| L | 13 | 05:52 | 21:47 | 04:01 | 21:36 |
| M | 14 | 05:53 | 21:46 | 05:23 | 22:15 |
| M | 15 | 05:54 | 21:46 | 06:52 | 22:43 |
| J | 16 | 05:55 | 21:45 | 08:20 | 23:04 |
| V | 17 | 05:56 | 21:44 | 09:45 | 23:21 |
| S | 18 | 05:57 | 21:43 | 11:04 | 23:36 |
| D | 19 | 05:58 | 21:42 | 12:19 | 23:50 |
| L | 20 | 05:59 | 21:41 | 13:33 | |
| M | 21 | 06:01 | 21:40 | 14:46 | 00:05 |
| M | 22 | 06:02 | 21:38 | 15:58 | 00:22 |
| J | 23 | 06:03 | 21:37 | 17:09 | 00:42 |
| V | 24 | 06:04 | 21:36 | 18:16 | 01:08 |
| S | 25 | 06:06 | 21:35 | 19:17 | 01:43 |
| D | 26 | 06:07 | 21:34 | 20:07 | 02:27 |
| L | 27 | 06:08 | 21:32 | 20:47 | 03:23 |
| M | 28 | 06:09 | 21:31 | 21:18 | 04:27 |
| M | 29 | 06:11 | 21:30 | 21:42 | 05:38 |
| J | 30 | 06:12 | 21:28 | 22:00 | 06:50 |
| V | 31 | 06:13 | 21:27 | 22:16 | 08:03 |

◑ DERNIER QUARTIER le 07
● NOUVELLE LUNE le 14
◐ PREMIER QUARTIER le 21
○ PLEINE LUNE le 29

## AOÛT

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| S | 1 | 06:15 | 21:25 | 22:30 | 09:16 |
| D | 2 | 06:16 | 21:24 | 22:44 | 10:29 |
| L | 3 | 06:18 | 21:22 | 22:58 | 11:44 |
| M | 4 | 06:19 | 21:21 | 23:15 | 13:00 |
| M | 5 | 06:20 | 21:19 | 23:37 | 14:21 |
| J | 6 | 06:22 | 21:17 | | 15:44 |
| V | 7 | 06:23 | 21:16 | 00:05 | 17:07 |
| S | 8 | 06:25 | 21:14 | 00:45 | 18:23 |
| D | 9 | 06:26 | 21:13 | 01:41 | 19:25 |
| L | 10 | 06:27 | 21:11 | 02:54 | 20:10 |
| M | 11 | 06:29 | 21:09 | 04:19 | 20:42 |
| M | 12 | 06:30 | 21:07 | 05:48 | 21:06 |
| J | 13 | 06:32 | 21:06 | 07:15 | 21:25 |
| V | 14 | 06:33 | 21:04 | 08:37 | 21:41 |
| S | 15 | 06:34 | 21:02 | 09:57 | 21:55 |
| D | 16 | 06:36 | 21:00 | 11:13 | 22:10 |
| L | 17 | 06:37 | 20:58 | 12:27 | 22:26 |
| M | 18 | 06:39 | 20:56 | 13:41 | 22:45 |
| M | 19 | 06:40 | 20:54 | 14:54 | 23:09 |
| J | 20 | 06:42 | 20:53 | 16:04 | 23:40 |
| V | 21 | 06:43 | 20:51 | 17:07 | |
| S | 22 | 06:44 | 20:49 | 18:02 | 00:20 |
| D | 23 | 06:46 | 20:47 | 18:46 | 01:12 |
| L | 24 | 06:47 | 20:45 | 19:20 | 02:14 |
| M | 25 | 06:49 | 20:43 | 19:46 | 03:23 |
| M | 26 | 06:50 | 20:41 | 20:06 | 04:35 |
| J | 27 | 06:52 | 20:39 | 20:23 | 05:49 |
| V | 28 | 06:53 | 20:37 | 20:37 | 07:03 |
| S | 29 | 06:54 | 20:35 | 20:52 | 08:16 |
| D | 30 | 06:56 | 20:33 | 21:06 | 09:32 |
| L | 31 | 06:57 | 20:31 | 21:23 | 10:49 |

◑ DERNIER QUARTIER le 06
● NOUVELLE LUNE le 12
◐ PREMIER QUARTIER le 20
○ PLEINE LUNE le 28

## SEPTEMBRE

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| M | 1 | 06:59 | 20:29 | 21:42 | 12:09 |
| M | 2 | 07:00 | 20:27 | 22:08 | 13:32 |
| J | 3 | 07:02 | 20:24 | 22:43 | 14:55 |
| V | 4 | 07:03 | 20:22 | 23:33 | 16:12 |
| S | 5 | 07:04 | 20:20 | | 17:17 |
| D | 6 | 07:06 | 20:18 | 00:38 | 18:06 |
| L | 7 | 07:07 | 20:16 | 01:57 | 18:42 |
| M | 8 | 07:09 | 20:14 | 03:23 | 19:09 |
| M | 9 | 07:10 | 20:12 | 04:48 | 19:29 |
| J | 10 | 07:12 | 20:10 | 06:11 | 19:46 |
| V | 11 | 07:13 | 20:08 | 07:32 | 20:00 |
| S | 12 | 07:14 | 20:05 | 08:49 | 20:15 |
| D | 13 | 07:16 | 20:03 | 10:05 | 20:31 |
| L | 14 | 07:17 | 20:01 | 11:21 | 20:49 |
| M | 15 | 07:19 | 19:59 | 12:35 | 21:11 |
| M | 16 | 07:20 | 19:57 | 13:47 | 21:39 |
| J | 17 | 07:22 | 19:55 | 14:54 | 22:15 |
| V | 18 | 07:23 | 19:53 | 15:53 | 23:03 |
| S | 19 | 07:24 | 19:50 | 16:41 | |
| D | 20 | 07:26 | 19:48 | 17:19 | 00:00 |
| L | 21 | 07:27 | 19:46 | 17:48 | 01:06 |
| M | 22 | 07:29 | 19:44 | 18:10 | 02:17 |
| M | 23 | 07:30 | 19:42 | 18:28 | 03:30 |
| J | 24 | 07:32 | 19:40 | 18:43 | 04:44 |
| V | 25 | 07:33 | 19:38 | 18:58 | 05:58 |
| S | 26 | 07:35 | 19:35 | 19:13 | 07:14 |
| D | 27 | 07:36 | 19:33 | 19:29 | 08:31 |
| L | 28 | 07:37 | 19:31 | 19:48 | 09:52 |
| M | 29 | 07:39 | 19:29 | 20:12 | 11:16 |
| M | 30 | 07:40 | 19:27 | 20:44 | 12:41 |

◑ DERNIER QUARTIER le 04
● NOUVELLE LUNE le 11
◐ PREMIER QUARTIER le 18
○ PLEINE LUNE le 26

## OCTOBRE

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| J | 1 | 07:42 | 19:25 | 21:30 | 14:02 |
| V | 2 | 07:43 | 19:23 | 22:30 | 15:11 |
| S | 3 | 07:45 | 19:21 | 23:45 | 16:05 |
| D | 4 | 07:46 | 19:19 | | 16:44 |
| L | 5 | 07:48 | 19:16 | 01:07 | 17:12 |
| M | 6 | 07:49 | 19:14 | 02:31 | 17:34 |
| M | 7 | 07:51 | 19:12 | 03:53 | 17:51 |
| J | 8 | 07:52 | 19:10 | 05:12 | 18:06 |
| V | 9 | 07:54 | 19:08 | 06:29 | 18:21 |
| S | 10 | 07:55 | 19:06 | 07:45 | 18:36 |
| D | 11 | 07:57 | 19:04 | 09:00 | 18:53 |
| L | 12 | 07:58 | 19:02 | 10:14 | 19:14 |
| M | 13 | 08:00 | 19:00 | 11:29 | 19:40 |
| M | 14 | 08:01 | 18:58 | 12:38 | 20:12 |
| J | 15 | 08:03 | 18:56 | 13:41 | 20:56 |
| V | 16 | 08:04 | 18:54 | 14:34 | 21:49 |
| S | 17 | 08:06 | 18:52 | 15:15 | 22:51 |
| D | 18 | 08:07 | 18:50 | 15:47 | 23:59 |
| L | 19 | 08:09 | 18:48 | 16:12 | |
| M | 20 | 08:11 | 18:46 | 16:31 | 01:11 |
| M | 21 | 08:12 | 18:45 | 16:48 | 02:23 |
| J | 22 | 08:14 | 18:43 | 17:03 | 03:36 |
| V | 23 | 08:15 | 18:41 | 17:18 | 04:50 |
| S | 24 | 08:17 | 18:39 | 17:33 | 06:06 |
| D | 25 | 07:18 | 17:37 | 16:51 | 06:27 |
| L | 26 | 07:20 | 17:35 | 17:13 | 07:51 |
| M | 27 | 07:22 | 17:34 | 17:43 | 09:18 |
| M | 28 | 07:23 | 17:32 | 18:24 | 10:43 |
| J | 29 | 07:25 | 17:30 | 19:22 | 11:59 |
| V | 30 | 07:26 | 17:28 | 20:34 | 13:00 |
| S | 31 | 07:28 | 17:27 | 21:56 | 13:45 |

◑ DERNIER QUARTIER le 03
● NOUVELLE LUNE le 10
◐ PREMIER QUARTIER le 18
○ PLEINE LUNE le 26

## NOVEMBRE

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| D | 1 | 07:29 | 17:25 | 23:20 | 14:16 |
| L | 2 | 07:31 | 17:23 | | 14:39 |
| M | 3 | 07:33 | 17:22 | 00:42 | 14:58 |
| M | 4 | 07:34 | 17:20 | 02:01 | 15:13 |
| J | 5 | 07:36 | 17:19 | 03:16 | 15:28 |
| V | 6 | 07:37 | 17:17 | 04:30 | 15:43 |
| S | 7 | 07:39 | 17:16 | 05:44 | 15:59 |
| D | 8 | 07:41 | 17:14 | 06:58 | 16:18 |
| L | 9 | 07:42 | 17:13 | 08:12 | 16:41 |
| M | 10 | 07:44 | 17:11 | 09:23 | 17:12 |
| M | 11 | 07:45 | 17:10 | 10:29 | 17:51 |
| J | 12 | 07:47 | 17:09 | 11:26 | 18:41 |
| V | 13 | 07:48 | 17:07 | 12:11 | 19:41 |
| S | 14 | 07:50 | 17:06 | 12:46 | 20:46 |
| D | 15 | 07:52 | 17:05 | 13:13 | 21:56 |
| L | 16 | 07:53 | 17:04 | 13:34 | 23:06 |
| M | 17 | 07:55 | 17:03 | 13:52 | |
| M | 18 | 07:56 | 17:01 | 14:07 | 00:16 |
| J | 19 | 07:58 | 17:00 | 14:21 | 01:28 |
| V | 20 | 07:59 | 16:59 | 14:36 | 02:41 |
| S | 21 | 08:01 | 16:58 | 14:52 | 03:58 |
| D | 22 | 08:02 | 16:57 | 15:12 | 05:19 |
| L | 23 | 08:04 | 16:56 | 15:39 | 06:45 |
| M | 24 | 08:05 | 16:56 | 16:15 | 08:12 |
| M | 25 | 08:07 | 16:55 | 17:06 | 09:36 |
| J | 26 | 08:08 | 16:54 | 18:15 | 10:46 |
| V | 27 | 08:09 | 16:53 | 19:37 | 11:39 |
| S | 28 | 08:11 | 16:53 | 21:04 | 12:16 |
| D | 29 | 08:12 | 16:52 | 22:29 | 12:43 |
| L | 30 | 08:13 | 16:51 | 23:51 | 13:03 |

◑ DERNIER QUARTIER le 01
● NOUVELLE LUNE le 09
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 24

## DÉCEMBRE

| Dates | | Soleil | | Lune | |
|---|---|---|---|---|---|
| | | L | C | L | C |
| M | 1 | 08:15 | 16:51 | | 13:20 |
| M | 2 | 08:16 | 16:50 | 01:07 | 13:35 |
| J | 3 | 08:17 | 16:50 | 02:21 | 13:50 |
| V | 4 | 08:18 | 16:49 | 03:35 | 14:05 |
| S | 5 | 08:19 | 16:49 | 04:47 | 14:23 |
| D | 6 | 08:21 | 16:49 | 06:00 | 14:45 |
| L | 7 | 08:22 | 16:49 | 07:12 | 15:13 |
| M | 8 | 08:23 | 16:48 | 08:19 | 15:49 |
| M | 9 | 08:24 | 16:48 | 09:19 | 16:35 |
| J | 10 | 08:25 | 16:48 | 10:08 | 17:32 |
| V | 11 | 08:26 | 16:48 | 10:46 | 18:36 |
| S | 12 | 08:27 | 16:48 | 11:16 | 19:45 |
| D | 13 | 08:28 | 16:48 | 11:38 | 20:54 |
| L | 14 | 08:28 | 16:48 | 11:56 | 22:03 |
| M | 15 | 08:29 | 16:48 | 12:12 | 23:13 |
| M | 16 | 08:30 | 16:49 | 12:26 | |
| J | 17 | 08:31 | 16:49 | 12:40 | 00:23 |
| V | 18 | 08:31 | 16:49 | 12:55 | 01:36 |
| S | 19 | 08:32 | 16:49 | 13:13 | 02:52 |
| D | 20 | 08:33 | 16:50 | 13:35 | 04:13 |
| L | 21 | 08:33 | 16:50 | 14:05 | 05:38 |
| M | 22 | 08:34 | 16:51 | 14:47 | 07:04 |
| M | 23 | 08:34 | 16:51 | 15:48 | 08:21 |
| J | 24 | 08:35 | 16:52 | 17:05 | 09:24 |
| V | 25 | 08:35 | 16:53 | 18:33 | 10:10 |
| S | 26 | 08:35 | 16:53 | 20:04 | 10:42 |
| D | 27 | 08:35 | 16:54 | 21:31 | 11:06 |
| L | 28 | 08:36 | 16:55 | 22:52 | 11:25 |
| M | 29 | 08:36 | 16:56 | | 11:41 |
| M | 30 | 08:36 | 16:56 | 00:09 | 11:56 |
| J | 31 | 08:36 | 16:57 | 01:25 | 12:11 |

◑ DERNIER QUARTIER le 01
● NOUVELLE LUNE le 09
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 24
◑ DERNIER QUARTIER le 30

Les heures sont locales, elles tiennent compte du lieu de la commune mais aussi du fuseau horaire de celle-ci.