

LEVERS et COUCHERS SOLEIL - LUNE GAGNY 2026

par www.calendriergratuit.fr

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:41	17:05	14:32	07:00	
V 2	08:41	17:06	15:35	08:16	
S 3	08:41	17:07	16:53	09:15	
D 4	08:41	17:08	18:19	09:56	
L 5	08:40	17:09	19:46	10:25	
M 6	08:40	17:10	21:07	10:46	
M 7	08:40	17:12	22:24	11:03	
J 8	08:39	17:13	23:37	11:17	
V 9	08:39	17:14		11:31	
S 10	08:39	17:15	00:47	11:44	
D 11	08:38	17:17	01:57	11:59	
L 12	08:37	17:18	03:07	12:16	
M 13	08:37	17:19	04:17	12:38	
M 14	08:36	17:21	05:27	13:08	
J 15	08:36	17:22	06:31	13:47	
V 16	08:35	17:23	07:29	14:37	
S 17	08:34	17:25	08:15	15:39	
D 18	08:33	17:26	08:51	16:50	
L 19	08:32	17:28	09:18	18:05	
M 20	08:31	17:29	09:40	19:21	
M 21	08:31	17:31	09:57	20:36	
J 22	08:30	17:32	10:12	21:53	
V 23	08:28	17:34	10:26	23:09	
S 24	08:27	17:35	10:41		
D 25	08:26	17:37	10:57	00:27	
L 26	08:25	17:39	11:18	01:50	
M 27	08:24	17:40	11:45	03:14	
M 28	08:23	17:42	12:22	04:39	
J 29	08:22	17:43	13:15	05:58	
V 30	08:20	17:45	14:25	07:02	
S 31	08:19	17:47	15:47	07:50	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:18	17:48	17:14	08:23	
L 2	08:16	17:50	18:38	08:48	
M 3	08:15	17:52	19:58	09:06	
M 4	08:13	17:53	21:15	09:22	
J 5	08:12	17:55	22:27	09:36	
V 6	08:10	17:56	23:40	09:49	
S 7	08:09	17:58		10:03	
D 8	08:07	18:00	00:51	10:20	
L 9	08:06	18:01	02:02	10:40	
M 10	08:04	18:03	03:12	11:06	
M 11	08:02	18:05	04:19	11:41	
J 12	08:01	18:06	05:20	12:26	
V 13	07:59	18:08	06:10	13:25	
S 14	07:57	18:10	06:50	14:32	
D 15	07:56	18:11	07:21	15:46	
L 16	07:54	18:13	07:44	17:03	
M 17	07:52	18:15	08:03	18:20	
M 18	07:50	18:16	08:18	19:38	
J 19	07:48	18:18	08:33	20:56	
V 20	07:47	18:19	08:48	22:15	
S 21	07:45	18:21	09:04	23:38	
D 22	07:43	18:23	09:23		
L 23	07:41	18:24	09:48	01:02	
M 24	07:39	18:26	10:21	02:26	
M 25	07:37	18:28	11:07	03:47	
J 26	07:35	18:29	12:10	04:54	
V 27	07:33	18:31	13:26	05:46	
S 28	07:31	18:32	14:49	06:23	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:29	18:34	16:13	06:50	
L 2	07:27	18:36	17:34	07:10	
M 3	07:25	18:37	18:51	07:27	
M 4	07:23	18:39	20:06	07:41	
J 5	07:21	18:40	21:19	07:55	
V 6	07:19	18:42	22:31	08:08	
S 7	07:17	18:43	23:44	08:24	
D 8	07:15	18:45		08:43	
L 9	07:13	18:46	00:55	09:07	
M 10	07:11	18:48	02:04	09:38	
M 11	07:09	18:50	03:08	10:18	
J 12	07:07	18:51	04:02	11:11	
V 13	07:05	18:53	04:46	12:13	
S 14	07:03	18:54	05:20	13:25	
D 15	07:01	18:56	05:46	14:40	
L 16	06:59	18:57	06:06	15:57	
M 17	06:57	18:59	06:23	17:15	
M 18	06:55	19:00	06:39	18:34	
J 19	06:52	19:02	06:54	19:55	
V 20	06:50	19:03	07:10	21:18	
S 21	06:48	19:05	07:28	22:44	
D 22	06:46	19:06	07:51		
L 23	06:44	19:08	08:22	00:12	
M 24	06:42	19:09	09:05	01:36	
M 25	06:40	19:11	10:03	02:48	
J 26	06:38	19:12	11:15	03:45	
V 27	06:36	19:14	12:35	04:25	
S 28	06:33	19:15	13:57	04:54	
D 29	07:31	20:17	16:17	06:16	
L 30	07:29	20:18	17:35	06:33	
M 31	07:27	20:20	18:48	06:48	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:25	20:21	20:01	07:01	
J 2	07:23	20:23	21:13	07:15	
V 3	07:21	20:24	22:25	07:30	
S 4	07:19	20:26	23:38	07:48	
D 5	07:17	20:27		08:09	
L 6	07:15	20:29	00:48	08:37	
M 7	07:13	20:30	01:55	09:14	
M 8	07:11	20:32	02:53	10:01	
J 9	07:09	20:33	03:41	11:00	
V 10	07:06	20:35	04:18	12:06	
S 11	07:04	20:36	04:47	13:19	
D 12	07:02	20:38	05:09	14:33	
L 13	07:00	20:39	05:27	15:50	
M 14	06:58	20:41	05:43	17:07	
M 15	06:56	20:42	05:58	18:26	
J 16	06:54	20:44	06:13	19:49	
V 17	06:53	20:45	06:31	21:16	
S 18	06:51	20:47	06:52	22:45	
D 19	06:49	20:48	07:21		
L 20	06:47	20:50	08:00	00:14	
M 21	06:45	20:51	08:54	01:35	
M 22	06:43	20:53	10:04	02:38	
J 23	06:41	20:54	11:24	03:25	
V 24	06:39	20:56	12:46	03:58	
S 25	06:37	20:57	14:07	04:21	
D 26	06:36	20:59	15:24	04:40	
L 27	06:34	21:00	16:37	04:55	
M 28	06:32	21:02	17:50	05:09	
M 29	06:30	21:03	19:01	05:23	
J 30	06:29	21:05	20:12	05:37	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:27	21:06	21:24	05:53	
S 2	06:25	21:08	22:34	06:13	
D 3	06:23	21:09	23:43	06:39	
L 4	06:22	21:11		07:13	
M 5	06:20	21:12	00:44	07:56	
M 6	06:19	21:13	01:36	08:51	
J 7	06:17	21:15	02:16	09:54	
V 8	06:15	21:16	02:47	11:04	
S 9	06:14	21:18	03:11	12:16	
D 10	06:12	21:19	03:31	13:30	
L 11	06:11	21:21	03:47	14:44	
M 12	06:10	21:22	04:02	16:00	
M 13	06:08	21:23	04:17	17:20	
J 14	06:07	21:25	04:33	18:43	
V 15	06:05	21:26	04:52	20:11	
S 16	06:04	21:27	05:17	21:42	
D 17	06:03	21:29	05:51	23:09	
L 18	06:02	21:30	06:39		
M 19	06:00	21:31	07:45	00:23	
M 20	05:59	21:33	09:05	01:19	
J 21	05:58	21:34	10:30	01:58	
V 22	05:57	21:35	11:54	02:25	
S 23	05:56	21:36	13:14	02:45	
D 24	05:55	21:38	14:28	03:02	
L 25	05:54	21:39	15:41	03:17	
M 26	05:53	21:40	16:52	03:30	
M 27	05:52	21:41	18:02	03:44	
J 28	05:51	21:42	19:13	04:00	
V 29	05:50	21:43	20:24	04:18	
S 30	05:50	21:44	21:33	04:42	
D 31	05:49	21:45	22:36	05:13	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L 1	05:48	21:46	23:31	05:54	07:46
M 2	05:48	21:47		06:45	
M 3	05:47	21:48	00:15	07:46	
J 4	05:46	21:49	00:49	08:54	
V 5	05:46	21:50	01:15	10:05	
S 6	05:45	21:51	01:35	11:17	
D 7	05:45	21:52	01:52	12:29	
L 8	05:45	21:52	02:07	13:42	
M 9	05:44	21:53	02:21	14:57	
M 10	05:44	21:54	02:36	16:16	
J 11	05:44	21:54	02:53	17:40	
V 12	05:43	21:55	03:15	19:08	
S 13	05:43	21:56	03:44	20:36	
D 14	05:43	21:56	04:24	21:58	
L 15	05:43	21:57	05:22	23:04	
M 16	05:43	21:57	06:36	23:52	
M 17	05:43	21:58	08:02		
J 18	05:43	21:58	09:31	00:24	
V 19	05:43	21:58	10:55	00:48	
S 20	05:43	21:59	12:14	01:07	
D 21	05:44	21:59	13:30	01:23	
L 22	05:44	21:59	14:41	01:37	
M 23	05:44	21:59	15:53	01:51	
M 24	05:44	21:59	17:04	02:06	
J 25	05:45	21:59	18:14	02:23	
V 26	05:45	21:59	19:24	02:46	
S 27	05:46	21:59	20:29	03:14	
D 28	05:46	21:59	21:27	03:52	
L 29	05:47	21:59	22:14	04:40	
M 30	05:47	21:59	22:51	05:38	
● DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
● PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					