

LEVERS et COUCHERS SOLEIL - LUNE GUSTAVIA 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	06:41	17:48	15:58	04:45	
V 2	06:41	17:49	17:05	05:53	
S 3	06:42	17:49	18:13	06:57	
D 4	06:42	17:50	19:20	07:54	
L 5	06:42	17:51	20:22	08:43	
M 6	06:42	17:51	21:19	09:26	
M 7	06:43	17:52	22:12	10:04	
J 8	06:43	17:52	23:03	10:39	
V 9	06:43	17:53	23:52	11:13	
S 10	06:43	17:54		11:46	
D 11	06:43	17:54	00:41	12:20	
L 12	06:44	17:55	01:32	12:58	
M 13	06:44	17:56	02:23	13:39	
M 14	06:44	17:56	03:16	14:23	
J 15	06:44	17:57	04:09	15:12	
V 16	06:44	17:57	05:03	16:05	
S 17	06:44	17:58	05:54	17:00	
D 18	06:44	17:59	06:41	17:56	
L 19	06:44	17:59	07:26	18:52	
M 20	06:44	18:00	08:06	19:47	
M 21	06:44	18:01	08:44	20:40	
J 22	06:44	18:01	09:20	21:33	
V 23	06:44	18:02	09:56	22:27	
S 24	06:44	18:02	10:33	23:23	
D 25	06:44	18:03	11:13		
L 26	06:43	18:03	11:56	00:21	
M 27	06:43	18:04	12:46	01:23	
M 28	06:43	18:05	13:43	02:28	
J 29	06:43	18:05	14:45	03:35	
V 30	06:43	18:06	15:52	04:39	
S 31	06:42	18:06	16:58	05:39	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:42	18:07	18:02	06:30	
L 2	06:42	18:07	19:02	07:17	
M 3	06:42	18:08	19:58	07:57	
M 4	06:41	18:08	20:51	08:33	
J 5	06:41	18:09	21:42	09:09	
V 6	06:41	18:09	22:32	09:43	
S 7	06:40	18:10	23:23	10:17	
D 8	06:40	18:10		10:54	
L 9	06:39	18:11	00:14	11:34	
M 10	06:39	18:11	01:07	12:16	
M 11	06:39	18:12	02:00	13:04	
J 12	06:38	18:12	02:54	13:55	
V 13	06:38	18:12	03:46	14:50	
S 14	06:37	18:13	04:34	15:46	
D 15	06:37	18:13	05:20	16:42	
L 16	06:36	18:14	06:02	17:38	
M 17	06:36	18:14	06:42	18:32	
M 18	06:35	18:14	07:20	19:27	
J 19	06:34	18:15	07:56	20:21	
V 20	06:34	18:15	08:33	21:18	
S 21	06:33	18:16	09:13	22:16	
D 22	06:33	18:16	09:55	23:17	
L 23	06:32	18:16	10:43		
M 24	06:31	18:17	11:37	00:21	
M 25	06:31	18:17	12:35	01:26	
J 26	06:30	18:17	13:39	02:29	
V 27	06:29	18:18	14:44	03:29	
S 28	06:29	18:18	15:48	04:22	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:28	18:18	16:48	05:09	
L 2	06:27	18:19	17:45	05:51	
M 3	06:27	18:19	18:38	06:29	
M 4	06:26	18:19	19:31	07:04	
J 5	06:25	18:19	20:21	07:39	
V 6	06:25	18:20	21:13	08:13	
S 7	06:24	18:20	22:04	08:50	
D 8	06:23	18:20	22:57	09:29	
L 9	06:22	18:20	23:51	10:10	
M 10	06:22	18:21		10:56	
M 11	06:21	18:21	00:44	11:46	
J 12	06:20	18:21	01:36	12:38	
V 13	06:19	18:21	02:26	13:33	
S 14	06:18	18:22	03:13	14:29	
D 15	06:18	18:22	03:56	15:25	
L 16	06:17	18:22	04:36	16:19	
M 17	06:16	18:22	05:15	17:15	
M 18	06:15	18:23	05:52	18:10	
J 19	06:14	18:23	06:29	19:07	
V 20	06:14	18:23	07:09	20:06	
S 21	06:13	18:23	07:52	21:08	
D 22	06:12	18:23	08:39	22:13	
L 23	06:11	18:24	09:32	23:19	
M 24	06:10	18:24	10:30		
M 25	06:10	18:24	11:33	00:24	
J 26	06:09	18:24	12:37	01:24	
V 27	06:08	18:24	13:40	02:18	
S 28	06:07	18:25	14:40	03:06	
D 29	06:06	18:25	15:37	03:49	
L 30	06:06	18:25	16:30	04:27	
M 31	06:05	18:25	17:22	05:03	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:04	18:25	18:12	05:37	
J 2	06:03	18:26	19:03	06:11	
V 3	06:02	18:26	19:55	06:47	
S 4	06:02	18:26	20:47	07:25	
D 5	06:01	18:26	21:41	08:05	
L 6	06:00	18:27	22:34	08:50	
M 7	05:59	18:27	23:27	09:38	
M 8	05:58	18:27		10:29	
J 9	05:58	18:27	00:17	11:23	
V 10	05:57	18:27	01:05	12:17	
S 11	05:56	18:28	01:49	13:12	
D 12	05:55	18:28	02:29	14:06	
L 13	05:55	18:28	03:08	15:00	
M 14	05:54	18:28	03:46	15:55	
M 15	05:53	18:29	04:23	16:50	
J 16	05:53	18:29	05:02	17:49	
V 17	05:52	18:29	05:43	18:51	
S 18	05:51	18:29	06:29	19:57	
D 19	05:50	18:30	07:22	21:05	
L 20	05:50	18:30	08:20	22:13	
M 21	05:49	18:30	09:24	23:17	
M 22	05:48	18:30	10:29		
J 23	05:48	18:31	11:34	00:14	
V 24	05:47	18:31	12:35	01:05	
S 25	05:47	18:31	13:33	01:49	
D 26	05:46	18:31	14:26	02:28	
L 27	05:45	18:32	15:18	03:04	
M 28	05:45	18:32	16:08	03:38	
M 29	05:44	18:32	16:58	04:12	
J 30	05:44	18:33	17:49	04:46	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 23					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	05:43	18:33	18:40	05:23	
S 2	05:42	18:33	19:34	06:02	
D 3	05:42	18:34	20:27	06:45	
L 4	05:41	18:34	21:20	07:33	
M 5	05:41	18:34	22:11	08:22	
M 6	05:40	18:35	23:00	09:15	
J 7	05:40	18:35	23:44	10:09	
V 8	05:40	18:35		11:03	
S 9	05:39	18:36	00:25	11:56	
D 10	05:39	18:36	01:04	12:48	
L 11	05:38	18:36	01:41	13:41	
M 12	05:38	18:37	02:16	14:35	
M 13	05:38	18:37	02:53	15:31	
J 14	05:37	18:37	03:33	16:30	
V 15	05:37	18:38	04:16	17:35	
S 16	05:37	18:38	05:06	18:42	
D 17	05:36	18:38	06:03	19:53	
L 18	05:36	18:39	07:06	21:01	
M 19	05:36	18:39	08:13	22:04	
M 20	05:35	18:40	09:22	22:59	
J 21	05:35	18:40	10:26	23:47	
V 22	05:35	18:40	11:27		
S 23	05:35	18:41	12:22	00:28	
D 24	05:35	18:41	13:15	01:05	
L 25	05:34	18:41	14:05	01:40	
M 26	05:34	18:42	14:55	02:13	
M 27	05:34	18:42	15:45	02:48	
J 28	05:34	18:43	16:36	03:24	
V 29	05:34	18:43	17:29	04:02	
S 30	05:34	18:43	18:21	04:43	
D 31	05:34	18:44	19:15	05:29	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L	1	05:34	18:44	20:07	06:18
M	2	05:34	18:44	20:56	07:10
M	3	05:34	18:45	21:42	08:03
J	4	05:34	18:45	22:23	08:57
V	5	05:34	18:45	23:02	09:50
S	6	05:34	18:46	23:39	10:41
D	7	05:34	18:46		11:33
L	8	05:34	18:46	00:13	12:24
M	9	05:34	18:47	00:49	13:18
M	10	05:34	18:47	01:26	14:14
J	11	05:34	18:47	02:06	15:14
V	12	05:34	18:48	02:52	16:19
S	13	05:34	18:48	03:44	17:28
D	14	05:34	18:48	04:44	18:38
L	15	05:34	18:49	05:51	19:45
M	16	05:35	18:49	07:00	20:45
M	17	05:35	18:49	08:09	21:38
J	18	05:35	18:49	09:13	22:23
V	19	05:35	18:50	10:13	23:03
S	20	05:35	18:50	11:08	23:40
D	21	05:36	18:50	12:01	
L	22	05:36	18:50	12:51	00:14
M	23	05:36	18:50	13:42	00:48
M	24	05:36	18:51	14:32	01:24
J	25	05:36	18:51	15:24	02:02
V	26	05:37	18:51	16:17	02:41
S	27	05:37	18:51	17:10	03:26
D	28	05:37	18:51	18:03	04:14
L	29	05:38	18:51	18:53	05:06
M	30	05:38	18:51	19:40	05:59
☉ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 14					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 29					