

LEVERS et COUCHERS SOLEIL - LUNE LA TOUR-DU-PIN 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:16	17:06	14:38	06:29	
V 2	08:16	17:07	15:42	07:45	
S 3	08:16	17:08	16:58	08:44	
D 4	08:16	17:09	18:21	09:29	
L 5	08:16	17:10	19:43	10:02	
M 6	08:16	17:11	21:01	10:27	
M 7	08:16	17:12	22:14	10:47	
J 8	08:15	17:13	23:24	11:05	
V 9	08:15	17:15		11:21	
S 10	08:15	17:16	00:31	11:38	
D 11	08:14	17:17	01:38	11:55	
L 12	08:14	17:18	02:44	12:16	
M 13	08:13	17:19	03:51	12:41	
M 14	08:13	17:21	04:57	13:13	
J 15	08:12	17:22	06:00	13:54	
V 16	08:12	17:23	06:56	14:45	
S 17	08:11	17:24	07:44	15:46	
D 18	08:10	17:26	08:22	16:53	
L 19	08:10	17:27	08:53	18:05	
M 20	08:09	17:28	09:18	19:17	
M 21	08:08	17:30	09:39	20:29	
J 22	08:07	17:31	09:57	21:42	
V 23	08:06	17:33	10:14	22:54	
S 24	08:06	17:34	10:32		
D 25	08:05	17:35	10:52	00:09	
L 26	08:04	17:37	11:17	01:28	
M 27	08:03	17:38	11:47	02:48	
M 28	08:02	17:40	12:28	04:09	
J 29	08:01	17:41	13:23	05:26	
V 30	07:59	17:43	14:31	06:30	
S 31	07:58	17:44	15:51	07:21	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:57	17:45	17:14	07:58	
L 2	07:56	17:47	18:34	08:26	
M 3	07:55	17:48	19:51	08:49	
M 4	07:53	17:50	21:03	09:08	
J 5	07:52	17:51	22:13	09:25	
V 6	07:51	17:53	23:21	09:41	
S 7	07:49	17:54		09:59	
D 8	07:48	17:56	00:29	10:18	
L 9	07:47	17:57	01:37	10:42	
M 10	07:45	17:59	02:44	11:11	
M 11	07:44	18:00	03:49	11:48	
J 12	07:42	18:01	04:47	12:34	
V 13	07:41	18:03	05:39	13:32	
S 14	07:39	18:04	06:20	14:37	
D 15	07:38	18:06	06:54	15:48	
L 16	07:36	18:07	07:21	17:01	
M 17	07:35	18:09	07:43	18:14	
M 18	07:33	18:10	08:03	19:29	
J 19	07:31	18:12	08:20	20:43	
V 20	07:30	18:13	08:39	21:59	
S 21	07:28	18:14	08:58	23:17	
D 22	07:26	18:16	09:21		
L 23	07:25	18:17	09:49	00:37	
M 24	07:23	18:19	10:26	01:58	
M 25	07:21	18:20	11:15	03:15	
J 26	07:20	18:21	12:17	04:22	
V 27	07:18	18:23	13:31	05:16	
S 28	07:16	18:24	14:51	05:57	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:14	18:26	16:10	06:27	
L 2	07:13	18:27	17:28	06:51	
M 3	07:11	18:28	18:41	07:11	
M 4	07:09	18:30	19:53	07:29	
J 5	07:07	18:31	21:02	07:46	
V 6	07:05	18:33	22:11	08:02	
S 7	07:04	18:34	23:20	08:21	
D 8	07:02	18:35		08:43	
L 9	07:00	18:37	00:28	09:10	
M 10	06:58	18:38	01:35	09:44	
M 11	06:56	18:39	02:36	10:26	
J 12	06:54	18:41	03:31	11:18	
V 13	06:52	18:42	04:16	12:19	
S 14	06:50	18:43	04:52	13:28	
D 15	06:49	18:45	05:22	14:39	
L 16	06:47	18:46	05:46	15:53	
M 17	06:45	18:47	06:06	17:07	
M 18	06:43	18:49	06:25	18:22	
J 19	06:41	18:50	06:43	19:40	
V 20	06:39	18:51	07:03	20:59	
S 21	06:37	18:53	07:25	22:21	
D 22	06:35	18:54	07:52	23:44	
L 23	06:33	18:55	08:26		
M 24	06:31	18:57	09:12	01:05	
M 25	06:30	18:58	10:10	02:16	
J 26	06:28	18:59	11:21	03:14	
V 27	06:26	19:00	12:38	03:57	
S 28	06:24	19:02	13:56	04:30	
D 29	07:22	20:03	16:13	05:56	
L 30	07:20	20:04	17:26	06:16	
M 31	07:18	20:06	18:36	06:34	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:16	20:07	19:46	06:51	
J 2	07:14	20:08	20:55	07:08	
V 3	07:12	20:10	22:03	07:26	
S 4	07:11	20:11	23:12	07:47	
D 5	07:09	20:12		08:11	
L 6	07:07	20:13	00:19	08:42	
M 7	07:05	20:15	01:24	09:21	
M 8	07:03	20:16	02:21	10:09	
J 9	07:01	20:17	03:10	11:06	
V 10	06:59	20:19	03:49	12:11	
S 11	06:58	20:20	04:21	13:20	
D 12	06:56	20:21	04:46	14:31	
L 13	06:54	20:23	05:08	15:44	
M 14	06:52	20:24	05:28	16:57	
M 15	06:50	20:25	05:46	18:13	
J 16	06:49	20:26	06:05	19:32	
V 17	06:47	20:28	06:26	20:54	
S 18	06:45	20:29	06:51	22:20	
D 19	06:43	20:30	07:23	23:45	
L 20	06:42	20:32	08:05		
M 21	06:40	20:33	09:02	01:03	
M 22	06:38	20:34	10:10	02:07	
J 23	06:37	20:35	11:28	02:56	
V 24	06:35	20:37	12:46	03:33	
S 25	06:33	20:38	14:03	04:00	
D 26	06:32	20:39	15:17	04:22	
L 27	06:30	20:41	16:27	04:40	
M 28	06:28	20:42	17:36	04:57	
M 29	06:27	20:43	18:43	05:14	
J 30	06:25	20:45	19:51	05:32	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:24	20:46	20:59	05:51	
S 2	06:22	20:47	22:07	06:14	
D 3	06:21	20:48	23:12	06:43	
L 4	06:19	20:50		07:19	
M 5	06:18	20:51	00:12	08:04	
M 6	06:17	20:52	01:04	08:58	
J 7	06:15	20:53	01:47	09:59	
V 8	06:14	20:55	02:20	11:06	
S 9	06:12	20:56	02:47	12:15	
D 10	06:11	20:57	03:10	13:25	
L 11	06:10	20:58	03:30	14:36	
M 12	06:09	21:00	03:48	15:49	
M 13	06:07	21:01	04:06	17:04	
J 14	06:06	21:02	04:26	18:23	
V 15	06:05	21:03	04:49	19:48	
S 16	06:04	21:04	05:18	21:14	
D 17	06:03	21:05	05:55	22:38	
L 18	06:02	21:07	06:46	23:51	
M 19	06:01	21:08	07:52		
M 20	06:00	21:09	09:10	00:49	
J 21	05:59	21:10	10:31	01:31	
V 22	05:58	21:11	11:51	02:02	
S 23	05:57	21:12	13:07	02:26	
D 24	05:56	21:13	14:19	02:46	
L 25	05:55	21:14	15:28	03:04	
M 26	05:54	21:15	16:35	03:21	
M 27	05:54	21:16	17:43	03:38	
J 28	05:53	21:17	18:50	03:57	
V 29	05:52	21:18	19:58	04:18	
S 30	05:51	21:19	21:03	04:45	
D 31	05:51	21:20	22:05	05:19	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L 1	05:50	21:21	22:59	06:01	
M 2	05:50	21:22	23:45	06:52	
M 3	05:49	21:23		07:52	
J 4	05:49	21:23	00:21	08:57	
V 5	05:48	21:24	00:50	10:04	
S 6	05:48	21:25	01:14	11:13	
D 7	05:48	21:26	01:34	12:22	
L 8	05:47	21:26	01:52	13:32	
M 9	05:47	21:27	02:09	14:43	
M 10	05:47	21:28	02:28	15:59	
J 11	05:47	21:28	02:48	17:18	
V 12	05:46	21:29	03:14	18:42	
S 13	05:46	21:29	03:46	20:07	
D 14	05:46	21:30	04:30	21:27	
L 15	05:46	21:30	05:29	22:33	
M 16	05:46	21:31	06:42	23:24	
M 17	05:46	21:31	08:05		
J 18	05:46	21:31	09:30	00:00	
V 19	05:47	21:32	10:50	00:28	
S 20	05:47	21:32	12:05	00:50	
D 21	05:47	21:32	13:17	01:09	
L 22	05:47	21:32	14:26	01:26	
M 23	05:47	21:33	15:34	01:44	
M 24	05:48	21:33	16:41	02:02	
J 25	05:48	21:33	17:49	02:22	
V 26	05:48	21:33	18:55	02:48	
S 27	05:49	21:33	19:59	03:19	
D 28	05:49	21:33	20:55	03:59	
L 29	05:50	21:33	21:44	04:47	
M 30	05:50	21:32	22:22	05:45	
☉ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					