LEVERS et COUCHERS SOLEIL - LUNE LE ROBERT 2026

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JANVIER

Dates		Soleil		Lune	
		L	C	L	C
J	1	06:27	17:46	15:58	04:29
V	2	06:28	17:47	17:05	05:38
S	3	06:28	17:48	18:12	06:42
D	4	06:28	17:48	19:18	07:40
L	5	06:29	17:49	20:18	08:30
M	6	06:29	17:49	21:14	09:15
M	7	06:29	17:50	22:05	09:54
J	8	06:30	17:50	22:54	10:31
V	9	06:30	17:51	23:42	11:06
S	10	06:30	17:52		11:41
D	11	06:30	17:52	00:30	12:17
L	12	06:30	17:53	01:19	12:55
M	13	06:31	17:53	02:09	13:37
M	14	06:31	17:54	03:01	14:22
J	15	06:31	17:55	03:54	15:12
V	16	06:31	17:55	04:47	16:05
S	17	06:31	17:56	05:38	17:00
D	18	06:31	17:56	06:26	17:55
L	19	06:31	17:57	07:12	18:49
M	20	06:31	17:57	07:54	19:42
M	21	06:31	17:58	08:33	20:34
J	22	06:31	17:58	09:11	21:26
V	23	06:31	17:59	09:49	22:17
S	24	06:31	17:59	10:27	23:12
D	25	06:31	18:00	11:08	
L	26	06:31	18:00	11:54	00:08
M	27	06:31	18:01	12:45	01:09
M	28	06:31	18:01	13:42	02:13
J	29	06:31	18:02	14:45	03:19
V	30	06:31	18:02	15:51	04:23
S	31	06:31	18:03	16:57	05:24

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 18
◐ PREMIER QUARTIER le 26

FÉVRIER

Dates		Soleil		Lune	
		L	C	L	C
D	1	06:30	18:03	17:59	06:17
L	2	06:30	18:04	18:58	07:04
M	3	06:30	18:04	19:52	07:47
M	4	06:30	18:05	20:43	08:25
J	5	06:29	18:05	21:33	09:01
V	6	06:29	18:05	22:21	09:37
S	7	06:29	18:06	23:11	10:13
D	8	06:29	18:06		10:51
L	9	06:28	18:07	00:01	11:32
M	10	06:28	18:07	00:52	12:16
M	11	06:28	18:07	01:45	13:04
J	12	06:27	18:08	02:38	13:55
V	13	06:27	18:08	03:30	14:49
S	14	06:26	18:08	04:19	15:45
D	15	06:26	18:09	05:06	16:39
L	16	06:26	18:09	05:50	17:34
M	17	06:25	18:09	06:30	18:27
M	18	06:25	18:10	07:10	19:20
J	19	06:24	18:10	07:48	20:13
V	20	06:24	18:10	08:27	21:07
S	21	06:23	18:10	09:08	22:04
D	22	06:23	18:11	09:52	23:03
L	23	06:22	18:11	10:41	
M	24	06:22	18:11	11:36	00:06
M	25	06:21	18:11	12:35	01:10
J	26	06:20	18:12	13:39	02:14
V	27	06:20	18:12	14:43	03:14
S	28	06:19	18:12	15:46	04:08

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 09
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 24

MARS

Dates		Soleil		Lune	
		L	C	L	C
D	1	06:19	18:12	16:44	04:56
L	2	06:18	18:13	17:40	05:40
M	3	06:18	18:13	18:31	06:19
M	4	06:17	18:13	19:22	06:56
J	5	06:16	18:13	20:11	07:33
V	6	06:16	18:13	21:01	08:09
S	7	06:15	18:13	21:51	08:46
D	8	06:14	18:14	22:42	09:26
L	9	06:14	18:14	23:35	10:09
M	10	06:13	18:14		10:56
M	11	06:12	18:14	00:28	11:46
J	12	06:12	18:14	01:20	12:38
V	13	06:11	18:14	02:10	13:33
S	14	06:10	18:14	02:58	14:27
D	15	06:10	18:15	03:43	15:21
L	16	06:09	18:15	04:24	16:15
M	17	06:08	18:15	05:04	17:08
M	18	06:08	18:15	05:44	18:02
J	19	06:07	18:15	06:23	18:57
V	20	06:06	18:15	07:04	19:55
S	21	06:05	18:15	07:48	20:55
D	22	06:05	18:15	08:37	21:58
L	23	06:04	18:16	09:31	23:03
M	24	06:03	18:16	10:30	
M	25	06:03	18:16	11:33	00:08
J	26	06:02	18:16	12:36	01:09
V	27	06:01	18:16	13:38	02:04
S	28	06:00	18:16	14:37	02:53
D	29	06:00	18:16	15:32	03:37
L	30	05:59	18:16	16:24	04:17
M	31	05:58	18:16	17:14	04:54

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 11
● NOUVELLE LUNE le 18
◐ PREMIER QUARTIER le 25

AVRIL

Dates		Soleil		Lune	
		L	C	L	C
M	1	05:58	18:17	18:03	05:30
J	2	05:57	18:17	18:52	06:06
V	3	05:56	18:17	19:43	06:43
S	4	05:55	18:17	20:33	07:22
D	5	05:55	18:17	21:26	08:04
L	6	05:54	18:17	22:19	08:49
M	7	05:53	18:17	23:12	09:38
M	8	05:53	18:17		10:29
J	9	05:52	18:18	00:02	11:22
V	10	05:51	18:18	00:50	12:15
S	11	05:51	18:18	01:35	13:09
D	12	05:50	18:18	02:17	14:02
L	13	05:49	18:18	02:57	14:54
M	14	05:49	18:18	03:36	15:48
M	15	05:48	18:18	04:15	16:41
J	16	05:47	18:19	04:55	17:39
V	17	05:47	18:19	05:39	18:38
S	18	05:46	18:19	06:26	19:43
D	19	05:46	18:19	07:20	20:50
L	20	05:45	18:19	08:19	21:57
M	21	05:44	18:19	09:24	23:01
M	22	05:44	18:20	10:29	23:59
J	23	05:43	18:20	11:33	
V	24	05:43	18:20	12:32	00:51
S	25	05:42	18:20	13:28	01:37
D	26	05:42	18:20	14:20	02:17
L	27	05:41	18:21	15:10	02:55
M	28	05:41	18:21	15:59	03:31
M	29	05:40	18:21	16:47	04:06
J	30	05:40	18:21	17:37	04:42

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 23

MAI

Dates		Soleil		Lune	
		L	C	L	C
V	1	05:39	18:21	18:27	05:20
S	2	05:39	18:22	19:19	06:01
D	3	05:38	18:22	20:12	06:44
L	4	05:38	18:22	21:05	07:32
M	5	05:38	18:22	21:56	08:22
M	6	05:37	18:23	22:44	09:15
J	7	05:37	18:23	23:30	10:08
V	8	05:36	18:23		11:00
S	9	05:36	18:23	00:12	11:52
D	10	05:36	18:24	00:52	12:43
L	11	05:35	18:24	01:30	13:35
M	12	05:35	18:24	02:08	14:27
M	13	05:35	18:25	02:46	15:21
J	14	05:34	18:25	03:28	16:19
V	15	05:34	18:25	04:13	17:22
S	16	05:34	18:25	05:04	18:28
D	17	05:34	18:26	06:02	19:37
L	18	05:33	18:26	07:06	20:45
M	19	05:33	18:26	08:13	21:49
M	20	05:33	18:27	09:20	22:45
J	21	05:33	18:27	10:24	23:34
V	22	05:33	18:27	11:23	
S	23	05:32	18:28	12:17	00:17
D	24	05:32	18:28	13:08	00:56
L	25	05:32	18:28	13:57	01:32
M	26	05:32	18:29	14:45	02:07
M	27	05:32	18:29	15:34	02:43
J	28	05:32	18:29	16:23	03:20
V	29	05:32	18:30	17:14	03:59
S	30	05:32	18:30	18:06	04:42
D	31	05:32	18:30	18:59	05:29

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 09
● NOUVELLE LUNE le 16
◐ PREMIER QUARTIER le 23
○ PLEINE LUNE le 31

JUIN

Dates		Soleil		Lune	
		L	C	L	C
L	1	05:32	18:31	19:51	06:18
M	2	05:32	18:31	20:41	07:10
M	3	05:32	18:31	21:27	08:03
J	4	05:32	18:31	22:10	08:55
V	5	05:32	18:32	22:50	09:47
S	6	05:32	18:32	23:28	10:37
D	7	05:32	18:32		11:27
L	8	05:32	18:33	00:04	12:17
M	9	05:32	18:33	00:41	13:09
M	10	05:32	18:33	01:20	14:03
J	11	05:32	18:34	02:02	15:02
V	12	05:32	18:34	02:49	16:05
S	13	05:33	18:34	03:43	17:13
D	14	05:33	18:34	04:44	18:22
L	15	05:33	18:35	05:51	19:29
M	16	05:33	18:35	07:00	20:30
M	17	05:33	18:35	08:07	21:24
J	18	05:33	18:35	09:10	22:11
V	19	05:34	18:36	10:08	22:53
S	20	05:34	18:36	11:02	23:31
D	21	05:34	18:36	11:53	
L	22	05:34	18:36	12:41	00:07
M	23	05:35	18:37	13:30	00:43
M	24	05:35	18:37	14:19	01:20
J	25	05:35	18:37	15:10	01:59
V	26	05:35	18:37	16:02	02:40
S	27	05:36	18:37	16:55	03:26
D	28	05:36	18:37	17:47	04:14
L	29	05:36	18:38	18:37	05:06
M	30	05:36	18:38	19:25	05:58

◑ DERNIER QUARTIER le 08
● NOUVELLE LUNE le 14
◐ PREMIER QUARTIER le 21
○ PLEINE LUNE le 29

JUILLET

Dates		Soleil		Lune	
		L	C	L	C
M	1	05:37	18:38	20:09	06:51
J	2	05:37	18:38	20:50	07:44
V	3	05:37	18:38	21:28	08:34
S	4	05:37	18:38	22:05	09:24
D	5	05:38	18:38	22:41	10:13
L	6	05:38	18:38	23:18	11:03
M	7	05:38	18:38	23:57	11:55
M	8	05:39	18:38		12:49
J	9	05:39	18:38	00:40	13:49
V	10	05:39	18:38	01:29	14:52
S	11	05:40	18:38	02:25	16:00
D	12	05:40	18:38	03:28	17:07
L	13	05:40	18:38	04:36	18:11
M	14	05:40	18:38	05:45	19:09
M	15	05:41	18:38	06:51	20:00
J	16	05:41	18:38	07:53	20:45
V	17	05:41	18:38	08:50	21:26
S	18	05:42	18:37	09:43	22:04
D	19	05:42	18:37	10:34	22:41
L	20	05:42	18:37	11:24	23:18
M	21	05:43	18:37	12:14	23:57
M	22	05:43	18:37	13:05	
J	23	05:43	18:36	13:57	00:37
V	24	05:43	18:36	14:49	01:22
S	25	05:44	18:36	15:42	02:09
D	26	05:44	18:36	16:33	03:00
L	27	05:44	18:35	17:22	03:53
M	28	05:44	18:35	18:07	04:46
M	29	05:45	18:35	18:49	05:39
J	30	05:45	18:35	19:29	06:30
V	31	05:45	18:34	20:06	07:21

◑ DERNIER QUARTIER le 07
● NOUVELLE LUNE le 14
◐ PREMIER QUARTIER le 21
○ PLEINE LUNE le 29

AOÛT

Dates		Soleil		Lune	
		L	C	L	C
S	1	05:45	18:34	20:42	08:10
D	2	05:46	18:33	21:19	09:00
L	3	05:46	18:33	21:57	09:51
M	4	05:46	18:33	22:38	10:44
M	5	05:46	18:32	23:24	11:41
J	6	05:47	18:32		12:41
V	7	05:47	18:31	00:15	13:45
S	8	05:47	18:31	01:13	14:50
D	9	05:47	18:30	02:17	15:55
L	10	05:47	18:30	03:24	16:54
M	11	05:48	18:29	04:30	17:48
M	12	05:48	18:29	05:34	18:35
J	13	05:48	18:28	06:33	19:19
V	14	05:48	18:28	07:30	19:58
S	15	05:48	18:27	08:22	20:36
D	16	05:48	18:27	09:14	21:14
L	17	05:48	18:26	10:05	21:53
M	18	05:49	18:26	10:56	22:33
M	19	05:49	18:25	11:49	23:17
J	20	05:49	18:24	12:41	
V	21	05:49	18:24	13:35	00:03
S	22	05:49	18:23	14:26	00:53
D	23	05:49	18:22	15:16	01:45
L	24	05:49	18:22	16:03	02:38
M	25	05:49	18:21	16:46	03:32
M	26	05:50	18:21	17:27	04:24
J	27	05:50	18:20	18:05	05:15
V	28	05:50	18:19	18:42	06:06
S	29	05:50	18:18	19:19	06:56
D	30	05:50	18:18	19:57	07:47
L	31	05:50	18:17	20:37	08:40

◑ DERNIER QUARTIER le 05
● NOUVELLE LUNE le 12
◐ PREMIER QUARTIER le 19
○ PLEINE LUNE le 28

SEPTEMBRE

Dates		Soleil		Lune	
		L	C	L	C
M	1	05:50	18:16	21:22	09:36
M	2	05:50	18:16	22:11	10:35
J	3	05:50	18:15	23:06	11:37
V	4	05:50	18:14		12:41
S	5	05:50	18:13	00:07	13:44
D	6	05:50	18:13	01:11	14:44
L	7	05:50	18:12	02:16	15:38
M	8	05:51	18:11	03:19	16:27
M	9	05:51	18:10	04:19	17:11
J	10	05:51	18:10	05:16	17:52
V	11	05:51	18:09	06:09	18:30
S	12	05:51	18:08	07:02	19:09
D	13	05:51	18:07	07:54	19:47
L	14	05:51	18:07	08:46	20:27
M	15	05:51	18:06	09:39	21:10
M	16	05:51	18:05	10:32	21:56
J	17	05:51	18:04	11:25	22:45
V	18	05:51	18:04	12:18	23:36
S	19	05:51	18:03	13:09	
D	20	05:51	18:02	13:56	00:28
L	21	05:51	18:01	14:41	01:22
M	22	05:51	18:01	15:22	02:14
M	23	05:51	18:00	16:01	03:06
J	24	05:51	17:59	16:39	03:57
V	25	05:51	17:58	17:17	04:47
S	26	05:51	17:58	17:55	05:39
D	27	05:52	17:57	18:35	06:32
L	28	05:52	17:56	19:19	07:28
M	29	05:52	17:55	20:07	08:27
M	30	05:52	17:55	21:02	09:30

◑ DERNIER QUARTIER le 04
● NOUVELLE LUNE le 10
◐ PREMIER QUARTIER le 18
○ PLEINE LUNE le 26

OCTOBRE

Dates		Soleil		Lune	
		L	C	L	C
J	1	05:52	17:54	22:01	10:34
V	2	05:52	17:53	23:05	11:38
S	3	05:52	17:52		12:38
D	4	05:52	17:52	00:08	13:34
L	5	05:52	17:51	01:11	14:23
M	6	05:52	17:50	02:10	15:07
M	7	05:52	17:50	03:07	15:48
J	8	05:53	17:49	04:00	16:26
V	9	05:53	17:48	04:52	17:04
S	10	05:53	17:48	05:44	17:43
D	11	05:53	17:47	06:35	18:22
L	12	05:53	17:46	07:28	19:04
M	13	05:53	17:46	08:21	19:49
M	14	05:53	17:45	09:15	20:37
J	15	05:54	17:44	10:08	21:27
V	16	05:54	17:44	11:00	22:19
S	17	05:54	17:43	11:49	23:12
D	18	05:54	17:43	12:34	
L	19	05:54	17:42	13:16	00:04
M	20	05:55	17:42	13:56	00:55
M	21	05:55	17:41	14:33	01:46
J	22	05:55	17:40	15:11	02:35
V	23	05:55	17:40	15:48	03:27
S	24	05:55	17:39	16:27	04:19
D	25	05:56	17:39	17:11	05:14
L	26	05:56	17:38	17:58	06:13
M	27	05:56	17:38	18:52	07:16
M	28	05:57	17:38	19:52	08:22
J	29	05:57	17:37	20:56	09:29
V	30	05:57	17:37	22:02	10:32
S	31	05:57	17:36	23:05	11:30

◑ DERNIER QUARTIER le 03
● NOUVELLE LUNE le 10
◐ PREMIER QUARTIER le 18
○ PLEINE LUNE le 26

NOVEMBRE

Dates		Soleil		Lune	
		L	C	L	C
D	1	05:58	17:36		12:21
L	2	05:58	17:36	00:06	13:07
M	3	05:58	17:35	01:02	13:48
M	4	05:59	17:35	01:56	14:26
J	5	05:59	17:35	02:47	15:03
V	6	06:00	17:34	03:38	15:41
S	7	06:00	17:34	04:28	16:19
D	8	06:00	17:34	05:20	17:00
L	9	06:01	17:34	06:12	17:44
M	10	06:01	17:33	07:06	18:30
M	11	06:02	17:33	08:00	19:20
J	12	06:02	17:33	08:52	20:11
V	13	06:02	17:33	09:42	21:04
S	14	06:03	17:33	10:28	21:56
D	15	06:03	17:32	11:12	22:47
L	16	06:04	17:32	11:51	23:37
M	17	06:04	17:32	12:28	
M	18	06:05	17:32	13:05	00:25
J	19	06:05	17:32	13:42	01:15
V	20	06:06	17:32	14:19	02:05
S	21	06:06	17:32	15:00	02:57
D	22	06:07	17:32	15:45	03:54
L	23	06:07	17:32	16:36	04:55
M	24	06:08	17:32	17:34	06:01
M	25	06:08	17:32	18:38	07:09
J	26	06:09	17:32	19:46	08:16
V	27	06:09	17:33	20:53	09:19
S	28	06:10	17:33	21:58	10:15
D	29	06:10	17:33	22:57	11:04
L	30	06:11	17:33	23:52	11:47

◑ DERNIER QUARTIER le 01
● NOUVELLE LUNE le 09
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 24

DÉCEMBRE

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:12	17:33		12:27
M	2	06:12	17:33	00:44	13:05
J	3	06:13	17:34	01:35	13:42
V	4	06:13	17:34	02:25	14:19
S	5	06:14	17:34	03:16	14:58
D	6	06:14	17:34	04:07	15:41
L	7	06:15	17:35	05:00	16:26
M	8	06:15	17:35	05:54	17:15
M	9	06:16	17:35	06:46	18:06
J	10	06:17	17:36	07:37	18:58
V	11	06:17	17:36	08:25	19:50
S	12	06:18	17:36	09:09	20:41
D	13	06:18	17:37	09:49	21:31
L	14	06:19	17:37	10:27	22:19
M	15	06:19	17:38	11:03	23:07
M	16	06:20	17:38	11:38	23:55
J	17	06:20	17:38	12:13	
V	18	06:21	17:39	12:51	00:45
S	19	06:21	17:39	13:33	01:38
D	20	06:22	17:40	14:19	02:35
L	21	06:22	17:40	15:13	03:37
M	22	06:23	17:41	16:14	04:43
M	23	06:23	17:41	17:22	05:52
J	24	06:24	17:42	18:31	06:58
V	25	06:24	17:42	19:39	07:59
S	26	06:25	17:43	20:43	08:53
D	27	06:25	17:43	21:43	09:41
L	28	06:26	17:44	22:38	10:23
M	29	06:26	17:45	23:31	11:03
M	30	06:27	17:45		11:41
J	31	06:27	17:46	00:21	12:19

◑ DERNIER QUARTIER le 01
● NOUVELLE LUNE le 08
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 23
◑ DERNIER QUARTIER le 30

Les heures sont locales, elles tiennent compte du lieu de la commune mais aussi du fuseau horaire de celle-ci.