

LEVERS et COUCHERS SOLEIL - LUNE LIMOUX 2026

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| JANVIER                  |        |       |       |       |  |
|--------------------------|--------|-------|-------|-------|--|
| Dates                    | Soleil |       | Lune  |       |  |
|                          | L      | C     | L     | C     |  |
| J 1                      | 08:20  | 17:28 | 15:04 | 06:31 |  |
| V 2                      | 08:20  | 17:29 | 16:08 | 07:45 |  |
| S 3                      | 08:20  | 17:30 | 17:24 | 08:46 |  |
| D 4                      | 08:20  | 17:31 | 18:44 | 09:33 |  |
| L 5                      | 08:20  | 17:32 | 20:04 | 10:07 |  |
| M 6                      | 08:20  | 17:33 | 21:19 | 10:35 |  |
| M 7                      | 08:20  | 17:34 | 22:29 | 10:57 |  |
| J 8                      | 08:20  | 17:35 | 23:37 | 11:17 |  |
| V 9                      | 08:20  | 17:36 |       | 11:36 |  |
| S 10                     | 08:19  | 17:37 | 00:42 | 11:54 |  |
| D 11                     | 08:19  | 17:38 | 01:46 | 12:14 |  |
| L 12                     | 08:19  | 17:39 | 02:51 | 12:37 |  |
| M 13                     | 08:18  | 17:40 | 03:56 | 13:04 |  |
| M 14                     | 08:18  | 17:41 | 05:00 | 13:38 |  |
| J 15                     | 08:17  | 17:42 | 06:01 | 14:20 |  |
| V 16                     | 08:17  | 17:44 | 06:57 | 15:11 |  |
| S 17                     | 08:16  | 17:45 | 07:45 | 16:11 |  |
| D 18                     | 08:16  | 17:46 | 08:25 | 17:17 |  |
| L 19                     | 08:15  | 17:47 | 08:58 | 18:26 |  |
| M 20                     | 08:15  | 17:49 | 09:25 | 19:37 |  |
| M 21                     | 08:14  | 17:50 | 09:48 | 20:46 |  |
| J 22                     | 08:13  | 17:51 | 10:08 | 21:56 |  |
| V 23                     | 08:12  | 17:52 | 10:27 | 23:07 |  |
| S 24                     | 08:12  | 17:54 | 10:48 |       |  |
| D 25                     | 08:11  | 17:55 | 11:10 | 00:19 |  |
| L 26                     | 08:10  | 17:56 | 11:37 | 01:35 |  |
| M 27                     | 08:09  | 17:58 | 12:10 | 02:53 |  |
| M 28                     | 08:08  | 17:59 | 12:53 | 04:11 |  |
| J 29                     | 08:07  | 18:00 | 13:49 | 05:27 |  |
| V 30                     | 08:06  | 18:02 | 14:58 | 06:31 |  |
| S 31                     | 08:05  | 18:03 | 16:15 | 07:23 |  |
| ○ PLEINE LUNE le 03      |        |       |       |       |  |
| ● DERNIER QUARTIER le 10 |        |       |       |       |  |
| ● NOUVELLE LUNE le 18    |        |       |       |       |  |
| ● PREMIER QUARTIER le 26 |        |       |       |       |  |

| FÉVRIER                  |        |       |       |       |  |
|--------------------------|--------|-------|-------|-------|--|
| Dates                    | Soleil |       | Lune  |       |  |
|                          | L      | C     | L     | C     |  |
| D 1                      | 08:04  | 18:04 | 17:35 | 08:02 |  |
| L 2                      | 08:03  | 18:06 | 18:53 | 08:33 |  |
| M 3                      | 08:02  | 18:07 | 20:07 | 08:58 |  |
| M 4                      | 08:01  | 18:08 | 21:17 | 09:19 |  |
| J 5                      | 08:00  | 18:10 | 22:24 | 09:38 |  |
| V 6                      | 07:58  | 18:11 | 23:31 | 09:57 |  |
| S 7                      | 07:57  | 18:12 |       | 10:16 |  |
| D 8                      | 07:56  | 18:14 | 00:36 | 10:38 |  |
| L 9                      | 07:55  | 18:15 | 01:42 | 11:04 |  |
| M 10                     | 07:53  | 18:16 | 02:47 | 11:35 |  |
| M 11                     | 07:52  | 18:18 | 03:50 | 12:13 |  |
| J 12                     | 07:51  | 18:19 | 04:48 | 13:01 |  |
| V 13                     | 07:49  | 18:20 | 05:39 | 13:58 |  |
| S 14                     | 07:48  | 18:22 | 06:22 | 15:01 |  |
| D 15                     | 07:46  | 18:23 | 06:58 | 16:10 |  |
| L 16                     | 07:45  | 18:24 | 07:27 | 17:21 |  |
| M 17                     | 07:44  | 18:25 | 07:51 | 18:32 |  |
| M 18                     | 07:42  | 18:27 | 08:13 | 19:44 |  |
| J 19                     | 07:41  | 18:28 | 08:33 | 20:56 |  |
| V 20                     | 07:39  | 18:29 | 08:53 | 22:09 |  |
| S 21                     | 07:38  | 18:31 | 09:16 | 23:25 |  |
| D 22                     | 07:36  | 18:32 | 09:41 |       |  |
| L 23                     | 07:35  | 18:33 | 10:11 | 00:42 |  |
| M 24                     | 07:33  | 18:34 | 10:50 | 02:01 |  |
| M 25                     | 07:31  | 18:36 | 11:41 | 03:16 |  |
| J 26                     | 07:30  | 18:37 | 12:43 | 04:22 |  |
| V 27                     | 07:28  | 18:38 | 13:56 | 05:17 |  |
| S 28                     | 07:27  | 18:40 | 15:14 | 06:00 |  |
| ○ PLEINE LUNE le 01      |        |       |       |       |  |
| ● DERNIER QUARTIER le 09 |        |       |       |       |  |
| ● NOUVELLE LUNE le 17    |        |       |       |       |  |
| ● PREMIER QUARTIER le 24 |        |       |       |       |  |

| MARS                     |        |       |       |       |  |
|--------------------------|--------|-------|-------|-------|--|
| Dates                    | Soleil |       | Lune  |       |  |
|                          | L      | C     | L     | C     |  |
| D 1                      | 07:25  | 18:41 | 16:31 | 06:33 |  |
| L 2                      | 07:23  | 18:42 | 17:46 | 06:59 |  |
| M 3                      | 07:22  | 18:43 | 18:57 | 07:21 |  |
| M 4                      | 07:20  | 18:45 | 20:05 | 07:41 |  |
| J 5                      | 07:18  | 18:46 | 21:13 | 08:00 |  |
| V 6                      | 07:17  | 18:47 | 22:19 | 08:19 |  |
| S 7                      | 07:15  | 18:48 | 23:26 | 08:40 |  |
| D 8                      | 07:13  | 18:49 |       | 09:04 |  |
| L 9                      | 07:11  | 18:51 | 00:32 | 09:33 |  |
| M 10                     | 07:10  | 18:52 | 01:37 | 10:08 |  |
| M 11                     | 07:08  | 18:53 | 02:37 | 10:52 |  |
| J 12                     | 07:06  | 18:54 | 03:31 | 11:45 |  |
| V 13                     | 07:04  | 18:56 | 04:17 | 12:45 |  |
| S 14                     | 07:03  | 18:57 | 04:55 | 13:51 |  |
| D 15                     | 07:01  | 18:58 | 05:26 | 15:01 |  |
| L 16                     | 06:59  | 18:59 | 05:53 | 16:12 |  |
| M 17                     | 06:57  | 19:00 | 06:15 | 17:24 |  |
| M 18                     | 06:56  | 19:02 | 06:36 | 18:36 |  |
| J 19                     | 06:54  | 19:03 | 06:57 | 19:51 |  |
| V 20                     | 06:52  | 19:04 | 07:19 | 21:08 |  |
| S 21                     | 06:50  | 19:05 | 07:43 | 22:27 |  |
| D 22                     | 06:49  | 19:06 | 08:13 | 23:48 |  |
| L 23                     | 06:47  | 19:07 | 08:50 |       |  |
| M 24                     | 06:45  | 19:09 | 09:38 | 01:06 |  |
| M 25                     | 06:43  | 19:10 | 10:37 | 02:16 |  |
| J 26                     | 06:42  | 19:11 | 11:47 | 03:15 |  |
| V 27                     | 06:40  | 19:12 | 13:02 | 04:00 |  |
| S 28                     | 06:38  | 19:13 | 14:17 | 04:35 |  |
| D 29                     | 07:36  | 20:14 | 16:31 | 06:03 |  |
| L 30                     | 07:34  | 20:16 | 17:42 | 06:25 |  |
| M 31                     | 07:33  | 20:17 | 18:50 | 06:46 |  |
| ○ PLEINE LUNE le 03      |        |       |       |       |  |
| ● DERNIER QUARTIER le 11 |        |       |       |       |  |
| ● NOUVELLE LUNE le 19    |        |       |       |       |  |
| ● PREMIER QUARTIER le 25 |        |       |       |       |  |

| AVRIL                    |        |       |       |       |  |
|--------------------------|--------|-------|-------|-------|--|
| Dates                    | Soleil |       | Lune  |       |  |
|                          | L      | C     | L     | C     |  |
| M 1                      | 07:31  | 20:18 | 19:57 | 07:05 |  |
| J 2                      | 07:29  | 20:19 | 21:04 | 07:24 |  |
| V 3                      | 07:27  | 20:20 | 22:10 | 07:44 |  |
| S 4                      | 07:26  | 20:21 | 23:17 | 08:07 |  |
| D 5                      | 07:24  | 20:23 |       | 08:33 |  |
| L 6                      | 07:22  | 20:24 | 00:22 | 09:06 |  |
| M 7                      | 07:20  | 20:25 | 01:25 | 09:47 |  |
| M 8                      | 07:19  | 20:26 | 02:21 | 10:35 |  |
| J 9                      | 07:17  | 20:27 | 03:11 | 11:32 |  |
| V 10                     | 07:15  | 20:28 | 03:51 | 12:35 |  |
| S 11                     | 07:14  | 20:30 | 04:24 | 13:42 |  |
| D 12                     | 07:12  | 20:31 | 04:52 | 14:51 |  |
| L 13                     | 07:10  | 20:32 | 05:16 | 16:01 |  |
| M 14                     | 07:09  | 20:33 | 05:38 | 17:13 |  |
| M 15                     | 07:07  | 20:34 | 05:58 | 18:26 |  |
| J 16                     | 07:05  | 20:35 | 06:19 | 19:42 |  |
| V 17                     | 07:04  | 20:37 | 06:43 | 21:02 |  |
| S 18                     | 07:02  | 20:38 | 07:11 | 22:24 |  |
| D 19                     | 07:00  | 20:39 | 07:46 | 23:47 |  |
| L 20                     | 06:59  | 20:40 | 08:30 |       |  |
| M 21                     | 06:57  | 20:41 | 09:28 | 01:03 |  |
| M 22                     | 06:56  | 20:42 | 10:36 | 02:08 |  |
| J 23                     | 06:54  | 20:44 | 11:52 | 02:59 |  |
| V 24                     | 06:53  | 20:45 | 13:08 | 03:37 |  |
| S 25                     | 06:51  | 20:46 | 14:22 | 04:07 |  |
| D 26                     | 06:50  | 20:47 | 15:34 | 04:31 |  |
| L 27                     | 06:48  | 20:48 | 16:41 | 04:52 |  |
| M 28                     | 06:47  | 20:49 | 17:48 | 05:11 |  |
| M 29                     | 06:45  | 20:51 | 18:53 | 05:29 |  |
| J 30                     | 06:44  | 20:52 | 19:59 | 05:49 |  |
| ○ PLEINE LUNE le 02      |        |       |       |       |  |
| ● DERNIER QUARTIER le 10 |        |       |       |       |  |
| ● NOUVELLE LUNE le 17    |        |       |       |       |  |
| ● PREMIER QUARTIER le 24 |        |       |       |       |  |

| MAI                      |        |       |       |       |  |
|--------------------------|--------|-------|-------|-------|--|
| Dates                    | Soleil |       | Lune  |       |  |
|                          | L      | C     | L     | C     |  |
| V 1                      | 06:43  | 20:53 | 21:05 | 06:10 |  |
| S 2                      | 06:41  | 20:54 | 22:10 | 06:36 |  |
| D 3                      | 06:40  | 20:55 | 23:14 | 07:07 |  |
| L 4                      | 06:38  | 20:56 |       | 07:44 |  |
| M 5                      | 06:37  | 20:57 | 00:13 | 08:30 |  |
| M 6                      | 06:36  | 20:59 | 01:05 | 09:24 |  |
| J 7                      | 06:35  | 21:00 | 01:48 | 10:24 |  |
| V 8                      | 06:33  | 21:01 | 02:23 | 11:29 |  |
| S 9                      | 06:32  | 21:02 | 02:53 | 12:35 |  |
| D 10                     | 06:31  | 21:03 | 03:18 | 13:44 |  |
| L 11                     | 06:30  | 21:04 | 03:40 | 14:52 |  |
| M 12                     | 06:29  | 21:05 | 04:00 | 16:02 |  |
| M 13                     | 06:28  | 21:06 | 04:20 | 17:16 |  |
| J 14                     | 06:26  | 21:07 | 04:42 | 18:32 |  |
| V 15                     | 06:25  | 21:08 | 05:08 | 19:54 |  |
| S 16                     | 06:24  | 21:10 | 05:39 | 21:18 |  |
| D 17                     | 06:23  | 21:11 | 06:19 | 22:39 |  |
| L 18                     | 06:22  | 21:12 | 07:12 | 23:52 |  |
| M 19                     | 06:21  | 21:13 | 08:18 |       |  |
| M 20                     | 06:21  | 21:14 | 09:35 | 00:50 |  |
| J 21                     | 06:20  | 21:15 | 10:54 | 01:35 |  |
| V 22                     | 06:19  | 21:16 | 12:11 | 02:08 |  |
| S 23                     | 06:18  | 21:17 | 13:25 | 02:35 |  |
| D 24                     | 06:17  | 21:18 | 14:34 | 02:57 |  |
| L 25                     | 06:16  | 21:19 | 15:41 | 03:17 |  |
| M 26                     | 06:16  | 21:19 | 16:46 | 03:35 |  |
| M 27                     | 06:15  | 21:20 | 17:51 | 03:55 |  |
| J 28                     | 06:14  | 21:21 | 18:56 | 04:15 |  |
| V 29                     | 06:14  | 21:22 | 20:02 | 04:39 |  |
| S 30                     | 06:13  | 21:23 | 21:06 | 05:08 |  |
| D 31                     | 06:13  | 21:24 | 22:06 | 05:44 |  |
| ○ PLEINE LUNE le 01      |        |       |       |       |  |
| ● DERNIER QUARTIER le 09 |        |       |       |       |  |
| ● NOUVELLE LUNE le 16    |        |       |       |       |  |
| ● PREMIER QUARTIER le 23 |        |       |       |       |  |
| ○ PLEINE LUNE le 31      |        |       |       |       |  |

| JUIN                     |       |        |       |       |   |
|--------------------------|-------|--------|-------|-------|---|
| Dates                    |       | Soleil |       | Lune  |   |
|                          |       | L      | C     | L     | C |
| L 1                      | 06:12 | 21:25  | 23:00 | 06:26 |   |
| M 2                      | 06:12 | 21:25  | 23:46 | 07:18 |   |
| M 3                      | 06:11 | 21:26  |       | 08:16 |   |
| J 4                      | 06:11 | 21:27  | 00:23 | 09:20 |   |
| V 5                      | 06:11 | 21:28  | 00:55 | 10:26 |   |
| S 6                      | 06:10 | 21:28  | 01:21 | 11:32 |   |
| D 7                      | 06:10 | 21:29  | 01:43 | 12:39 |   |
| L 8                      | 06:10 | 21:30  | 02:03 | 13:47 |   |
| M 9                      | 06:09 | 21:30  | 02:22 | 14:56 |   |
| M 10                     | 06:09 | 21:31  | 02:43 | 16:08 |   |
| J 11                     | 06:09 | 21:31  | 03:06 | 17:26 |   |
| V 12                     | 06:09 | 21:32  | 03:34 | 18:47 |   |
| S 13                     | 06:09 | 21:32  | 04:08 | 20:09 |   |
| D 14                     | 06:09 | 21:33  | 04:55 | 21:28 |   |
| L 15                     | 06:09 | 21:33  | 05:55 | 22:34 |   |
| M 16                     | 06:09 | 21:34  | 07:08 | 23:26 |   |
| M 17                     | 06:09 | 21:34  | 08:29 |       |   |
| J 18                     | 06:09 | 21:34  | 09:51 | 00:05 |   |
| V 19                     | 06:09 | 21:35  | 11:08 | 00:35 |   |
| S 20                     | 06:09 | 21:35  | 12:21 | 01:00 |   |
| D 21                     | 06:10 | 21:35  | 13:31 | 01:21 |   |
| L 22                     | 06:10 | 21:35  | 14:37 | 01:40 |   |
| M 23                     | 06:10 | 21:36  | 15:43 | 01:59 |   |
| M 24                     | 06:10 | 21:36  | 16:48 | 02:20 |   |
| J 25                     | 06:11 | 21:36  | 17:54 | 02:43 |   |
| V 26                     | 06:11 | 21:36  | 18:58 | 03:10 |   |
| S 27                     | 06:12 | 21:36  | 20:00 | 03:44 |   |
| D 28                     | 06:12 | 21:36  | 20:56 | 04:24 |   |
| L 29                     | 06:12 | 21:36  | 21:45 | 05:13 |   |
| M 30                     | 06:13 | 21:36  | 22:24 | 06:10 |   |
| ☉ DERNIER QUARTIER le 08 |       |        |       |       |   |
| ● NOUVELLE LUNE le 15    |       |        |       |       |   |
| ☾ PREMIER QUARTIER le 21 |       |        |       |       |   |
| ○ PLEINE LUNE le 30      |       |        |       |       |   |