

LEVERS et COUCHERS SOLEIL - LUNE MONTBELIARD 2026

par www.calendriergratuit.fr

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:18	16:54	14:22	06:34	
V 2	08:18	16:55	15:25	07:50	
S 3	08:18	16:56	16:42	08:49	
D 4	08:18	16:57	18:07	09:32	
L 5	08:18	16:58	19:32	10:03	
M 6	08:18	16:59	20:52	10:26	
M 7	08:17	17:00	22:07	10:44	
J 8	08:17	17:01	23:19	11:00	
V 9	08:17	17:02		11:14	
S 10	08:16	17:03	00:28	11:29	
D 11	08:16	17:05	01:36	11:45	
L 12	08:15	17:06	02:45	12:04	
M 13	08:15	17:07	03:54	12:27	
M 14	08:14	17:09	05:01	12:58	
J 15	08:14	17:10	06:05	13:38	
V 16	08:13	17:11	07:02	14:28	
S 17	08:12	17:13	07:49	15:30	
D 18	08:11	17:14	08:26	16:38	
L 19	08:11	17:15	08:55	17:52	
M 20	08:10	17:17	09:18	19:07	
M 21	08:09	17:18	09:37	20:21	
J 22	08:08	17:20	09:53	21:35	
V 23	08:07	17:21	10:09	22:50	
S 24	08:06	17:23	10:25		
D 25	08:05	17:24	10:43	00:07	
L 26	08:04	17:26	11:05	01:27	
M 27	08:03	17:27	11:33	02:50	
M 28	08:02	17:29	12:12	04:13	
J 29	08:00	17:30	13:06	05:31	
V 30	07:59	17:32	14:15	06:36	
S 31	07:58	17:33	15:36	07:25	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:57	17:35	17:01	08:00	
L 2	07:55	17:38	18:23	08:26	
M 3	07:54	17:38	19:43	08:46	
M 4	07:53	17:40	20:57	09:03	
J 5	07:51	17:41	22:09	09:19	
V 6	07:50	17:43	23:19	09:34	
S 7	07:48	17:44		09:49	
D 8	07:47	17:46	00:29	10:07	
L 9	07:45	17:48	01:39	10:28	
M 10	07:44	17:49	02:47	10:56	
M 11	07:42	17:51	03:53	11:32	
J 12	07:41	17:52	04:53	12:18	
V 13	07:39	17:54	05:44	13:15	
S 14	07:38	17:55	06:25	14:21	
D 15	07:36	17:57	06:57	15:34	
L 16	07:34	17:58	07:22	16:49	
M 17	07:33	18:00	07:42	18:05	
M 18	07:31	18:02	08:00	19:21	
J 19	07:29	18:03	08:15	20:37	
V 20	07:27	18:05	08:32	21:56	
S 21	07:26	18:06	08:49	23:16	
D 22	07:24	18:08	09:10		
L 23	07:22	18:09	09:36	00:38	
M 24	07:20	18:11	10:11	02:01	
M 25	07:18	18:12	10:58	03:20	
J 26	07:17	18:14	12:00	04:27	
V 27	07:15	18:15	13:16	05:21	
S 28	07:13	18:17	14:37	05:59	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:11	18:18	15:59	06:28	
L 2	07:09	18:20	17:19	06:50	
M 3	07:07	18:21	18:34	07:08	
M 4	07:05	18:23	19:48	07:24	
J 5	07:03	18:24	20:59	07:39	
V 6	07:01	18:26	22:10	07:54	
S 7	06:59	18:27	23:21	08:11	
D 8	06:57	18:29		08:31	
L 9	06:55	18:30	00:31	08:56	
M 10	06:54	18:32	01:39	09:28	
M 11	06:52	18:33	02:41	10:09	
J 12	06:50	18:35	03:36	11:02	
V 13	06:48	18:36	04:21	12:04	
S 14	06:46	18:37	04:56	13:13	
D 15	06:44	18:39	05:23	14:27	
L 16	06:42	18:40	05:45	15:43	
M 17	06:40	18:42	06:04	16:59	
M 18	06:38	18:43	06:21	18:16	
J 19	06:35	18:45	06:37	19:36	
V 20	06:33	18:46	06:54	20:57	
S 21	06:31	18:48	07:15	22:21	
D 22	06:29	18:49	07:39	23:47	
L 23	06:27	18:50	08:11		
M 24	06:25	18:52	08:55	01:09	
M 25	06:23	18:53	09:54	02:21	
J 26	06:21	18:55	11:05	03:19	
V 27	06:19	18:56	12:23	04:01	
S 28	06:17	18:57	13:44	04:31	
D 29	07:15	19:59	16:03	05:55	
L 30	07:13	20:00	17:18	06:13	
M 31	07:11	20:02	18:31	06:29	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:09	20:03	19:42	06:45	
J 2	07:07	20:05	20:53	07:00	
V 3	07:05	20:06	22:03	07:16	
S 4	07:03	20:07	23:14	07:35	
D 5	07:01	20:09		07:58	
L 6	06:59	20:10	00:23	08:27	
M 7	06:57	20:12	01:29	09:05	
M 8	06:55	20:13	02:26	09:52	
J 9	06:53	20:14	03:15	10:50	
V 10	06:51	20:16	03:53	11:56	
S 11	06:49	20:17	04:23	13:07	
D 12	06:48	20:19	04:47	14:20	
L 13	06:46	20:20	05:07	15:35	
M 14	06:44	20:21	05:24	16:50	
M 15	06:42	20:23	05:41	18:08	
J 16	06:40	20:24	05:58	19:29	
V 17	06:38	20:26	06:16	20:54	
S 18	06:36	20:27	06:39	22:21	
D 19	06:34	20:29	07:10	23:49	
L 20	06:33	20:30	07:50		
M 21	06:31	20:31	08:45	01:08	
M 22	06:29	20:33	09:54	02:12	
J 23	06:27	20:34	11:13	03:00	
V 24	06:25	20:36	12:34	03:35	
S 25	06:24	20:37	13:53	04:00	
D 26	06:22	20:38	15:08	04:20	
L 27	06:20	20:40	16:20	04:37	
M 28	06:18	20:41	17:31	04:52	
M 29	06:17	20:43	18:40	05:07	
J 30	06:15	20:44	19:50	05:23	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:13	20:45	21:00	05:40	
S 2	06:12	20:47	22:10	06:02	
D 3	06:10	20:48	23:17	06:28	
L 4	06:09	20:49		07:03	
M 5	06:07	20:51	00:17	07:47	
M 6	06:06	20:52	01:09	08:41	
J 7	06:04	20:54	01:51	09:44	
V 8	06:03	20:55	02:23	10:52	
S 9	06:01	20:56	02:49	12:03	
D 10	06:00	20:58	03:10	13:15	
L 11	05:58	20:59	03:28	14:28	
M 12	05:57	21:00	03:44	15:43	
M 13	05:56	21:02	04:00	17:00	
J 14	05:55	21:03	04:18	18:22	
V 15	05:53	21:04	04:38	19:48	
S 16	05:52	21:05	05:05	21:17	
D 17	05:51	21:07	05:41	22:43	
L 18	05:50	21:08	06:30	23:57	
M 19	05:49	21:09	07:36		
M 20	05:47	21:10	08:54	00:53	
J 21	05:46	21:11	10:17	01:34	
V 22	05:45	21:13	11:40	02:03	
S 23	05:44	21:14	12:58	02:25	
D 24	05:43	21:15	14:12	02:43	
L 25	05:42	21:16	15:23	02:59	
M 26	05:42	21:17	16:32	03:14	
M 27	05:41	21:18	17:41	03:29	
J 28	05:40	21:19	18:50	03:46	
V 29	05:39	21:20	20:00	04:06	
S 30	05:38	21:21	21:07	04:31	
D 31	05:38	21:22	22:10	05:03	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
L 1	05:37	21:23	23:05	05:45	
M 2	05:36	21:24	23:50	06:35	
M 3	05:36	21:25		07:36	
J 4	05:35	21:26	00:24	08:42	
V 5	05:35	21:27	00:52	09:52	
S 6	05:34	21:28	01:14	11:02	
D 7	05:34	21:28	01:32	12:13	
L 8	05:34	21:29	01:49	13:25	
M 9	05:33	21:30	02:04	14:39	
M 10	05:33	21:30	02:20	15:56	
J 11	05:33	21:31	02:39	17:18	
V 12	05:33	21:32	03:02	18:44	
S 13	05:33	21:32	03:32	20:11	
D 14	05:33	21:33	04:14	21:32	
L 15	05:32	21:33	05:12	22:38	
M 16	05:32	21:34	06:26	23:27	
M 17	05:32	21:34	07:51		
J 18	05:33	21:34	09:17	00:02	
V 19	05:33	21:35	10:40	00:27	
S 20	05:33	21:35	11:58	00:47	
D 21	05:33	21:35	13:12	01:04	
L 22	05:33	21:35	14:22	01:20	
M 23	05:34	21:36	15:32	01:36	
M 24	05:34	21:36	16:41	01:52	
J 25	05:34	21:36	17:51	02:11	
V 26	05:35	21:36	18:59	02:34	
S 27	05:35	21:36	20:03	03:04	
D 28	05:36	21:36	21:01	03:43	
L 29	05:36	21:36	21:49	04:30	
M 30	05:37	21:35	22:26	05:29	
☾ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					