

LEVERS et COUCHERS SOLEIL - LUNE MONTMORILLON 2026

par www.calendriergratuit.fr

JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:38	17:21	14:53	06:53	
V 2	08:38	17:22	15:56	08:08	
S 3	08:38	17:23	17:14	09:08	
D 4	08:38	17:24	18:37	09:52	
L 5	08:37	17:25	20:00	10:23	
M 6	08:37	17:26	21:19	10:47	
M 7	08:37	17:28	22:33	11:07	
J 8	08:37	17:29	23:43	11:24	
V 9	08:36	17:30		11:39	
S 10	08:36	17:31	00:51	11:55	
D 11	08:36	17:32	01:59	12:12	
L 12	08:35	17:34	03:06	12:32	
M 13	08:35	17:35	04:14	12:56	
M 14	08:34	17:36	05:21	13:28	
J 15	08:34	17:37	06:24	14:08	
V 16	08:33	17:39	07:21	14:59	
S 17	08:32	17:40	08:08	16:00	
D 18	08:32	17:41	08:45	17:09	
L 19	08:31	17:43	09:15	18:21	
M 20	08:30	17:44	09:39	19:35	
M 21	08:29	17:46	09:59	20:47	
J 22	08:28	17:47	10:16	22:01	
V 23	08:27	17:48	10:33	23:14	
S 24	08:26	17:50	10:50		
D 25	08:25	17:51	11:09	00:30	
L 26	08:24	17:53	11:33	01:49	
M 27	08:23	17:54	12:02	03:11	
M 28	08:22	17:56	12:42	04:33	
J 29	08:21	17:57	13:37	05:50	
V 30	08:20	17:59	14:46	06:54	
S 31	08:19	18:00	16:06	07:44	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:18	18:02	17:30	08:20	
L 2	08:16	18:03	18:51	08:47	
M 3	08:15	18:05	20:09	09:09	
M 4	08:14	18:06	21:22	09:27	
J 5	08:12	18:08	22:33	09:43	
V 6	08:11	18:09	23:42	09:59	
S 7	08:10	18:11		10:15	
D 8	08:08	18:12	00:51	10:34	
L 9	08:07	18:14	01:59	10:57	
M 10	08:05	18:15	03:07	11:26	
M 11	08:04	18:17	04:12	12:02	
J 12	08:02	18:18	05:12	12:49	
V 13	08:01	18:20	06:02	13:46	
S 14	07:59	18:21	06:44	14:52	
D 15	07:58	18:23	07:17	16:03	
L 16	07:56	18:24	07:43	17:18	
M 17	07:54	18:26	08:04	18:32	
M 18	07:53	18:27	08:22	19:47	
J 19	07:51	18:29	08:39	21:02	
V 20	07:49	18:30	08:57	22:19	
S 21	07:48	18:32	09:15	23:38	
D 22	07:46	18:33	09:37		
L 23	07:44	18:34	10:04	01:00	
M 24	07:43	18:36	10:40	02:21	
M 25	07:41	18:37	11:29	03:39	
J 26	07:39	18:39	12:31	04:46	
V 27	07:37	18:40	13:46	05:39	
S 28	07:35	18:42	15:07	06:19	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:34	18:43	16:27	06:48	
L 2	07:32	18:45	17:46	07:12	
M 3	07:30	18:46	19:00	07:31	
M 4	07:28	18:47	20:12	07:47	
J 5	07:26	18:49	21:23	08:03	
V 6	07:24	18:50	22:32	08:19	
S 7	07:22	18:52	23:42	08:37	
D 8	07:20	18:53		08:59	
L 9	07:19	18:54	00:51	09:25	
M 10	07:17	18:56	01:58	09:58	
M 11	07:15	18:57	03:00	10:40	
J 12	07:13	18:59	03:54	11:33	
V 13	07:11	19:00	04:39	12:34	
S 14	07:09	19:01	05:15	13:43	
D 15	07:07	19:03	05:44	14:56	
L 16	07:05	19:04	06:06	16:10	
M 17	07:03	19:06	06:26	17:26	
M 18	07:01	19:07	06:44	18:41	
J 19	06:59	19:08	07:02	19:59	
V 20	06:57	19:10	07:20	21:20	
S 21	06:55	19:11	07:41	22:43	
D 22	06:53	19:12	08:07		
L 23	06:51	19:14	08:41	00:07	
M 24	06:49	19:15	09:26	01:29	
M 25	06:47	19:17	10:24	02:40	
J 26	06:46	19:18	11:36	03:37	
V 27	06:44	19:19	12:54	04:20	
S 28	06:42	19:21	14:13	04:52	
D 29	07:40	20:22	16:30	06:16	
L 30	07:38	20:23	17:44	06:36	
M 31	07:36	20:25	18:56	06:53	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:34	20:26	20:06	07:09	
J 2	07:32	20:27	21:16	07:25	
V 3	07:30	20:29	22:25	07:43	
S 4	07:28	20:30	23:35	08:02	
D 5	07:26	20:31		08:26	
L 6	07:24	20:33	00:43	08:57	
M 7	07:22	20:34	01:48	09:35	
M 8	07:20	20:35	02:45	10:23	
J 9	07:18	20:37	03:33	11:21	
V 10	07:17	20:38	04:12	12:26	
S 11	07:15	20:39	04:43	13:36	
D 12	07:13	20:41	05:08	14:48	
L 13	07:11	20:42	05:29	16:01	
M 14	07:09	20:43	05:47	17:16	
M 15	07:07	20:45	06:04	18:33	
J 16	07:05	20:46	06:22	19:53	
V 17	07:04	20:48	06:43	21:16	
S 18	07:02	20:49	07:07	22:42	
D 19	07:00	20:50	07:39		
L 20	06:58	20:52	08:20	00:08	
M 21	06:57	20:53	09:16	01:27	
M 22	06:55	20:54	10:25	02:31	
J 23	06:53	20:56	11:43	03:20	
V 24	06:51	20:57	13:03	03:55	
S 25	06:50	20:58	14:20	04:21	
D 26	06:48	21:00	15:35	04:42	
L 27	06:46	21:01	16:46	05:00	
M 28	06:45	21:02	17:55	05:16	
M 29	06:43	21:04	19:04	05:32	
J 30	06:42	21:05	20:12	05:49	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:40	21:06	21:22	06:07	
S 2	06:38	21:08	22:30	06:30	
D 3	06:37	21:09	23:36	06:58	
L 4	06:35	21:10		07:33	
M 5	06:34	21:12	00:36	08:18	
M 6	06:32	21:13	01:28	09:12	
J 7	06:31	21:14	02:09	10:14	
V 8	06:30	21:15	02:43	11:22	
S 9	06:28	21:17	03:09	12:31	
D 10	06:27	21:18	03:31	13:42	
L 11	06:26	21:19	03:50	14:54	
M 12	06:24	21:21	04:07	16:08	
M 13	06:23	21:22	04:24	17:24	
J 14	06:22	21:23	04:43	18:45	
V 15	06:21	21:24	05:05	20:10	
S 16	06:19	21:25	05:33	21:38	
D 17	06:18	21:27	06:10	23:02	
L 18	06:17	21:28	07:01		
M 19	06:16	21:29	08:07	00:15	
M 20	06:15	21:30	09:25	01:12	
J 21	06:14	21:31	10:47	01:54	
V 22	06:13	21:32	12:08	02:24	
S 23	06:12	21:34	13:25	02:47	
D 24	06:11	21:35	14:37	03:06	
L 25	06:10	21:36	15:47	03:23	
M 26	06:09	21:37	16:55	03:39	
M 27	06:09	21:38	18:03	03:55	
J 28	06:08	21:39	19:12	04:13	
V 29	06:07	21:40	20:20	04:34	
S 30	06:06	21:41	21:27	05:05	
D 31	06:06	21:42	22:28	05:34	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L	1	06:05	21:43	23:23	06:15
M	2	06:05	21:43		07:07
M	3	06:04	21:44	00:08	08:06
J	4	06:04	21:45	00:43	09:12
V	5	06:03	21:46	01:12	10:20
S	6	06:03	21:47	01:35	11:30
D	7	06:02	21:47	01:54	12:40
L	8	06:02	21:48	02:11	13:51
M	9	06:02	21:49	02:28	15:03
M	10	06:02	21:50	02:45	16:19
J	11	06:01	21:50	03:05	17:40
V	12	06:01	21:51	03:30	19:05
S	13	06:01	21:51	04:01	20:31
D	14	06:01	21:52	04:44	21:51
L	15	06:01	21:52	05:43	22:57
M	16	06:01	21:53	06:57	23:46
M	17	06:01	21:53	08:21	
J	18	06:01	21:53	09:46	00:22
V	19	06:01	21:54	11:07	00:49
S	20	06:01	21:54	12:24	01:10
D	21	06:02	21:54	13:37	01:28
L	22	06:02	21:54	14:46	01:45
M	23	06:02	21:55	15:55	02:01
M	24	06:02	21:55	17:03	02:18
J	25	06:03	21:55	18:11	02:38
V	26	06:03	21:55	19:19	03:03
S	27	06:04	21:55	20:22	03:34
D	28	06:04	21:55	21:19	04:13
L	29	06:05	21:55	22:07	05:01
M	30	06:05	21:54	22:45	05:59
● DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
● PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					