

LEVERS et COUCHERS SOLEIL - LUNE RETHEL 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:36	16:55	14:20	06:57	
V 2	08:36	16:56	15:23	08:13	
S 3	08:36	16:57	16:41	09:11	
D 4	08:36	16:58	18:08	09:52	
L 5	08:36	16:59	19:36	10:20	
M 6	08:35	17:00	20:58	10:40	
M 7	08:35	17:02	22:15	10:56	
J 8	08:35	17:03	23:29	11:10	
V 9	08:34	17:04		11:23	
S 10	08:34	17:05	00:40	11:36	
D 11	08:33	17:07	01:51	11:50	
L 12	08:33	17:08	03:02	12:07	
M 13	08:32	17:09	04:12	12:28	
M 14	08:31	17:11	05:23	12:57	
J 15	08:31	17:12	06:28	13:35	
V 16	08:30	17:14	07:25	14:25	
S 17	08:29	17:15	08:11	15:28	
D 18	08:28	17:17	08:47	16:39	
L 19	08:27	17:18	09:14	17:54	
M 20	08:26	17:20	09:34	19:11	
M 21	08:25	17:21	09:51	20:28	
J 22	08:24	17:23	10:05	21:45	
V 23	08:23	17:24	10:18	23:02	
S 24	08:22	17:26	10:32		
D 25	08:21	17:28	10:48	00:21	
L 26	08:20	17:29	11:08	01:44	
M 27	08:19	17:31	11:34	03:09	
M 28	08:17	17:32	12:10	04:35	
J 29	08:16	17:34	13:03	05:54	
V 30	08:15	17:36	14:13	06:58	
S 31	08:13	17:37	15:36	07:46	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:12	17:39	17:03	08:18	
L 2	08:11	17:41	18:28	08:42	
M 3	08:09	17:42	19:50	09:00	
M 4	08:08	17:44	21:07	09:15	
J 5	08:06	17:46	22:20	09:28	
V 6	08:05	17:48	23:33	09:41	
S 7	08:03	17:49		09:55	
D 8	08:01	17:51	00:45	10:10	
L 9	08:00	17:53	01:57	10:30	
M 10	07:58	17:54	03:08	10:55	
M 11	07:56	17:56	04:15	11:30	
J 12	07:55	17:58	05:17	12:15	
V 13	07:53	17:59	06:07	13:13	
S 14	07:51	18:01	06:46	14:20	
D 15	07:50	18:03	07:16	15:36	
L 16	07:48	18:04	07:39	16:53	
M 17	07:46	18:06	07:57	18:11	
M 18	07:44	18:08	08:12	19:30	
J 19	07:42	18:09	08:26	20:48	
V 20	07:40	18:11	08:40	22:09	
S 21	07:38	18:13	08:55	23:32	
D 22	07:37	18:14	09:14		
L 23	07:35	18:16	09:37	00:57	
M 24	07:33	18:18	10:10	02:22	
M 25	07:31	18:19	10:56	03:43	
J 26	07:29	18:21	11:58	04:51	
V 27	07:27	18:23	13:15	05:42	
S 28	07:25	18:24	14:38	06:19	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:23	18:26	16:03	06:45	
L 2	07:21	18:28	17:25	07:05	
M 3	07:19	18:29	18:43	07:20	
M 4	07:17	18:31	19:58	07:34	
J 5	07:15	18:32	21:12	07:47	
V 6	07:13	18:34	22:25	08:00	
S 7	07:11	18:36	23:38	08:15	
D 8	07:08	18:37		08:33	
L 9	07:06	18:39	00:50	08:56	
M 10	07:04	18:40	02:00	09:26	
M 11	07:02	18:42	03:04	10:06	
J 12	07:00	18:44	03:59	10:59	
V 13	06:58	18:45	04:43	12:02	
S 14	06:56	18:47	05:16	13:14	
D 15	06:54	18:48	05:41	14:30	
L 16	06:51	18:50	06:01	15:48	
M 17	06:49	18:51	06:17	17:06	
M 18	06:47	18:53	06:32	18:26	
J 19	06:45	18:54	06:46	19:48	
V 20	06:43	18:56	07:01	21:12	
S 21	06:41	18:58	07:19	22:39	
D 22	06:39	18:59	07:41		
L 23	06:36	19:01	08:11	00:07	
M 24	06:34	19:02	08:53	01:32	
M 25	06:32	19:04	09:51	02:44	
J 26	06:30	19:05	11:03	03:41	
V 27	06:28	19:07	12:24	04:21	
S 28	06:26	19:08	13:47	04:49	
D 29	07:24	20:10	16:08	06:11	
L 30	07:21	20:12	17:26	06:27	
M 31	07:19	20:13	18:41	06:41	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:17	20:15	19:54	06:54	
J 2	07:15	20:16	21:07	07:07	
V 3	07:13	20:18	22:20	07:21	
S 4	07:11	20:19	23:33	07:38	
D 5	07:09	20:21		07:59	
L 6	07:07	20:22	00:44	08:26	
M 7	07:04	20:24	01:51	09:02	
M 8	07:02	20:25	02:50	09:49	
J 9	07:00	20:27	03:38	10:48	
V 10	06:58	20:28	04:14	11:55	
S 11	06:56	20:30	04:42	13:08	
D 12	06:54	20:32	05:04	14:24	
L 13	06:52	20:33	05:21	15:41	
M 14	06:50	20:35	05:37	16:59	
M 15	06:48	20:36	05:51	18:19	
J 16	06:46	20:38	06:06	19:43	
V 17	06:44	20:39	06:22	21:10	
S 18	06:42	20:41	06:43	22:40	
D 19	06:40	20:42	07:10		
L 20	06:38	20:44	07:49	00:10	
M 21	06:36	20:45	08:42	01:31	
M 22	06:34	20:47	09:52	02:35	
J 23	06:32	20:48	11:13	03:21	
V 24	06:30	20:50	12:36	03:53	
S 25	06:29	20:52	13:58	04:16	
D 26	06:27	20:53	15:15	04:34	
L 27	06:25	20:55	16:29	04:48	
M 28	06:23	20:56	17:42	05:02	
M 29	06:21	20:58	18:54	05:15	
J 30	06:19	20:59	20:06	05:28	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:18	21:01	21:18	05:44	
S 2	06:16	21:02	22:30	06:03	
D 3	06:14	21:04	23:39	06:28	
L 4	06:13	21:05		07:01	
M 5	06:11	21:07	00:40	07:45	
M 6	06:09	21:08	01:32	08:39	
J 7	06:08	21:10	02:12	09:43	
V 8	06:06	21:11	02:43	10:53	
S 9	06:04	21:13	03:06	12:06	
D 10	06:03	21:14	03:25	13:21	
L 11	06:01	21:15	03:41	14:35	
M 12	06:00	21:17	03:55	15:53	
M 13	05:59	21:18	04:09	17:13	
J 14	05:57	21:20	04:25	18:37	
V 15	05:56	21:21	04:43	20:06	
S 16	05:54	21:22	05:07	21:38	
D 17	05:53	21:24	05:41	23:05	
L 18	05:52	21:25	06:28		
M 19	05:51	21:26	07:33	00:19	
M 20	05:49	21:28	08:53	01:15	
J 21	05:48	21:29	10:19	01:53	
V 22	05:47	21:30	11:44	02:20	
S 23	05:46	21:32	13:05	02:39	
D 24	05:45	21:33	14:20	02:55	
L 25	05:44	21:34	15:34	03:09	
M 26	05:43	21:35	16:45	03:22	
M 27	05:42	21:36	17:56	03:36	
J 28	05:41	21:38	19:08	03:51	
V 29	05:40	21:39	20:19	04:09	
S 30	05:39	21:40	21:29	04:32	
D 31	05:39	21:41	22:32	05:02	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates	Soleil		Lune		
	L	C	L	C	
L 1	05:38	21:42	23:28	05:42	
M 2	05:37	21:43		06:33	
M 3	05:37	21:44	00:11	07:35	
J 4	05:36	21:45	00:44	08:43	
V 5	05:36	21:46	01:10	09:55	
S 6	05:35	21:46	01:30	11:07	
D 7	05:35	21:47	01:46	12:20	
L 8	05:34	21:48	02:00	13:34	
M 9	05:34	21:49	02:14	14:50	
M 10	05:33	21:50	02:28	16:09	
J 11	05:33	21:50	02:45	17:34	
V 12	05:33	21:51	03:05	19:03	
S 13	05:33	21:51	03:33	20:32	
D 14	05:33	21:52	04:13	21:55	
L 15	05:33	21:52	05:10	23:00	
M 16	05:33	21:53	06:25	23:47	
M 17	05:33	21:53	07:52		
J 18	05:33	21:54	09:21	00:19	
V 19	05:33	21:54	10:46	00:43	
S 20	05:33	21:54	12:06	01:00	
D 21	05:33	21:55	13:22	01:15	
L 22	05:33	21:55	14:34	01:29	
M 23	05:34	21:55	15:47	01:42	
M 24	05:34	21:55	16:58	01:57	
J 25	05:34	21:55	18:10	02:14	
V 26	05:35	21:55	19:20	02:33	
S 27	05:35	21:55	20:25	03:05	
D 28	05:36	21:55	21:24	03:40	
L 29	05:36	21:55	22:10	04:28	
M 30	05:37	21:55	22:47	05:27	
☉ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					