

LEVERS et COUCHERS SOLEIL - LUNE SAINT-LOUIS 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	05:38	19:05	17:14	03:04	
V 2	05:39	19:05	18:21	04:06	
S 3	05:39	19:05	19:24	05:14	
D 4	05:40	19:05	20:18	06:23	
L 5	05:41	19:06	21:04	07:31	
M 6	05:41	19:06	21:44	08:33	
M 7	05:42	19:06	22:20	09:32	
J 8	05:43	19:06	22:53	10:26	
V 9	05:43	19:06	23:25	11:18	
S 10	05:44	19:07	23:57	12:09	
D 11	05:45	19:07		13:00	
L 12	05:45	19:07	00:30	13:52	
M 13	05:46	19:07	01:06	14:45	
M 14	05:47	19:07	01:47	15:39	
J 15	05:47	19:07	02:31	16:33	
V 16	05:48	19:07	03:21	17:26	
S 17	05:49	19:07	04:14	18:16	
D 18	05:50	19:07	05:10	19:02	
L 19	05:50	19:07	06:07	19:45	
M 20	05:51	19:07	07:04	20:23	
M 21	05:52	19:07	08:00	20:59	
J 22	05:52	19:06	08:55	21:33	
V 23	05:53	19:06	09:50	22:07	
S 24	05:54	19:06	10:46	22:43	
D 25	05:54	19:06	11:44	23:21	
L 26	05:55	19:06	12:45		
M 27	05:56	19:05	13:50	00:04	
M 28	05:56	19:05	14:56	00:53	
J 29	05:57	19:05	16:03	01:50	
V 30	05:58	19:05	17:07	02:53	
S 31	05:58	19:04	18:04	04:01	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	05:59	19:04	18:53	05:09	
L 2	06:00	19:03	19:36	06:13	
M 3	06:00	19:03	20:14	07:15	
M 4	06:01	19:03	20:48	08:11	
J 5	06:01	19:02	21:22	09:06	
V 6	06:02	19:02	21:54	09:58	
S 7	06:03	19:01	22:27	10:50	
D 8	06:03	19:01	23:03	11:43	
L 9	06:04	19:00	23:42	12:35	
M 10	06:04	19:00		13:30	
M 11	06:05	18:59	00:24	14:24	
J 12	06:05	18:59	01:12	15:17	
V 13	06:06	18:58	02:04	16:08	
S 14	06:07	18:57	02:59	16:56	
D 15	06:07	18:57	03:56	17:40	
L 16	06:08	18:56	04:54	18:20	
M 17	06:08	18:56	05:51	18:58	
M 18	06:09	18:55	06:47	19:33	
J 19	06:09	18:54	07:44	20:08	
V 20	06:10	18:54	08:40	20:48	
S 21	06:10	18:53	09:39	21:22	
D 22	06:11	18:52	10:39	22:03	
L 23	06:11	18:51	11:43	22:50	
M 24	06:11	18:51	12:48	23:44	
M 25	06:12	18:50	13:54		
J 26	06:12	18:49	14:57	00:43	
V 27	06:13	18:48	15:55	01:48	
S 28	06:13	18:48	16:45	02:53	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	06:14	18:47	17:30	03:58	
L 2	06:14	18:46	18:09	04:59	
M 3	06:14	18:45	18:44	05:57	
M 4	06:15	18:44	19:18	06:53	
J 5	06:15	18:43	19:51	07:46	
V 6	06:16	18:43	20:24	08:39	
S 7	06:16	18:42	20:59	09:32	
D 8	06:16	18:41	21:37	10:25	
L 9	06:17	18:40	22:18	11:19	
M 10	06:17	18:39	23:04	12:13	
M 11	06:17	18:38	23:54	13:07	
J 12	06:18	18:37		13:59	
V 13	06:18	18:37	00:47	14:48	
S 14	06:18	18:36	01:43	15:33	
D 15	06:19	18:35	02:40	16:14	
L 16	06:19	18:34	03:37	16:53	
M 17	06:19	18:33	04:33	17:30	
M 18	06:20	18:32	05:31	18:05	
J 19	06:20	18:31	06:28	18:41	
V 20	06:20	18:30	07:27	19:19	
S 21	06:21	18:29	08:28	20:00	
D 22	06:21	18:28	09:33	20:46	
L 23	06:21	18:27	10:40	21:39	
M 24	06:22	18:27	11:47	22:37	
M 25	06:22	18:26	12:51	23:41	
J 26	06:22	18:25	13:51		
V 27	06:23	18:24	14:42	00:46	
S 28	06:23	18:23	15:28	01:50	
D 29	06:23	18:22	16:07	02:51	
L 30	06:24	18:21	16:43	03:49	
M 31	06:24	18:20	17:17	04:43	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	06:24	18:19	17:50	05:37	
J 2	06:24	18:18	18:22	06:29	
V 3	06:25	18:18	18:57	07:22	
S 4	06:25	18:17	19:34	08:15	
D 5	06:25	18:16	20:13	09:09	
L 6	06:26	18:15	20:58	10:04	
M 7	06:26	18:14	21:46	10:58	
M 8	06:26	18:13	22:37	11:51	
J 9	06:27	18:12	23:32	12:40	
V 10	06:27	18:11		13:26	
S 11	06:27	18:11	00:27	14:08	
D 12	06:28	18:10	01:23	14:47	
L 13	06:28	18:09	02:19	15:24	
M 14	06:28	18:08	03:15	15:59	
M 15	06:29	18:07	04:11	16:35	
J 16	06:29	18:06	05:10	17:12	
V 17	06:29	18:06	06:11	17:52	
S 18	06:30	18:05	07:16	18:37	
D 19	06:30	18:04	08:23	19:30	
L 20	06:30	18:03	09:33	20:27	
M 21	06:31	18:03	10:41	21:32	
M 22	06:31	18:02	11:44	22:38	
J 23	06:31	18:01	12:39	23:44	
V 24	06:32	18:00	13:27		
S 25	06:32	18:00	14:08	00:46	
D 26	06:32	17:59	14:45	01:44	
L 27	06:33	17:58	15:19	02:39	
M 28	06:33	17:58	15:51	03:32	
M 29	06:33	17:57	16:23	04:24	
J 30	06:34	17:56	16:57	05:16	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:34	17:56	17:33	06:08	
S 2	06:35	17:55	18:11	07:01	
D 3	06:35	17:54	18:54	07:56	
L 4	06:35	17:54	19:41	08:50	
M 5	06:36	17:53	20:31	09:44	
M 6	06:36	17:53	21:24	10:34	
J 7	06:37	17:52	22:19	11:21	
V 8	06:37	17:52	23:14	12:04	
S 9	06:37	17:51		12:43	
D 10	06:38	17:51	00:08	13:20	
L 11	06:38	17:50	01:02	13:55	
M 12	06:39	17:50	01:57	14:29	
M 13	06:39	17:49	02:53	15:05	
J 14	06:39	17:49	03:51	15:43	
V 15	06:40	17:49	04:54	16:25	
S 16	06:40	17:48	06:00	17:14	
D 17	06:41	17:48	07:11	18:11	
L 18	06:41	17:47	08:21	19:15	
M 19	06:42	17:47	09:29	20:22	
M 20	06:42	17:47	10:30	21:31	
J 21	06:42	17:47	11:22	22:37	
V 22	06:43	17:46	12:07	23:38	
S 23	06:43	17:46	12:46		
D 24	06:44	17:46	13:21	00:35	
L 25	06:44	17:46	13:54	01:29	
M 26	06:44	17:45	14:25	02:21	
M 27	06:45	17:45	14:58	03:12	
J 28	06:45	17:45	15:33	04:04	
V 29	06:46	17:45	16:10	04:56	
S 30	06:46	17:45	16:52	05:50	
D 31	06:47	17:45	17:37	06:44	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L	1	06:47	17:44	18:26	07:38
M	2	06:47	17:44	19:19	08:29
M	3	06:48	17:44	20:13	09:18
J	4	06:48	17:44	21:08	10:02
V	5	06:48	17:44	22:02	10:42
S	6	06:49	17:44	22:55	11:19
D	7	06:49	17:44	23:48	11:53
L	8	06:50	17:44		12:26
M	9	06:50	17:44	00:41	13:00
M	10	06:50	17:44	01:37	13:36
J	11	06:51	17:44	02:35	14:15
V	12	06:51	17:45	03:39	15:00
S	13	06:51	17:45	04:46	15:52
D	14	06:52	17:45	05:56	16:52
L	15	06:52	17:45	07:07	18:00
M	16	06:52	17:45	08:12	19:10
M	17	06:52	17:45	09:10	20:19
J	18	06:53	17:45	09:59	21:25
V	19	06:53	17:46	10:42	22:25
S	20	06:53	17:46	11:20	23:22
D	21	06:53	17:46	11:54	
L	22	06:54	17:46	12:26	00:16
M	23	06:54	17:46	12:59	01:08
M	24	06:54	17:47	13:34	02:00
J	25	06:54	17:47	14:10	02:52
V	26	06:54	17:47	14:50	03:46
S	27	06:54	17:47	15:35	04:39
D	28	06:55	17:48	16:22	05:34
L	29	06:55	17:48	17:15	06:26
M	30	06:55	17:48	18:08	07:15
☾ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 22					
○ PLEINE LUNE le 30					