LEVERS et COUCHERS SOLEIL - LUNE SAINTE-SUZANNE 2026

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JANVIER

Dates		Soleil		Lune	
		L	C	L	C
J	1	05:38	19:03	17:12	03:04
V	2	05:39	19:03	18:20	04:06
S	3	05:39	19:04	19:22	05:14
D	4	05:40	19:04	20:16	06:23
L	5	05:41	19:04	21:03	07:30
M	6	05:41	19:04	21:43	08:33
M	7	05:42	19:05	22:19	09:31
J	8	05:43	19:05	22:52	10:25
V	9	05:43	19:05	23:24	11:17
S	10	05:44	19:05	23:56	12:08
D	11	05:45	19:05		12:59
L	12	05:45	19:05	00:30	13:50
M	13	05:46	19:05	01:06	14:43
M	14	05:47	19:05	01:47	15:37
J	15	05:47	19:05	02:31	16:31
V	16	05:48	19:05	03:21	17:24
S	17	05:49	19:05	04:14	18:14
D	18	05:49	19:05	05:10	19:01
L	19	05:50	19:05	06:07	19:43
M	20	05:51	19:05	07:04	20:21
M	21	05:51	19:05	08:00	20:58
J	22	05:52	19:05	08:55	21:32
V	23	05:53	19:05	09:50	22:06
S	24	05:54	19:05	10:45	22:42
D	25	05:54	19:04	11:43	23:21
L	26	05:55	19:04	12:43	
M	27	05:55	19:04	13:48	00:04
M	28	05:56	19:04	14:55	00:53
J	29	05:57	19:03	16:02	01:50
V	30	05:57	19:03	17:05	02:53
S	31	05:58	19:03	18:02	04:01

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 18
◐ PREMIER QUARTIER le 26

FÉVRIER

Dates		Soleil		Lune	
		L	C	L	C
D	1	05:59	19:03	18:51	05:08
L	2	05:59	19:02	19:35	06:13
M	3	06:00	19:02	20:13	07:14
M	4	06:01	19:01	20:48	08:11
J	5	06:01	19:01	21:21	09:05
V	6	06:02	19:00	21:53	09:57
S	7	06:02	19:00	22:27	10:49
D	8	06:03	19:00	23:03	11:41
L	9	06:03	18:59	23:42	12:34
M	10	06:04	18:59		13:28
M	11	06:05	18:58	00:25	14:22
J	12	06:05	18:57	01:13	15:16
V	13	06:06	18:57	02:04	16:06
S	14	06:06	18:56	02:59	16:54
D	15	06:07	18:56	03:56	17:39
L	16	06:07	18:55	04:53	18:19
M	17	06:08	18:54	05:51	18:56
M	18	06:08	18:54	06:47	19:32
J	19	06:09	18:53	07:43	20:07
V	20	06:09	18:52	08:39	20:43
S	21	06:10	18:52	09:38	21:21
D	22	06:10	18:51	10:38	22:03
L	23	06:11	18:50	11:41	22:50
M	24	06:11	18:50	12:46	23:44
M	25	06:11	18:49	13:52	
J	26	06:12	18:48	14:55	00:43
V	27	06:12	18:47	15:53	01:48
S	28	06:13	18:47	16:44	02:53

○ PLEINE LUNE le 02
◑ DERNIER QUARTIER le 09
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 24

MARS

Dates		Soleil		Lune	
		L	C	L	C
D	1	06:13	18:46	17:29	03:58
L	2	06:13	18:45	18:08	04:59
M	3	06:14	18:44	18:43	05:57
M	4	06:14	18:43	19:18	06:52
J	5	06:15	18:43	19:50	07:45
V	6	06:15	18:42	20:24	08:37
S	7	06:15	18:41	20:59	09:30
D	8	06:16	18:40	21:37	10:23
L	9	06:16	18:39	22:18	11:17
M	10	06:16	18:38	23:04	12:12
M	11	06:17	18:37	23:54	13:06
J	12	06:17	18:37		13:57
V	13	06:17	18:36	00:47	14:46
S	14	06:18	18:35	01:43	15:32
D	15	06:18	18:34	02:40	16:13
L	16	06:18	18:33	03:37	16:52
M	17	06:19	18:32	04:33	17:28
M	18	06:19	18:31	05:30	18:04
J	19	06:19	18:30	06:27	18:40
V	20	06:20	18:29	07:26	19:19
S	21	06:20	18:29	08:27	20:00
D	22	06:20	18:28	09:32	20:46
L	23	06:21	18:27	10:38	21:39
M	24	06:21	18:26	11:45	22:38
M	25	06:21	18:25	12:50	23:41
J	26	06:22	18:24	13:49	
V	27	06:22	18:23	14:41	00:46
S	28	06:22	18:22	15:27	01:50
D	29	06:22	18:21	16:06	02:50
L	30	06:23	18:20	16:42	03:48
M	31	06:23	18:20	17:16	04:43

○ PLEINE LUNE le 03
◑ DERNIER QUARTIER le 11
● NOUVELLE LUNE le 19
◐ PREMIER QUARTIER le 25

AVRIL

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:23	18:19	17:49	05:36
J	2	06:24	18:18	18:22	06:28
V	3	06:24	18:17	18:56	07:21
S	4	06:24	18:16	19:34	08:13
D	5	06:24	18:15	20:13	09:07
L	6	06:25	18:14	20:58	10:02
M	7	06:25	18:13	21:46	10:56
M	8	06:25	18:13	22:38	11:49
J	9	06:26	18:12	23:32	12:38
V	10	06:26	18:11		13:25
S	11	06:26	18:10	00:27	14:07
D	12	06:27	18:09	01:23	14:46
L	13	06:27	18:08	02:18	15:23
M	14	06:27	18:08	03:14	15:58
M	15	06:28	18:07	04:10	16:34
J	16	06:28	18:06	05:09	17:12
V	17	06:28	18:05	06:09	17:52
S	18	06:28	18:04	07:14	18:37
D	19	06:29	18:04	08:22	19:30
L	20	06:29	18:03	09:32	20:28
M	21	06:29	18:02	10:39	21:32
M	22	06:30	18:01	11:42	22:38
J	23	06:30	18:01	12:37	23:44
V	24	06:30	18:00	13:26	
S	25	06:31	17:59	14:07	00:45
D	26	06:31	17:59	14:44	01:44
L	27	06:32	17:58	15:18	02:38
M	28	06:32	17:57	15:51	03:32
M	29	06:32	17:57	16:23	04:23
J	30	06:33	17:56	16:56	05:15

○ PLEINE LUNE le 02
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 24

MAI

Dates		Soleil		Lune	
		L	C	L	C
V	1	06:33	17:55	17:32	06:06
S	2	06:33	17:55	18:11	07:00
D	3	06:34	17:54	18:54	07:54
L	4	06:34	17:54	19:41	08:48
M	5	06:35	17:53	20:31	09:42
M	6	06:35	17:53	21:25	10:32
J	7	06:35	17:52	22:19	11:19
V	8	06:36	17:51	23:14	12:02
S	9	06:36	17:51		12:42
D	10	06:36	17:51	00:08	13:19
L	11	06:37	17:50	01:02	13:54
M	12	06:37	17:50	01:56	14:28
M	13	06:38	17:49	02:52	15:04
J	14	06:38	17:49	03:50	15:43
V	15	06:38	17:48	04:52	16:25
S	16	06:39	17:48	05:59	17:14
D	17	06:39	17:48	07:09	18:11
L	18	06:40	17:47	08:19	19:15
M	19	06:40	17:47	09:28	20:22
M	20	06:41	17:47	10:28	21:31
J	21	06:41	17:46	11:21	22:36
V	22	06:41	17:46	12:05	23:38
S	23	06:42	17:46	12:44	
D	24	06:42	17:46	13:20	00:34
L	25	06:43	17:45	13:53	01:28
M	26	06:43	17:45	14:25	02:20
M	27	06:43	17:45	14:58	03:11
J	28	06:44	17:45	15:33	04:02
V	29	06:44	17:45	16:10	04:55
S	30	06:45	17:45	16:52	05:49
D	31	06:45	17:44	17:37	06:43

○ PLEINE LUNE le 01
◑ DERNIER QUARTIER le 10
● NOUVELLE LUNE le 17
◐ PREMIER QUARTIER le 23
○ PLEINE LUNE le 31

JUIN

Dates		Soleil		Lune	
		L	C	L	C
L	1	06:45	17:44	18:26	07:37
M	2	06:46	17:44	19:19	08:28
M	3	06:46	17:44	20:13	09:16
J	4	06:47	17:44	21:08	10:00
V	5	06:47	17:44	22:01	10:40
S	6	06:47	17:44	22:54	11:17
D	7	06:48	17:44	23:47	11:52
L	8	06:48	17:44		12:25
M	9	06:48	17:44	00:40	13:00
M	10	06:49	17:44	01:36	13:36
J	11	06:49	17:44	02:34	14:15
V	12	06:49	17:44	03:37	15:00
S	13	06:50	17:45	04:44	15:52
D	14	06:50	17:45	05:55	16:52
L	15	06:50	17:45	07:05	18:00
M	16	06:51	17:45	08:10	19:10
M	17	06:51	17:45	09:08	20:19
J	18	06:51	17:45	09:58	21:25
V	19	06:51	17:45	10:41	22:25
S	20	06:52	17:46	11:19	23:22
D	21	06:52	17:46	11:53	
L	22	06:52	17:46	12:26	00:15
M	23	06:52	17:46	12:59	01:07
M	24	06:52	17:47	13:34	01:59
J	25	06:53	17:47	14:10	02:51
V	26	06:53	17:47	14:50	03:44
S	27	06:53	17:47	15:35	04:38
D	28	06:53	17:48	16:23	05:32
L	29	06:53	17:48	17:15	06:24
M	30	06:53	17:48	18:08	07:14

◑ DERNIER QUARTIER le 08
● NOUVELLE LUNE le 15
◐ PREMIER QUARTIER le 22
○ PLEINE LUNE le 30

JUILLET

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:53	17:49	19:03	07:59
J	2	06:53	17:49	19:57	08:40
V	3	06:53	17:49	20:50	09:18
S	4	06:53	17:50	21:43	09:53
D	5	06:53	17:50	22:35	10:26
L	6	06:53	17:50	23:29	11:00
M	7	06:53	17:51		11:34
M	8	06:53	17:51	00:24	12:10
J	9	06:53	17:51	01:23	12:51
V	10	06:53	17:52	02:26	13:39
S	11	06:53	17:52	03:33	14:34
D	12	06:53	17:52	04:42	15:37
L	13	06:53	17:53	05:50	16:45
M	14	06:53	17:53	06:51	17:56
M	15	06:53	17:54	07:46	19:04
J	16	06:52	17:54	08:32	20:08
V	17	06:52	17:54	09:13	21:09
S	18	06:52	17:55	09:50	22:05
D	19	06:52	17:55	10:24	22:59
L	20	06:51	17:55	10:58	23:52
M	21	06:51	17:56	11:33	
M	22	06:51	17:56	12:09	00:44
J	23	06:51	17:57	12:48	01:38
V	24	06:50	17:57	13:31	02:32
S	25	06:50	17:57	14:18	03:26
D	26	06:50	17:58	15:09	04:19
L	27	06:49	17:58	16:02	05:10
M	28	06:49	17:58	16:57	05:57
M	29	06:48	17:59	17:52	06:39
J	30	06:48	17:59	18:46	07:19
V	31	06:47	18:00	19:40	07:55

◑ DERNIER QUARTIER le 07
● NOUVELLE LUNE le 14
◐ PREMIER QUARTIER le 21
○ PLEINE LUNE le 29

AOÛT

Dates		Soleil		Lune	
		L	C	L	C
S	1	06:47	18:00	20:32	08:29
D	2	06:46	18:00	21:25	09:02
L	3	06:46	18:01	22:19	09:36
M	4	06:45	18:01	23:16	10:11
M	5	06:45	18:01		10:49
J	6	06:44	18:02	00:16	11:33
V	7	06:44	18:02	01:20	12:23
S	8	06:43	18:02	02:26	13:21
D	9	06:43	18:03	03:33	14:26
L	10	06:42	18:03	04:35	15:34
M	11	06:41	18:03	05:32	16:43
M	12	06:41	18:04	06:21	17:49
J	13	06:40	18:04	07:05	18:51
V	14	06:39	18:04	07:44	19:50
S	15	06:39	18:05	08:20	20:46
D	16	06:38	18:05	08:55	21:41
L	17	06:37	18:05	09:30	22:34
M	18	06:36	18:05	10:05	23:29
M	19	06:36	18:06	10:44	
J	20	06:35	18:06	11:26	00:23
V	21	06:34	18:06	12:12	01:18
S	22	06:33	18:07	13:02	02:12
D	23	06:33	18:07	13:54	03:03
L	24	06:32	18:07	14:49	03:52
M	25	06:31	18:07	15:44	04:36
M	26	06:30	18:08	16:38	05:17
J	27	06:29	18:08	17:33	05:54
V	28	06:28	18:08	18:26	06:29
S	29	06:28	18:08	19:20	07:03
D	30	06:27	18:09	20:14	07:37
L	31	06:26	18:09	21:11	08:12

◑ DERNIER QUARTIER le 06
● NOUVELLE LUNE le 12
◐ PREMIER QUARTIER le 20
○ PLEINE LUNE le 28

SEPTEMBRE

Dates		Soleil		Lune	
		L	C	L	C
M	1	06:25	18:09	22:10	08:50
M	2	06:24	18:09	23:13	09:32
J	3	06:23	18:10		10:20
V	4	06:22	18:10	00:18	11:14
S	5	06:21	18:10	01:23	12:15
D	6	06:21	18:10	02:25	13:21
L	7	06:20	18:11	03:23	14:27
M	8	06:19	18:11	04:13	15:33
M	9	06:18	18:11	04:58	16:35
J	10	06:17	18:11	05:38	17:35
V	11	06:16	18:12	06:15	18:31
S	12	06:15	18:12	06:50	19:27
D	13	06:14	18:12	07:26	20:22
L	14	06:13	18:12	08:01	21:17
M	15	06:12	18:12	08:39	22:12
M	16	06:11	18:13	09:20	23:08
J	17	06:10	18:13	10:05	
V	18	06:09	18:13	10:53	00:02
S	19	06:08	18:13	11:45	00:55
D	20	06:07	18:14	12:38	01:45
L	21	06:06	18:14	13:34	02:30
M	22	06:06	18:14	14:28	03:12
M	23	06:05	18:14	15:22	03:51
J	24	06:04	18:15	16:16	04:27
V	25	06:03	18:15	17:10	05:01
S	26	06:02	18:15	18:05	05:36
D	27	06:01	18:15	19:02	06:11
L	28	06:00	18:16	20:02	06:48
M	29	05:59	18:16	21:05	07:30
M	30	05:58	18:16	22:10	08:17

◑ DERNIER QUARTIER le 04
● NOUVELLE LUNE le 11
◐ PREMIER QUARTIER le 19
○ PLEINE LUNE le 26

OCTOBRE

Dates		Soleil		Lune	
		L	C	L	C
J	1	05:57	18:16	23:16	09:10
V	2	05:56	18:17		10:09
S	3	05:55	18:17	00:19	11:13
D	4	05:54	18:17	01:18	12:19
L	5	05:53	18:18	02:10	13:24
M	6	05:53	18:18	02:55	14:25
M	7	05:52	18:18	03:36	15:24
J	8	05:51	18:18	04:13	16:20
V	9	05:50	18:19	04:48	17:16
S	10	05:49	18:19	05:23	18:10
D	11	05:48	18:19	05:58	19:05
L	12	05:47	18:20	06:35	20:01
M	13	05:47	18:20	07:15	20:56
M	14	05:46	18:20	07:58	21:52
J	15	05:45	18:21	08:45	22:45
V	16	05:44	18:21	09:36	23:37
S	17	05:43	18:22	10:29	
D	18	05:43	18:22	11:23	00:23
L	19	05:42	18:22	12:17	01:07
M	20	05:41	18:23	13:10	01:46
M	21	05:40	18:23	14:03	02:22
J	22	05:40	18:24	14:56	02:57
V	23	05:39	18:24	15:51	03:31
S	24	05:38	18:24	16:47	04:06
D	25	05:37	18:25	17:46	04:43
L	26	05:37	18:25	18:49	05:23
M	27	05:36	18:26	19:56	06:09
M	28	05:35	18:26	21:04	07:01
J	29	05:35	18:27	22:10	08:00
V	30	05:34	18:27	23:12	09:05
S	31	05:34	18:28		10:11

◑ DERNIER QUARTIER le 03
● NOUVELLE LUNE le 10
◐ PREMIER QUARTIER le 18
○ PLEINE LUNE le 26

NOVEMBRE

Dates		Soleil		Lune	
		L	C	L	C
D	1	05:33	18:28	00:07	11:18
L	2	05:33	18:29	00:54	12:20
M	3	05:32	18:29	01:36	13:19
M	4	05:32	18:30	02:13	14:15
J	5	05:31	18:30	02:48	15:10
V	6	05:31	18:31	03:23	16:03
S	7	05:30	18:31	03:57	16:57
D	8	05:30	18:32	04:33	17:52
L	9	05:29	18:32	05:12	18:47
M	10	05:29	18:33	05:54	19:43
M	11	05:28	18:34	06:39	20:37
J	12	05:28	18:34	07:29	21:29
V	13	05:28	18:35	08:21	22:17
S	14	05:27	18:35	09:15	23:02
D	15	05:27	18:36	10:08	23:42
L	16	05:27	18:37	11:01	
M	17	05:27	18:37	11:53	00:19
M	18	05:26	18:38	12:44	00:53
J	19	05:26	18:39	13:37	01:27
V	20	05:26	18:39	14:30	02:00
S	21	05:26	18:40	15:27	02:35
D	22	05:26	18:40	16:28	03:13
L	23	05:26	18:41	17:33	03:56
M	24	05:26	18:42	18:42	04:46
M	25	05:26	18:42	19:52	05:43
J	26	05:26	18:43	20:58	06:47
V	27	05:26	18:44	21:58	07:56
S	28	05:26	18:44	22:50	09:05
D	29	05:26	18:45	23:35	10:11
L	30	05:26	18:46		11:13

◑ DERNIER QUARTIER le 02
● NOUVELLE LUNE le 09
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 24

DÉCEMBRE

Dates		Soleil		Lune	
		L	C	L	C
M	1	05:26	18:46	00:14	12:11
M	2	05:26	18:47	00:50	13:06
J	3	05:26	18:48	01:25	14:00
V	4	05:26	18:48	01:58	14:53
S	5	05:26	18:49	02:33	15:46
D	6	05:26	18:50	03:11	16:40
L	7	05:27	18:50	03:51	17:36
M	8	05:27	18:51	04:35	18:30
M	9	05:27	18:52	05:24	19:23
J	10	05:27	18:52	06:15	20:13
V	11	05:28	18:53	07:08	20:59
S	12	05:28	18:53	08:02	21:40
D	13	05:28	18:54	08:55	22:17
L	14	05:29	18:55	09:47	22:52
M	15	05:29	18:55	10:37	23:26
M	16	05:29	18:56	11:28	23:58
J	17	05:30	18:56	12:19	
V	18	05:30	18:57	13:13	00:30
S	19	05:31	18:57	14:09	01:06
D	20	05:31	18:58	15:11	01:45
L	21	05:32	18:58	16:16	02:30
M	22	05:32	18:59	17:25	03:23
M	23	05:33	18:59	18:34	04:23
J	24	05:33	19:00	19:39	05:31
V	25	05:34	19:00	20:36	06:42
S	26	05:34	19:01	21:27	07:52
D	27	05:35	19:01	22:10	08:59
L	28	05:35	19:02	22:48	10:01
M	29	05:36	19:02	23:25	10:59
M	30	05:37	19:02	23:59	11:54
J	31	05:37	19:03		12:48

◑ DERNIER QUARTIER le 01
● NOUVELLE LUNE le 09
◐ PREMIER QUARTIER le 17
○ PLEINE LUNE le 24
◑ DERNIER QUARTIER le 30

Les heures sont locales, elles tiennent compte du lieu de la commune mais aussi du fuseau horaire de celle-ci.