

LEVERS et COUCHERS SOLEIL - LUNE THIONVILLE 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:28	16:48	14:14	06:48	
V 2	08:28	16:49	15:16	08:04	
S 3	08:28	16:50	16:34	09:03	
D 4	08:28	16:51	18:02	09:44	
L 5	08:28	16:53	19:29	10:12	
M 6	08:28	16:54	20:51	10:33	
M 7	08:27	16:55	22:08	10:49	
J 8	08:27	16:56	23:22	11:03	
V 9	08:26	16:57		11:16	
S 10	08:26	16:59	00:32	11:29	
D 11	08:25	17:00	01:43	11:43	
L 12	08:25	17:01	02:53	12:00	
M 13	08:24	17:03	04:04	12:21	
M 14	08:24	17:04	05:14	12:50	
J 15	08:23	17:06	06:19	13:29	
V 16	08:22	17:07	07:17	14:19	
S 17	08:21	17:09	08:03	15:21	
D 18	08:20	17:10	08:38	16:32	
L 19	08:20	17:12	09:06	17:48	
M 20	08:19	17:13	09:26	19:04	
M 21	08:18	17:15	09:43	20:20	
J 22	08:17	17:16	09:58	21:37	
V 23	08:16	17:18	10:11	22:54	
S 24	08:15	17:19	10:25		
D 25	08:13	17:21	10:41	00:13	
L 26	08:12	17:22	11:01	01:36	
M 27	08:11	17:24	11:27	03:01	
M 28	08:10	17:26	12:04	04:26	
J 29	08:08	17:27	12:57	05:46	
V 30	08:07	17:29	14:06	06:50	
S 31	08:06	17:31	15:29	07:38	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:04	17:32	16:56	08:10	
L 2	08:03	17:34	18:21	08:34	
M 3	08:02	17:36	19:43	08:52	
M 4	08:00	17:37	20:59	09:07	
J 5	07:59	17:39	22:13	09:21	
V 6	07:57	17:41	23:25	09:34	
S 7	07:55	17:42		09:48	
D 8	07:54	17:44	00:37	10:04	
L 9	07:52	17:46	01:49	10:23	
M 10	07:51	17:47	02:59	10:49	
M 11	07:49	17:49	04:07	11:23	
J 12	07:47	17:51	05:08	12:08	
V 13	07:46	17:52	05:59	13:06	
S 14	07:44	17:54	06:38	14:14	
D 15	07:42	17:56	07:08	15:29	
L 16	07:40	17:57	07:31	16:46	
M 17	07:38	17:59	07:49	18:04	
M 18	07:37	18:01	08:04	19:22	
J 19	07:35	18:02	08:19	20:41	
V 20	07:33	18:04	08:33	22:01	
S 21	07:31	18:06	08:48	23:24	
D 22	07:29	18:07	09:07		
L 23	07:27	18:09	09:31	00:48	
M 24	07:25	18:11	10:03	02:14	
M 25	07:23	18:12	10:49	03:34	
J 26	07:21	18:14	11:51	04:42	
V 27	07:19	18:16	13:08	05:34	
S 28	07:17	18:17	14:31	06:11	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:15	18:19	15:56	06:37	
L 2	07:13	18:20	17:18	06:57	
M 3	07:11	18:22	18:35	07:13	
M 4	07:09	18:24	19:51	07:27	
J 5	07:07	18:25	21:04	07:40	
V 6	07:05	18:27	22:17	07:53	
S 7	07:03	18:28	23:30	08:08	
D 8	07:01	18:30		08:26	
L 9	06:59	18:32	00:42	08:49	
M 10	06:57	18:33	01:52	09:20	
M 11	06:55	18:35	02:56	10:00	
J 12	06:53	18:36	03:51	10:52	
V 13	06:51	18:38	04:34	11:56	
S 14	06:49	18:39	05:08	13:07	
D 15	06:46	18:41	05:34	14:23	
L 16	06:44	18:43	05:53	15:41	
M 17	06:42	18:44	06:10	16:59	
M 18	06:40	18:46	06:24	18:18	
J 19	06:38	18:47	06:39	19:40	
V 20	06:36	18:49	06:54	21:04	
S 21	06:34	18:50	07:12	22:30	
D 22	06:31	18:52	07:35	23:59	
L 23	06:29	18:53	08:05		
M 24	06:27	18:55	08:47	01:23	
M 25	06:25	18:57	09:44	02:36	
J 26	06:23	18:58	10:56	03:33	
V 27	06:21	19:00	12:17	04:13	
S 28	06:19	19:01	13:40	04:41	
D 29	07:17	20:03	16:01	06:03	
L 30	07:14	20:04	17:19	06:19	
M 31	07:12	20:06	18:33	06:33	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:10	20:07	19:47	06:46	
J 2	07:08	20:09	20:59	07:00	
V 3	07:06	20:10	22:12	07:14	
S 4	07:04	20:12	23:25	07:31	
D 5	07:02	20:13		07:52	
L 6	07:00	20:15	00:36	08:19	
M 7	06:57	20:16	01:43	08:56	
M 8	06:55	20:18	02:41	09:43	
J 9	06:53	20:20	03:29	10:41	
V 10	06:51	20:21	04:06	11:49	
S 11	06:49	20:23	04:34	13:01	
D 12	06:47	20:24	04:56	14:17	
L 13	06:45	20:26	05:14	15:34	
M 14	06:43	20:27	05:29	16:51	
M 15	06:41	20:29	05:44	18:11	
J 16	06:39	20:30	05:59	19:35	
V 17	06:37	20:32	06:15	21:02	
S 18	06:35	20:33	06:36	22:32	
D 19	06:33	20:35	07:04		
L 20	06:31	20:36	07:42	00:02	
M 21	06:29	20:38	08:35	01:22	
M 22	06:27	20:39	09:46	02:26	
J 23	06:25	20:41	11:06	03:13	
V 24	06:24	20:42	12:29	03:45	
S 25	06:22	20:44	13:50	04:08	
D 26	06:20	20:45	15:08	04:26	
L 27	06:18	20:47	16:22	04:41	
M 28	06:16	20:48	17:35	04:54	
M 29	06:14	20:50	18:46	05:07	
J 30	06:13	20:51	19:58	05:21	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:11	20:53	21:10	05:37	
S 2	06:09	20:54	22:21	05:57	
D 3	06:07	20:56	23:30	06:21	
L 4	06:06	20:57		06:55	
M 5	06:04	20:59	00:32	07:38	
M 6	06:03	21:00	01:24	08:32	
J 7	06:01	21:02	02:04	09:36	
V 8	05:59	21:03	02:35	10:46	
S 9	05:58	21:05	02:58	11:59	
D 10	05:56	21:06	03:17	13:13	
L 11	05:55	21:08	03:33	14:28	
M 12	05:53	21:09	03:48	15:45	
M 13	05:52	21:10	04:02	17:05	
J 14	05:50	21:12	04:17	18:29	
V 15	05:49	21:13	04:36	19:58	
S 16	05:48	21:15	05:00	21:29	
D 17	05:46	21:16	05:34	22:56	
L 18	05:45	21:17	06:21		
M 19	05:44	21:19	07:27	00:11	
M 20	05:43	21:20	08:46	01:06	
J 21	05:42	21:21	10:12	01:45	
V 22	05:41	21:23	11:37	02:12	
S 23	05:39	21:24	12:57	02:32	
D 24	05:38	21:25	14:13	02:48	
L 25	05:37	21:26	15:26	03:02	
M 26	05:36	21:27	16:37	03:15	
M 27	05:35	21:29	17:48	03:29	
J 28	05:35	21:30	19:00	03:44	
V 29	05:34	21:32	20:11	04:02	
S 30	05:33	21:31	20:24	04:25	
D 31	05:32	21:33	22:24	04:55	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN

Dates	Soleil		Lune	
	L	C	L	C
L 1	05:31	21:34	23:19	05:36
M 2	05:31	21:35		06:26
M 3	05:30	21:36	00:03	07:28
J 4	05:30	21:37	00:36	08:36
V 5	05:29	21:38	01:02	09:48
S 6	05:29	21:39	01:22	11:00
D 7	05:28	21:39	01:39	12:13
L 8	05:28	21:40	01:53	13:27
M 9	05:27	21:41	02:07	14:42
M 10	05:27	21:42	02:21	16:02
J 11	05:27	21:42	02:38	17:26
V 12	05:27	21:43	02:58	18:54
S 13	05:26	21:43	03:27	20:24
D 14	05:26	21:44	04:06	21:46
L 15	05:26	21:45	05:03	22:52
M 16	05:26	21:45	06:18	23:39
M 17	05:26	21:45	07:45	
J 18	05:26	21:46	09:13	00:11
V 19	05:26	21:46	10:38	00:35
S 20	05:26	21:46	11:58	00:53
D 21	05:27	21:47	13:14	01:08
L 22	05:27	21:47	14:27	01:22
M 23	05:27	21:47	15:39	01:35
M 24	05:28	21:47	16:50	01:50
J 25	05:28	21:47	18:01	02:07
V 26	05:28	21:47	19:12	02:29
S 27	05:29	21:47	20:17	02:57
D 28	05:29	21:47	21:15	03:34
L 29	05:30	21:47	22:02	04:21
M 30	05:30	21:47	22:38	05:20
☉ DERNIER QUARTIER le 08				
● NOUVELLE LUNE le 15				
☾ PREMIER QUARTIER le 21				
○ PLEINE LUNE le 30				