

LEVERS et COUCHERS SOLEIL - LUNE WASQUEHAL 2026

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JANVIER					
Dates	Soleil		Lune		
	L	C	L	C	
J 1	08:46	16:55	14:17	07:10	
V 2	08:46	16:56	15:20	08:26	
S 3	08:46	16:57	16:39	09:24	
D 4	08:46	16:58	18:08	10:03	
L 5	08:46	16:59	19:37	10:29	
M 6	08:45	17:00	21:01	10:48	
M 7	08:45	17:02	22:20	11:03	
J 8	08:45	17:03	23:35	11:16	
V 9	08:44	17:04		11:27	
S 10	08:44	17:05	00:47	11:39	
D 11	08:43	17:07	01:59	11:52	
L 12	08:42	17:08	03:11	12:07	
M 13	08:42	17:10	04:23	12:27	
M 14	08:41	17:11	05:35	12:55	
J 15	08:40	17:13	06:41	13:32	
V 16	08:39	17:14	07:39	14:22	
S 17	08:38	17:16	08:24	15:25	
D 18	08:38	17:17	08:58	16:37	
L 19	08:37	17:19	09:24	17:55	
M 20	08:36	17:20	09:43	19:13	
M 21	08:35	17:22	09:58	20:31	
J 22	08:33	17:24	10:11	21:49	
V 23	08:32	17:25	10:23	23:08	
S 24	08:31	17:27	10:36		
D 25	08:30	17:29	10:50	00:28	
L 26	08:29	17:30	11:09	01:53	
M 27	08:27	17:32	11:33	03:20	
M 28	08:26	17:34	12:08	04:47	
J 29	08:25	17:35	13:00	06:07	
V 30	08:23	17:37	14:10	07:12	
S 31	08:22	17:39	15:35	07:58	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 18					
● PREMIER QUARTIER le 26					

FÉVRIER					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	08:20	17:41	17:04	08:29	
L 2	08:19	17:42	18:30	08:51	
M 3	08:17	17:44	19:53	09:07	
M 4	08:16	17:46	21:12	09:21	
J 5	08:14	17:48	22:26	09:33	
V 6	08:13	17:49	23:41	09:44	
S 7	08:11	17:51		09:57	
D 8	08:09	17:53	00:54	10:11	
L 9	08:08	17:55	02:07	10:29	
M 10	08:06	17:56	03:20	10:54	
M 11	08:04	17:58	04:28	11:27	
J 12	08:02	18:00	05:30	12:11	
V 13	08:01	18:02	06:20	13:10	
S 14	07:59	18:03	06:58	14:19	
D 15	07:57	18:05	07:27	15:35	
L 16	07:55	18:07	07:48	16:54	
M 17	07:53	18:09	08:05	18:14	
M 18	07:51	18:11	08:18	19:34	
J 19	07:49	18:12	08:31	20:54	
V 20	07:47	18:14	08:44	22:16	
S 21	07:45	18:16	08:58	23:40	
D 22	07:43	18:17	09:15		
L 23	07:41	18:19	09:37	01:07	
M 24	07:39	18:21	10:08	02:34	
M 25	07:37	18:23	10:53	03:56	
J 26	07:35	18:24	11:55	05:04	
V 27	07:33	18:26	13:13	05:55	
S 28	07:31	18:28	14:38	06:30	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MARS					
Dates	Soleil		Lune		
	L	C	L	C	
D 1	07:29	18:30	16:04	06:54	
L 2	07:27	18:31	17:28	07:12	
M 3	07:25	18:33	18:47	07:27	
M 4	07:23	18:35	20:04	07:39	
J 5	07:21	18:36	21:19	07:51	
V 6	07:18	18:38	22:33	08:03	
S 7	07:16	18:40	23:48	08:16	
D 8	07:14	18:41		08:33	
L 9	07:12	18:43	01:02	08:55	
M 10	07:10	18:45	02:13	09:24	
M 11	07:08	18:46	03:18	10:03	
J 12	07:05	18:48	04:12	10:56	
V 13	07:03	18:50	04:55	12:00	
S 14	07:01	18:51	05:28	13:13	
D 15	06:59	18:53	05:51	14:30	
L 16	06:57	18:55	06:09	15:50	
M 17	06:54	18:56	06:24	17:10	
M 18	06:52	18:58	06:38	18:31	
J 19	06:50	19:00	06:51	19:54	
V 20	06:48	19:01	07:05	21:20	
S 21	06:45	19:03	07:21	22:48	
D 22	06:43	19:04	07:42		
L 23	06:41	19:06	08:10	00:18	
M 24	06:39	19:08	08:51	01:45	
M 25	06:37	19:09	09:48	02:58	
J 26	06:34	19:11	11:01	03:54	
V 27	06:32	19:13	12:23	04:32	
S 28	06:30	19:14	13:48	04:59	
D 29	07:28	20:16	16:11	06:19	
L 30	07:25	20:17	17:30	06:34	
M 31	07:23	20:19	18:46	06:46	
○ PLEINE LUNE le 03					
● DERNIER QUARTIER le 11					
● NOUVELLE LUNE le 19					
● PREMIER QUARTIER le 25					

AVRIL					
Dates	Soleil		Lune		
	L	C	L	C	
M 1	07:21	20:21	20:00	06:58	
J 2	07:19	20:22	21:15	07:10	
V 3	07:17	20:24	22:29	07:23	
S 4	07:14	20:26	23:43	07:39	
D 5	07:12	20:27		07:58	
L 6	07:10	20:29	00:56	08:24	
M 7	07:08	20:30	02:04	08:59	
M 8	07:06	20:32	03:03	09:46	
J 9	07:04	20:34	03:51	10:45	
V 10	07:01	20:35	04:26	11:54	
S 11	06:59	20:37	04:53	13:08	
D 12	06:57	20:38	05:13	14:25	
L 13	06:55	20:40	05:29	15:44	
M 14	06:53	20:42	05:43	17:03	
M 15	06:51	20:43	05:56	18:25	
J 16	06:49	20:45	06:09	19:50	
V 17	06:47	20:47	06:25	21:19	
S 18	06:45	20:48	06:44	22:51	
D 19	06:42	20:50	07:10		
L 20	06:40	20:51	07:47	00:22	
M 21	06:38	20:53	08:39	01:44	
M 22	06:36	20:55	09:50	02:48	
J 23	06:34	20:56	11:11	03:33	
V 24	06:32	20:58	12:36	04:03	
S 25	06:30	20:59	13:59	04:25	
D 26	06:29	21:01	15:19	04:41	
L 27	06:27	21:03	16:34	04:55	
M 28	06:25	21:04	17:48	05:07	
M 29	06:23	21:06	19:01	05:18	
J 30	06:21	21:07	20:14	05:31	
○ PLEINE LUNE le 02					
● DERNIER QUARTIER le 10					
● NOUVELLE LUNE le 17					
● PREMIER QUARTIER le 24					

MAI					
Dates	Soleil		Lune		
	L	C	L	C	
V 1	06:19	21:09	21:28	05:45	
S 2	06:17	21:11	22:41	06:03	
D 3	06:16	21:12	23:51	06:27	
L 4	06:14	21:14		06:59	
M 5	06:12	21:15	00:54	07:42	
M 6	06:10	21:17	01:45	08:36	
J 7	06:09	21:18	02:24	09:41	
V 8	06:07	21:20	02:54	10:52	
S 9	06:05	21:22	03:16	12:07	
D 10	06:04	21:23	03:34	13:23	
L 11	06:02	21:25	03:48	14:39	
M 12	06:01	21:26	04:01	15:58	
M 13	05:59	21:28	04:14	17:19	
J 14	05:58	21:29	04:28	18:45	
V 15	05:56	21:30	04:45	20:15	
S 16	05:55	21:32	05:07	21:49	
D 17	05:53	21:33	05:39	23:18	
L 18	05:52	21:35	06:25		
M 19	05:51	21:36	07:31	00:32	
M 20	05:49	21:38	08:51	01:27	
J 21	05:48	21:39	10:19	02:04	
V 22	05:47	21:40	11:46	02:29	
S 23	05:46	21:42	13:07	02:47	
D 24	05:45	21:43	14:25	03:02	
L 25	05:44	21:44	15:39	03:14	
M 26	05:43	21:45	16:52	03:26	
M 27	05:42	21:47	18:04	03:39	
J 28	05:41	21:48	19:17	03:52	
V 29	05:40	21:49	20:30	04:09	
S 30	05:39	21:50	21:41	04:31	
D 31	05:38	21:51	22:45	05:00	
○ PLEINE LUNE le 01					
● DERNIER QUARTIER le 09					
● NOUVELLE LUNE le 16					
● PREMIER QUARTIER le 23					
○ PLEINE LUNE le 31					

JUIN					
Dates		Soleil		Lune	
		L	C	L	C
L	1	05:37	21:52	23:41	05:39
M	2	05:37	21:53		06:30
M	3	05:36	21:54	00:23	07:33
J	4	05:35	21:55	00:56	08:42
V	5	05:35	21:56	01:20	09:55
S	6	05:34	21:57	01:39	11:09
D	7	05:34	21:58	01:54	12:23
L	8	05:33	21:59	02:06	13:39
M	9	05:33	22:00	02:19	14:56
M	10	05:33	22:00	02:32	16:17
J	11	05:32	22:01	02:47	17:43
V	12	05:32	22:02	03:06	19:14
S	13	05:32	22:02	03:33	20:45
D	14	05:32	22:03	04:11	22:08
L	15	05:32	22:03	05:07	23:13
M	16	05:32	22:04	06:22	23:59
M	17	05:32	22:04	07:51	
J	18	05:32	22:05	09:21	00:29
V	19	05:32	22:05	10:48	00:51
S	20	05:32	22:05	12:09	01:07
D	21	05:32	22:06	13:27	01:21
L	22	05:32	22:06	14:41	01:33
M	23	05:33	22:06	15:54	01:46
M	24	05:33	22:06	17:07	01:59
J	25	05:33	22:06	18:20	02:15
V	26	05:34	22:06	19:32	02:35
S	27	05:34	22:06	20:38	03:01
D	28	05:35	22:06	21:37	03:38
L	29	05:35	22:06	22:23	04:25
M	30	05:36	22:05	22:59	05:24
☾ DERNIER QUARTIER le 08					
● NOUVELLE LUNE le 15					
☾ PREMIER QUARTIER le 21					
○ PLEINE LUNE le 30					